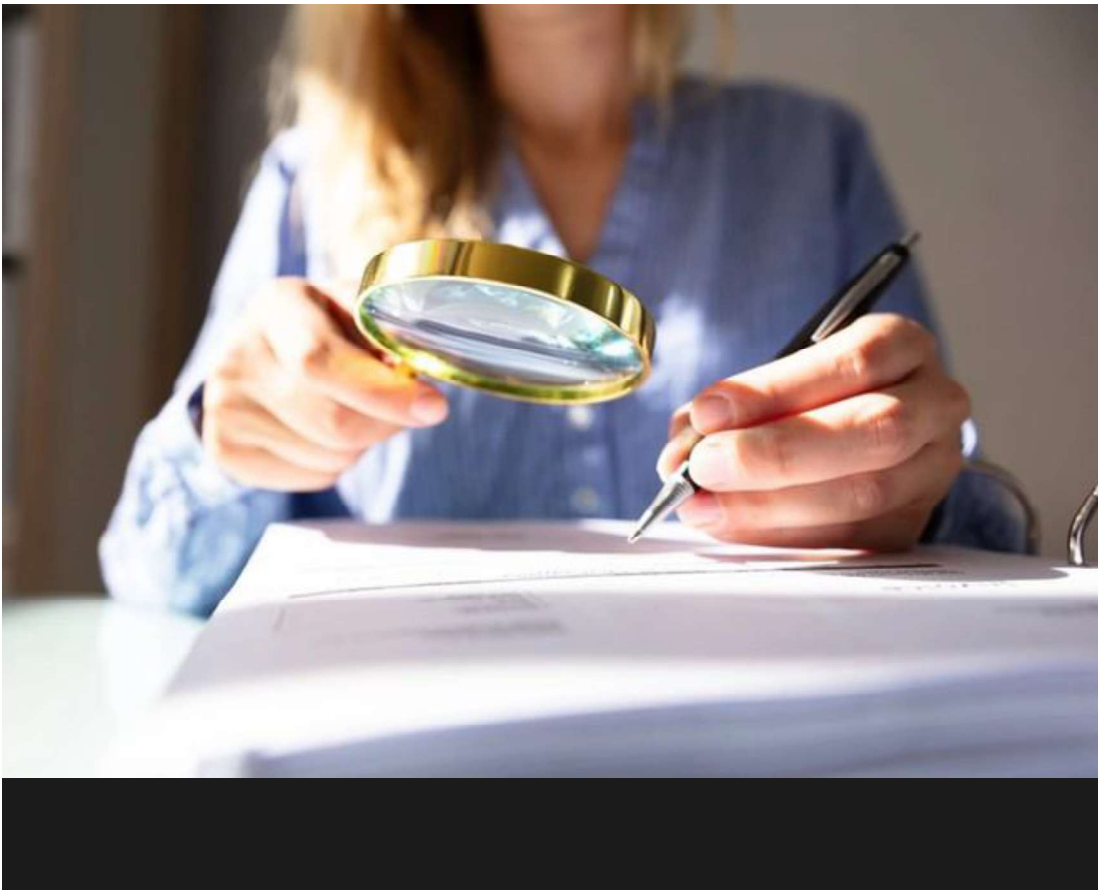




SHRI VILE PARLE KELAVANI MANDAL's
USHA PRAVIN GANDHI COLLEGE OF ARTS, SCIENCE AND COMMERCE
Autonomous - Affiliated to University of Mumbai
Bhakti Vedanta Swami Marg, Juhu Scheme, Vile Parle (West), Mumbai 400 056.
NAAC Re-accredited "A+" Grade with CGPA 3.27



ACADEMIC
YEARS
2021-2025

GENDER AUDIT REPORT

Prepared By
ICC-Women Development Cell
SVKM's Usha Pravin Gandhi College of
Arts, Science and Commerce



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ICC - Women Development Cell
in association with
Internal Quality Assurance Cell

presenting

Gender Audit Report Summary, 2021-25

Usha Pravin Gandhi College of Arts, Science and
Commerce,
Vileparle West, Mumbai.

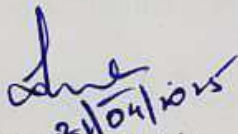
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PREFACE

Gender is not a just biological term, it is about the roles, expectations, and responsibilities that society assigns to people based on whether they are male or female. These roles are shaped by culture, tradition, and social norms and not only by nature. Gender equality means that all individuals regardless of being born male or female, have the same rights, responsibilities, and opportunities. It does not mean that men and women must be identical, but it does mean that one's gender should never determine their potential or limit their choices. Importantly, gender equality is not just a "women's issue." It is everyone's issue. True equality involves the active participation of all genders. And here is the truth: equal rights on paper are not enough. Inequality often lives quietly in our minds, hidden in biases, stereotypes, and outdated beliefs. That is where the real work begins.

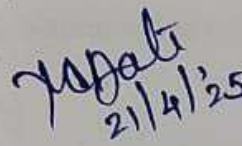
To reach equality, we need equity and that means acknowledging differences and offering support accordingly. Fairness does not always mean treating everyone the same; it means ensuring everyone has what they need to succeed. Despite progress, gender inequality still persists across the globe. It slows personal growth, hinders national development, and stunts societal progress, for both men and women. Breaking these barriers creates a better, safer, and more inclusive world for everyone. Gender equality also plays a key role in preventing violence, especially against women and girls. Societies that recognize and value both women and men equally are proven to be healthier, more secure, and more prosperous. One powerful step towards change is the gender audit, an internal review conducted with a gender lens. At our institute, this audit was launched to identify ways to make our campus safer and more inclusive for women. The process included selecting areas to assess, choosing and briefing participants, preparing detailed checklists, conducting walk-throughs, documenting observations, and finally, sharing results and recommendations with the college principal for meaningful action.



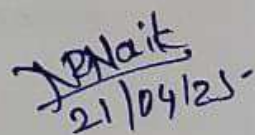
Dr. Smruti Nanavaty
(ICC-WDC Member)
Vice Principal, HoD-Dept. of
Information Technology



Dr. Sriram Deshpande
IQAC Coordinator
Coordinator –
Dept. of Management



Mrs. Madhuvanti Date
(ICC-WDC Member)
Assistant Professor
Dept. of Mass Media



Dr. Neelam Naik
(ICC-WDC Member)
Assistant Professor
Dept. of Information
Technology

ACKNOWLEDGEMENT

We are thankful to the National Assessment and Accreditation Cell (NAAC) for providing us the opportunity to conduct a Gender Audit in our college campus. We are also grateful to the Principal and the Management for the liberty they provided us and thus the audit turned out the way it is.

We thank our students Ms. Archie Rathod, Ms. Saumya Singh, Ms. Ashna Shaikh, and Ms. Tia Parmar for the amount of efforts they have put in. We also want to thank our Principal Dr. Anju Kapoor, Vice Principal Dr. Smruti Nanavaty, ICC-WDC teacher members Mrs. Madhuvanti Date and Dr. Neelam Naik for their constant support. I extend my gratitude towards the teaching and non-teaching staff of our college. Thanks to all for their direct and indirect help and motivational support.

GENDER POLICY

- Equal opportunities shall be provided to all, irrespective of their gender. No discrimination on the basis of gender shall be entertained in the institution.
- Freedom to express opinions openly shall be granted to all genders.
- Effective safety measures such as provision of CCTV cameras, security guards and biometrics shall be enforced.
- There shall be an unbiased and confidential grievance addressing cell for solving any mishaps relating to gender inequality in the institution.
- Students shall be educated about the sensitivity towards all genders by the means of Gender Sensitization workshops.
- For personal safety of each student outside the college premises, Self Defense workshops shall be organized twice a year.
- Equal opportunities shall be given to all in extracurricular activities and college committees.

GENDER SENSITIZATION PLAN

Annual Gender Sensitization Plan is displayed on Institute's website under IQAC policies.

https://upgcm.ac.in/Common/Uploads/ContentTemplate/279_Download_Annual%20Gender%20Sensitization%20plan.pdf

Gender sensitivity helps to generate respect and dignity for every individual regardless of sex. Education should ideally impart gender-sensitivity in order to break age old stereotypes and embracing an open environment of gender equality. Ms. Archie Rathod, Ms. Saumya Singh from TY BScIT are appointed **gender champions**. Our college Usha Pravin Gandhi College strives for being a gender sensitive institute by giving focus not only to gender awareness but also inculcates sensitivity and open mindedness among all the students as well as teaching and non-teaching staff.

Objectives:

- To enable learners to understand difference of gender and sex
- To help learners understand gender stereotypes
- To help learners evolve as gender sensitive individuals

Activities Planned:

- Gender sensitization workshops and seminars
- Guest lectures on the gender issues
- Quiz competitions to spread the awareness
- Screening of films related to gender sensitization in campus
- Role play activities in the class room activities
- Giving field projects to students on the topics related to gender equality
- Poster competition on gender issues

Role of College Women Development Cell:

College Women Development Cell will undertake several activities related to the area of Gender Sensitization and will also undertake collaborations for the benefit of students and other institutional stakeholders.

OBJECTIVES OF GENDER AUDIT

- To ensure that the college's mission of Women empowerment is being taken care of.
- To ensure equal opportunities to all genders in every field
- To identify gender imbalance and analyzing the reasons behind it
- To ensure safety of all genders and the existence of measures for preventing sexual harassment
- To make sure that the people belonging to different genders and sexuality form a united yet diverse community
- To ensure a just distribution of positions of authority among students belonging to different genders
- To address any other issue faced by the students that the college might not know of.

INTRODUCTION

Usha Pravin Gandhi College of Arts, Science & Commerce- a branch of SVKM group, is located in vile parle, Mumbai, India. The college is affiliated with the University of Mumbai. The College was established by Shri Vile Parle Kelavani Mandal in 2003. Since its inception in 2003, Usha Pravin Gandhi College has introduced many courses and leading ahead to strive for academic excellence in courses such as Bachelors in Management Studies (BMS), Bachelors in Mass Media (BMM), Bachelor in Arts - Film Television and New Media Production (BA-FTNMP), Bachelors in Information Technology (BSc. IT), Master of Science - Information Technology (MSc. IT), Master of Science in Artificial Intelligence and Data Science (M.Sc. AI & DS), M.A. (Mass Communication - Film Television and New Media), and Masters of Arts - Entertainment media and Advertising (MA-EMA). The college also offers add-on courses including: Certified digital media marketing, certified digital photography, integrated course in film making, integrated course in television.

Usha Pravin Gandhi College of Arts Science and Commerce is growing and glowing with each fleeting year as an institution par excellence. Since aeon of consistent hard work and dedication, today it is standing high on pillars amongst the skyline with pride and fame. This constructive structure is only possible because of strong and supporting pillars that is our faculty and staff's continuous efforts, good teamwork and motivating spirit. Also, with our ground support and healthy cooperation of the students without whom the pride structure of the institution could not stand upright and also with the benevolent support of the Management.

The college has been achieving distinction in academics and winning laurels in sports, cultural events and social work. With University rankers to boast of, UPG College of Arts, Science and Commerce is definitely a room for all aspiring students who want to build their career and turn their dreams into reality!

In Student's learning life story, college experience is the most memorable chapter. In order to update and upgrade their experience, so apart from academics, a sense of community and entertainment is also offered through various college committees and clubs in which students learn to work and grow with each other.

Along with sports, co-curricular and extra-curricular activities, the institute has a placement cell too, which interacts with the leading industries, arranges campus interviews and offers ample job

opportunities and internships to students of all disciplines. In addition to curricular development, great emphasis is laid on character-building, discipline and life skills in students.

Vision Statement

To be one of the country's premier educational institutions that helps students to gain contemporary knowledge by innovating, adapting and resetting learning as a more accessible, digital and collaborative experience.

Mission Statement

- To facilitate global exchange initiatives and collaborations.
- To enhance life skills by providing value-based education.
- To foster the scientific spirit of inquiry and strengthen innovation-based learning.
- To encourage connectivity between research, technology and employability.

The vision and mission of the institute are in line with the objectives of the higher education institution.

Objectives

- To sharpen students' focus and build more digital and global experiences for the learners.
- To empower them for lifelong learning by fostering innovative and independent thinking.
- To enhance the student's technological skills by providing greater opportunities for shared, collaborative experiences.
- To stimulate students' research and entrepreneurial understanding and to mould their passion into a profession.

The Quality Policies are framed based on the Vision and Mission of the Institution and are driven by the needs of the industry, society and stakeholders. Deployment of the quality policy is done by providing requisite academic infrastructure, learning environment and ICT friendly work culture. The stakeholder's Feedback plays an essential role in framing and revising activities.

Quality Policy

- Ensuring the support of all stakeholders enables the college to improve the services offered to the learners.
- Effective utilization of human and other resources to enhance the quality of education.
- Providing state-of-the-art infrastructure and ICT facilities to augment the teaching-learning process.
- Fostering competencies to equip learners to face the demands of a changing world.
- Inculcating a sense of social and moral responsibilities towards society and the environment.

In addition to this, college also has a **Women Development Cell** with a key purpose of making the college a gender sensitive space. The committee is aimed at making students and society in general aware with respect to sexual harassment, women's rights, female menstrual cycle, gender equity, etc. Women Development Cell has conducted a handful of events and activities like self-defense workshops every year, an event about queer resilience and its struggles, an interactive session with a gynecologist, a webinar on issues related to internet and youth, etc. Students especially girls are made aware of their rights as well as responsibilities. Various gender sensitization programs are conducted by college committees in order to bring out the holistic development to all the students in an effort to promote democratic ideas of equality, freedom and justice and thereby shaping and molding the future of a nation.

EXECUTIVE SUMMARY

The Women's Development Cell (WDC) of Usha Pravin Gandhi College of Arts, Science and Commerce, Vile Parle, undertook a Gender Audit to assess the presence of any significant gender-based discrimination or biases within the college campus. This initiative was carried out in alignment with the vision of the Management of Shri Vile Parle Kelavani Mandal, which recognized the need to foster a bias-free and inclusive environment for all. To that end, it was deemed essential to clearly articulate and implement a gender mainstreaming policy.

The audit was conducted with the understanding that a gap may exist between the ideal standards of gender equality and the actual lived experiences on campus. Accordingly, it was imperative to examine and adopt conscious practices that promote inclusivity and gender equity. A critical focus of the audit was to gauge the attitudes and perceptions of faculty and staff toward students of all genders, acknowledging that the campus must serve as a safe and supportive space for every individual, regardless of their gender identity. Gender mainstreaming, as adopted in this context, refers to an approach to policy formulation and institutional functioning that considers the needs, interests, and perspectives of all genders. It is a strategic method aimed at achieving gender equality by integrating a gender perspective into all aspects of higher education policy and practice.

The audit also included a **gender analysis**, which involved the application of various evaluative methods to understand the dynamics between male and female students, and the challenges each group may encounter in comparison to the other. Gender audits are instrumental in determining whether existing policies are being implemented effectively and equitably. This process serves as a self-assessment mechanism that institutions should undertake periodically to ensure fairness and inclusivity. In the preliminary phase of the audit, the evaluation involved a thorough review of institutional policies, manuals, and standards that influence gender inclusivity. Additionally, insights from initial interviews were taken into account to better understand existing risks and instances of gender-based bias or discrimination, which informed the development of the audit methodology. The primary data collection was conducted through a survey disseminated to students via Google Forms. The survey was designed to assess whether all genders felt safe and supported on campus, and whether their academic, social, and personal needs were adequately addressed. Questions were framed to evaluate the frequency and effectiveness of awareness programs conducted by the college and to determine the extent of equal opportunity provision, regardless of gender. Furthermore, the survey included questions relating to security, hygiene, and other essential

aspects of student welfare. Care was taken to ensure that the questionnaire comprehensively addressed all relevant areas, enabling a holistic analysis and informed feedback from the student body.

GENDER SENSITIZATION ACTIVITIES IN THE INSTITUTE

Internal Complaint Committee -Women's Development Cell (ICC-WDC)

The Internal Complaint Committee – Women Development Cell of the institute primarily addresses and investigates complaints of sexual harassment, ensuring a safe and respectful environment for students and staff. It operates under the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, and related UGC regulations. The ICC's role includes receiving and processing complaints, conducting investigations, and recommending appropriate actions to the college administration.

Role of ICC:

1. Receiving and Processing Complaints:

- The ICC is the designated body to receive complaints of sexual harassment from students, faculty, and non-teaching staff.
- Complaints can be lodged in writing or orally, and the ICC ensures they are properly documented and acknowledged.
- The ICC sets a timeframe for handling complaints, typically within 90 days, as per the POSH Act.

2. Conducting Investigations:

- Upon receiving a complaint, the ICC initiates an investigation, which may involve interviewing the complainant, the accused, and any witnesses.
- The investigation process is confidential and aims to determine the truth and accuracy of the allegations.
- The ICC has the power to summon parties and witnesses to provide statements and documents.

3. Recommending Action:

- Based on the investigation, the ICC prepares a report and makes recommendations to the

college administration regarding appropriate actions to be taken.

- These actions may include disciplinary measures against the accused, counseling for the complainant, or other forms of redressal.
- The ICC also ensures that the college's zero-tolerance policy towards sexual harassment is implemented.

4. Sensitization and Awareness:

- The ICC under WDC conduct awareness programs and workshops to educate students and staff about sexual harassment, its prevention, and the role of the ICC-WDC.
- This helps to create a more inclusive and respectful environment within the college.

Following are the members of ICC-WDC committee in academic year 2024-2025.

Members:

Dr. Smruti Nanavaty

Dr. Navita Kulkarni

Mrs. Madhuvanti Date

Mr. Lokesh Tardalkar

Dr. Neelam Naik

Mrs. Kalika S. Kherdikar

Mr. Abhang Deshpande

Ms. Priyanka Mehta

General Secretary of Student Council- Ms. Sakshi Rathi

Student Member – Ms. Archie Rathod

Student Member - Ms. Saumya Singh

In accordance with the directive issued by the University of Mumbai, the **Women's Development Cell (WDC) was established at Usha Pravin Gandhi College of Arts, Science and Commerce.**

The Cell comprises an active committee of faculty members and students, and operates with the objective of preventing sexual harassment, promoting the well-being of female students and staff, and fostering a gender-sensitive campus environment.

The **Women Development Cell** has organized a series of events and actively participated in seminars conducted outside the college to engage with and understand diverse perspectives across various age groups on **gender-related issues** within society.

The contact details of following cells are displayed outside the office premises, washrooms in the premises.

- College Contact number
- **Police stations**
- Fire Brigade
- Ambulance
- Hospitals
- **College Anti Ragging Cell**
- **Helpline Against Sexual Harassment**
- **College's Women's Development Cell**
- **University's Women's Development Cell**
- **Student's Welfare and Grievance Cell**

ICC has displayed Supreme Court Guidelines regarding Sexual Harassment outside the Administrative office premises on 3rd floor of UPG College.

Anti Ragging notice is displayed outside the Administrative office.



SHRI VILE PARLE KELAVANI MANDAL'S
USHA PRAVIN GANDHI COLLEGE OF MANAGEMENT
 (Affiliated to University of Mumbai)
 Vile Parle (West), Mumbai 400 056
 www.upgcm.svkm.ac.in



IMPORTANT INFORMATION FOR STUDENTS

1	College Contact Nos.: 022-4233 2041, 022 4233 2044
2	Police Station: Main Control Room: 100, 103, 1090, 022-2618 4308, 022-26183856 Juhu: 022-2618 4308, 022-26183856 D.N. Nagar: 022-2630 4002, 022-26304001 Vile Parle (East): 022-2611 2813, 022-2611 7217 Santacruz West: 022-2649 3139, 022-2649 2972 Western Region Control Office: 022-2645 7900, 022-2655 2922
3	Fire Brigade: Vile Parle (West) (near Milan Subway): 022-2611 2121 / 101 Andheri (West) (S.V. Road) : 022-2620 5301, 022-2620 5101 Santacruz (East): 022-2629197, 022-26813 3100
4	Ambulance: Ambulance services 102 / 1298 Andheri (W) 022 6255264 / 3599, 6243675 Cooper Hospital 26207254/56/58 Ext : 263 for Ambulance
5	Hospitals: Nanavati Hospital, Vile Parle (West): 022-26267500/26182233 Cooper Hospital, Vile Parle (West): 022-26207254/26205909 Bramhakumari BSES Hospital, Andheri (West): 022-66487500/26711597 Bhartiva Arogya Nidhi: 022-26206493/26206021
6	College Anti Ragging Cell : Ms. Smruti Nanavaty : 9820588518
7	Helpline against Sexual Harassment : Against Molestation : 108 / 1090 / 7738133133 / 7728144144 Women in Distress: 1298 (connects to relevant NGO) Family Service Centre: 022-2282 8862 Women Center: 022-2614 0403 Against Sexual Harassment in Bus: 1800-227-550
8	College Women's Development Cell: Ms. Babita Kachroo : 981935 8889 University Women's Development Cell: Contact No. 022-2653 0143 Email: wdcvidya@yahoo.co.in
9	Students' Welfare & Grievance Cell: Ms. Smruti Nanavaty : 9820588518

SHRI VILE PARLE KELAVANI MANDAL'S
 USHA PRAVIN GANDHI COLLEGE OF ARTS, SCIENCE & COMMERCE
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 Vile Parle (West), Mumbai 400 056.
 NAAC ACCREDITED "A" GRADE

INTERNAL COMPLAINT COMMITTEE
What is SEXUAL HARASSMENT?
 (Supreme Court Guidelines)

Sexual harassment includes such unwelcome sexually determined behaviors (directly or by implication) as :

- Physical contact and advances;
- A demand or request for sexual favour;
- Sexually coloured remarks;
- Showing pornography;
- Any other unwelcome physical, verbal or non-verbal conduct of sexual nature.

Prof. Smruti Nanavaty email id : smruti.nanavaty@upgcm.ac.in

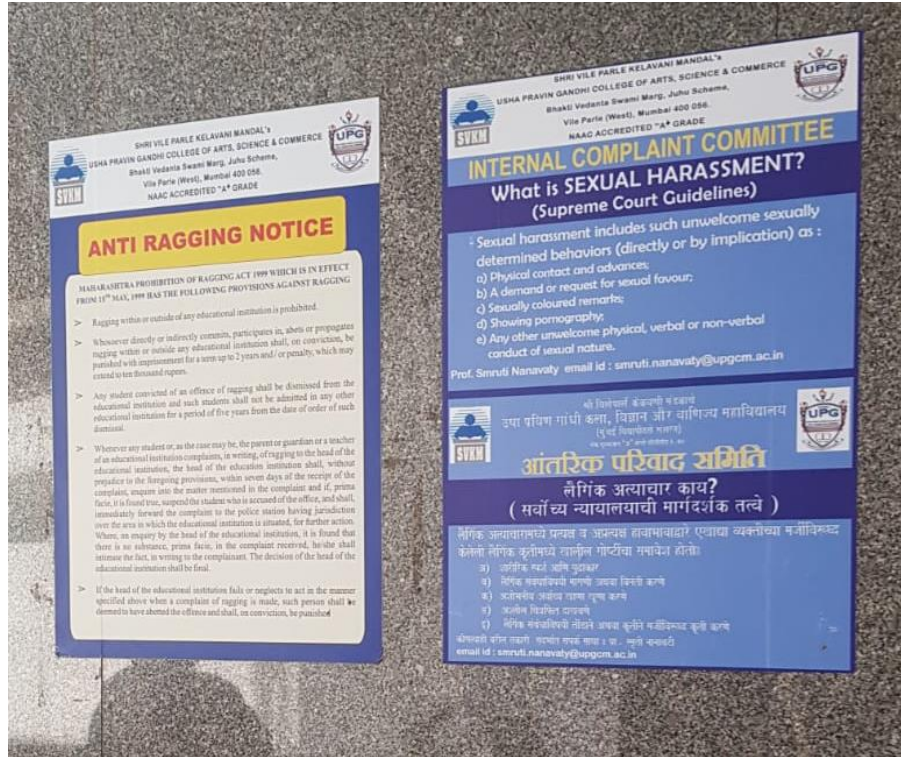
श्री विलेपार्ले केलवणी मंडळाचे
 उषा प्रविण गांधी कला, विज्ञान और वाणिज्य महाविद्यालय
 (मुंबई विद्यापीठसह संलग्न)
 विले पार्ले पश्चिम "अ" कोणी संजोतीव ४०००५६

आंतरिक परिवाद समिति
लैंगिक अत्याचार काय?
 (सर्वोच्च न्यायालयाची मार्गदर्शक तत्वे)

लैंगिक अत्याचारांमध्ये प्रत्यक्ष व अप्रत्यक्ष हावाभावाद्वारे एखाद्या व्यक्तीच्या मर्जीविरुद्ध केलेली लैंगिक कृतींमध्ये खालील गोष्टींचा समावेश होतो:

- शारीरिक स्पर्श आणि पुढाकार
- लैंगिक संबंधाविषयी मागणी अथवा विनंती करणे
- अश्लील अर्थाच्या खाणा खूप्या करणे
- अश्लील चित्रफित दाखवणे
- लैंगिक संबंधाविषयी तोंडातून अथवा कृतीने मर्जीविरुद्ध कृती करणे

कोणत्याही वरील तक्रारी संदर्भात संपर्क साधा : प्रा. स्मृती नानावती
 email id : smruti.nanavaty@upgcm.ac.in



Gender Sensitization Activities

Academic Year: 2021-2022

Webinar: Chat With Gynecologist

Date: 30th July, 2021.

Objective:- Students will be able to:

- 1) How to take care of/ wash our private/Vaginal part correctly in order to keep it clean and away from the infectious agents.
- 2) Causes of urinary infections
- 3) What are the causes of PCOD and the respective preventions/precautions for it.

Class/Specialization: Female teacher and all students

Duration: 2:30pm to 3:30pm (1 hour)

Speaker: Dr.Monika Agarwal.

Number of students: 29 Male: 1 Female: 28

Details of resource person :

Speaker Name: Dr Monika Agarwal

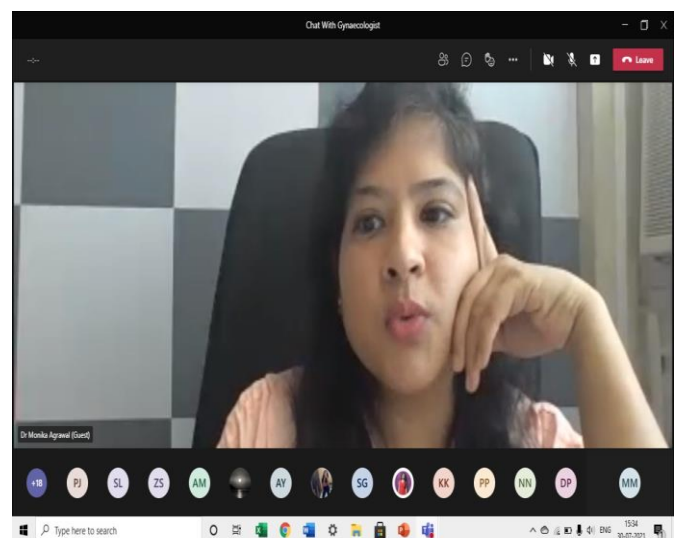
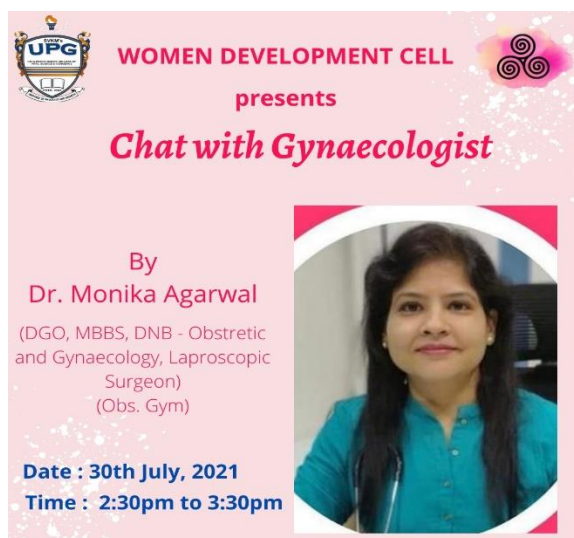
Designation: DGO, MBBS, DNB- Obstetrics and Gynaecology, Laproscopics Surgeon (Obs – Gyn), Practicing at Her Care Clinic

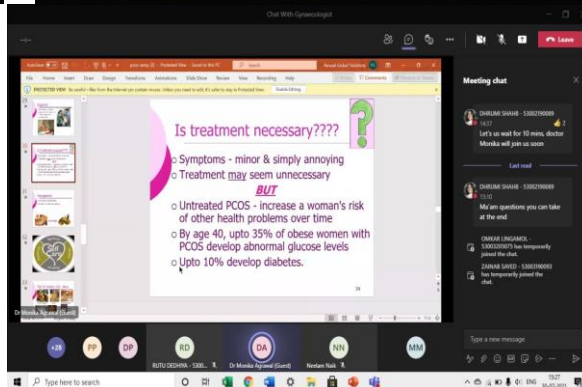
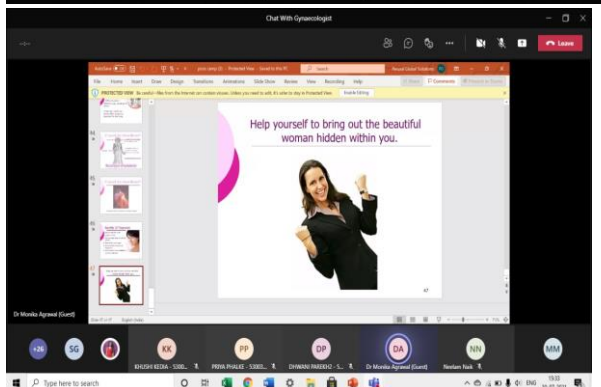
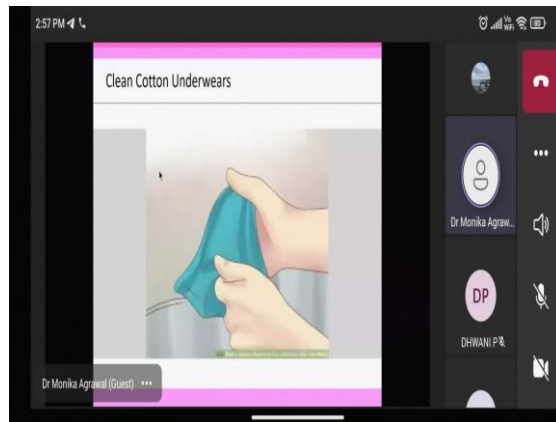
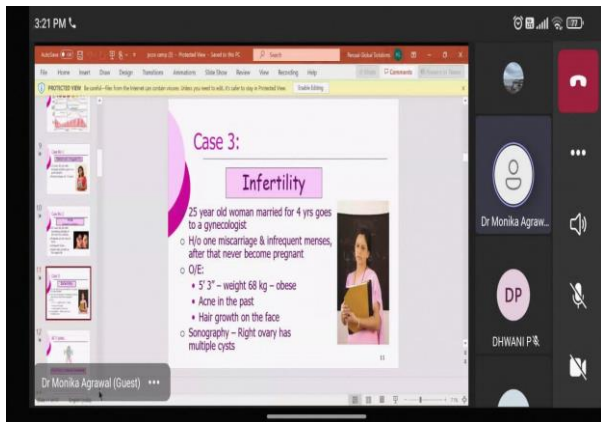
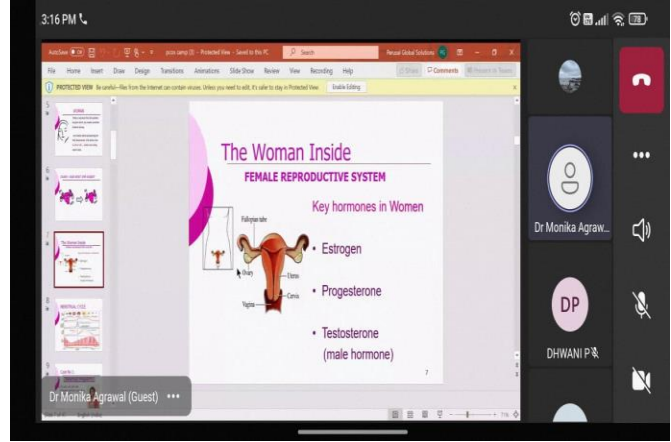
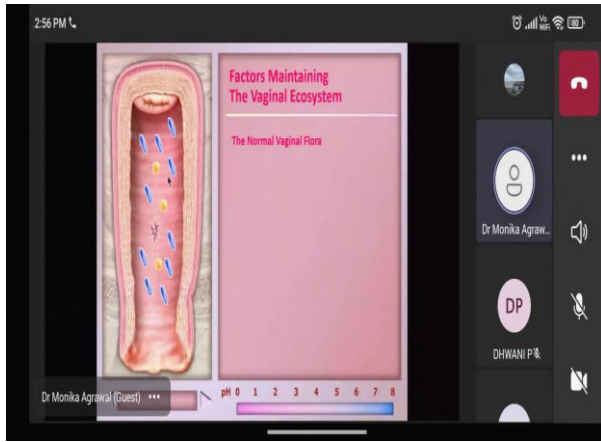
Report:

On 30th of July, 2021; The Women Development cell of Usha Pravin Gandhi College conducted an event on the topic PCOD, PCOS and female hygiene. The event was hosted by Sakshi Naik, Dhvani Parekh. On behalf of all the students, the anchors formally welcomed and introduced our guest for the day, our beloved Principal ma'am, Dr. Anju Kapoor.

The session started with the speaker asking whether we are aware of the vaginal hygiene or not. She told about the tips/ correct ways for how to clean our vaginal area. She briefed us about the "Don'ts" while cleaning the private part. The students and teachers along with our speaker then discussed the causes of urinary infections. She then told how the intake of excessive amount of junk food, lack in physical activity causes PCOD to be found commonly among a lot of women these days. Some of us also discussed the preventions that should be taken to if you are suffering from PCODs. We also conducted a Question-Answer session where the doubts of the students were cleared thoroughly. The session ended with the note that if you will not take care of your physical health, do not exercise regularly or keep cleaning your private part correctly, do not consider contraception, it will lead us to suffer through PCOD or other disease/infection.

Event Photographs:





Seminar: How To Be A Boss Lady



Date: 21st August, 2021.

Duration: 10:00am to 11:00am (1 hour)

Class Specialization: Female teacher and all students

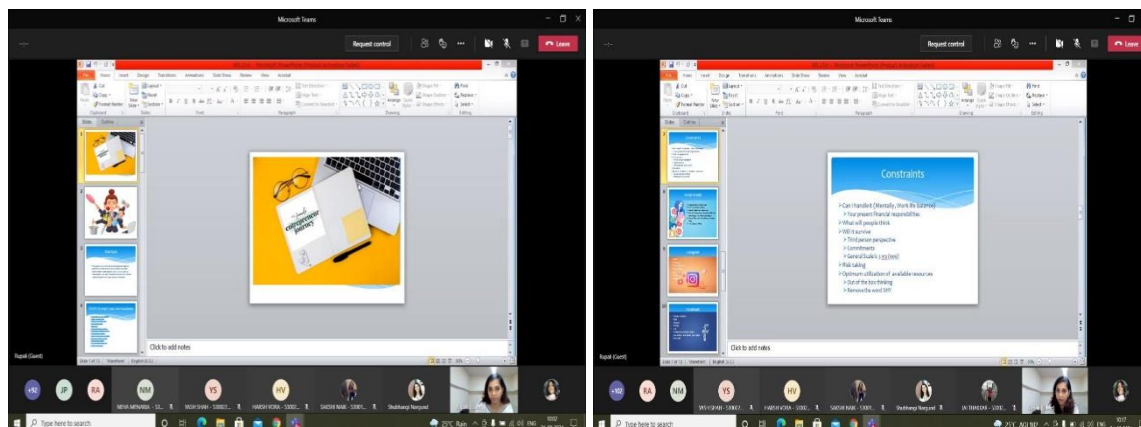
Speaker: Ms. Rupali Kalliyat

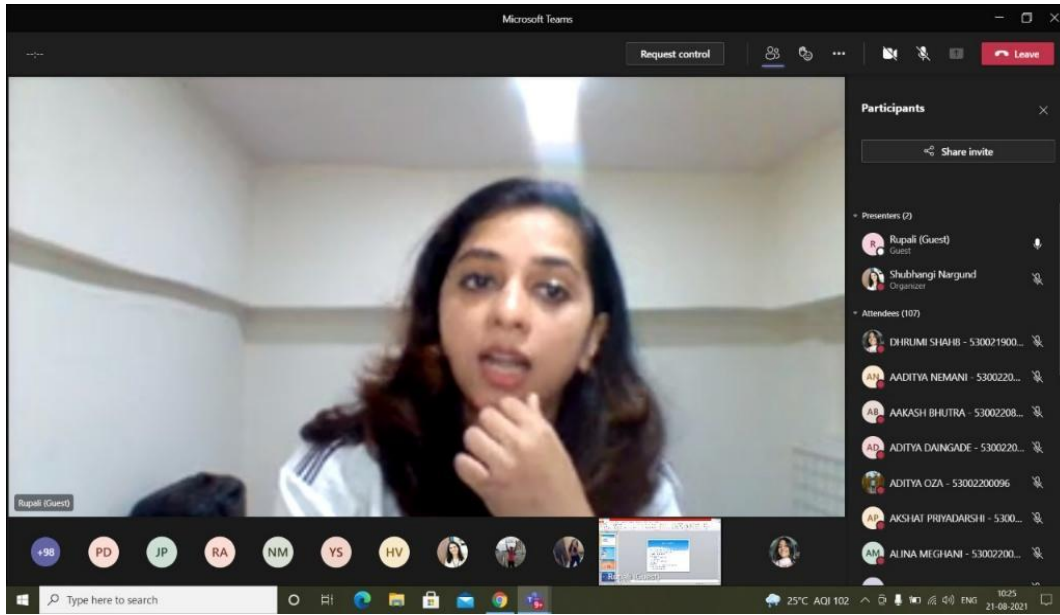
Number of students: 110 Male: 43 Female: 67

Objective: Students will be able to:

- 1) Know how can we kick-start our own business
- 2) Make an impact at a larger platform

Event Photographs:





Resource person:

Name of speaker: Ms. Rupali Kalliyat

Designation: Certified Master Trainer in Social Entrepreneurship Development Program from IIM Kozikode, 2015 by British Council. Co- Founder of Vyom the unlimited, and owner of jewellery page 'Virgo Vibes'.

Report:

On 21st of August, 2021 the Women Development cell of Usha Pravin Gandhi College conducted an event on the topic how to be a boss lady. On behalf of all the students, the anchors formally welcomed and introduced our guest for the day, our beloved Principle mam, Dr.Anju Kapoor. The speaker briefed firstly on how to grow up the business game. She shared a few tips on the same. Also talked about his social media is becoming one of the biggest platforms to showcase our products and make money out of it at a larger scale these days. The presence and customer interaction for growing up the business is necessary on social media. She talked about how in the pandemic the social media has helped in evolving small scale business all over the world. She herself is a businesswoman, while shared her personal experience about being so. Selling paper and bead jewelry is her business. The session ended up asking a few questions by the students.

Virago – The Soul of Liberty Is Equality

Rotaract Club of Usha Pravin Gandhi College.

Date: 26-8-2021

Venue: Instagram

Start Time: 20th August 2020 At 10am , End Time: 26th August At 4pm

Chairperson: Rtr.Akshat Bhatia

Avenue: Special Task Force

AIM/OBJECTIVE:

Women of the world want and deserve an equal future free from stigma, stereotypes and violence; a future that's sustainable, peaceful, with equal rights and opportunities for all. To get us there, the world needs women at every table where decisions are being made and the awareness of the same has to create for all people around the world.

PRE-WORKING-GROUNDWORK:

- Making of PR message • Google forms • Reel and it's content for all social media platforms • Instagram post and it's cover page • Sending PR messages to various groups for entries

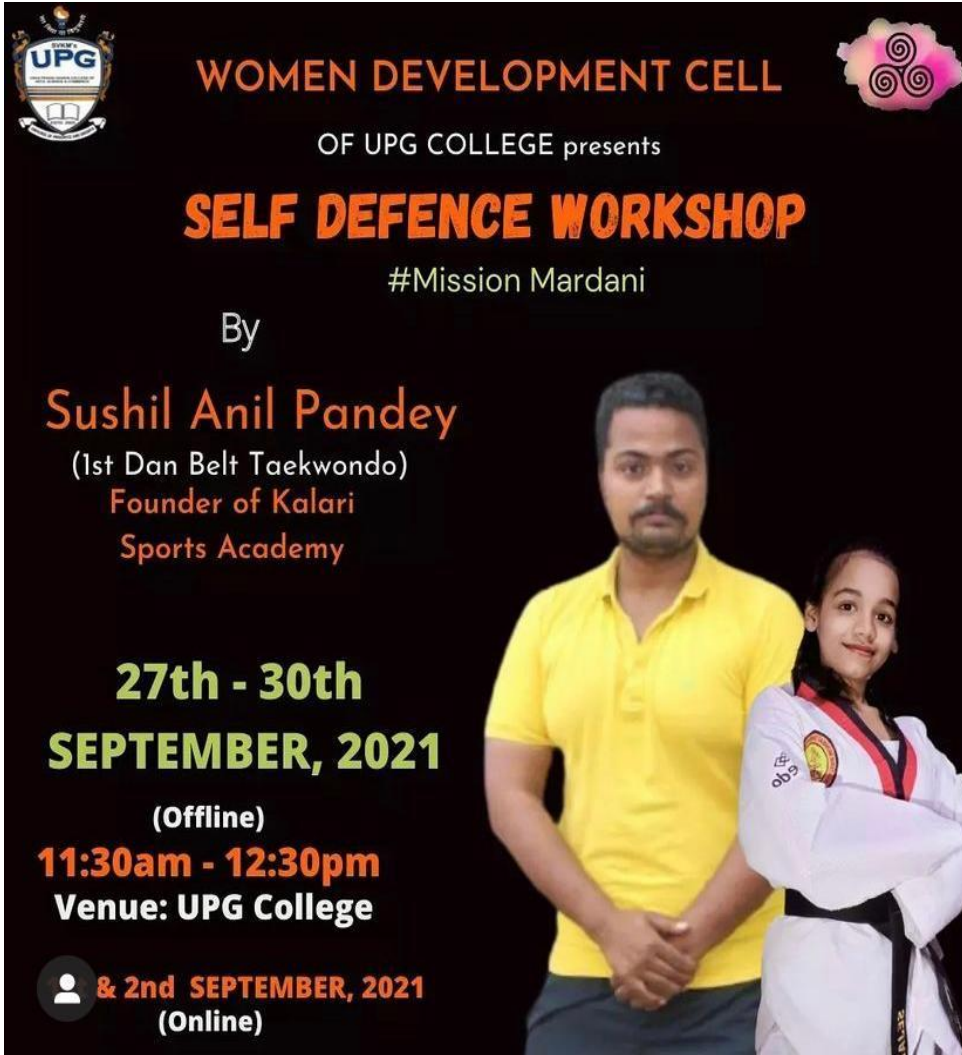
SUMMARY:

A special task force initiative on the day of Women's Equality Day with the aim to create awareness about the issues women's face around the world, the atrocities they go through, the sort of inequality they have to face at all stages of life right from education to income, the differentiation between the men and women were present in reel. For this An article writing competition was organized on the topic women's equality for all with no age and word limit. The entries were sent by the participants on time. Out of 7 articles top 2 Articles were posted on the Instagram account of Rotaract club of Usha Pravin Gandhi college and all other social media platforms and all other articles were posted on the story tagging them for their write-up . All the participants were provided with E-Certificates as a piece of appreciation.

OUTCOME OF THE EVENT:

It was great to see that participants took part enthusiastically and wrote quality content on the issue. Few articles were posted on the Instagram account of Rotaract club of Usha Pravin Gandhi college and some were put on the story out of which one was from Rotaract club of Nibm rid 3220. The content and the reel which consisted the facts about the issue had helped the audience to know about the difference we wanted to know them about.

Self-Defense Workshop



WOMEN DEVELOPMENT CELL
OF UPG COLLEGE presents
SELF DEFENCE WORKSHOP
#Mission Mardani
By
Sushil Anil Pandey
(1st Dan Belt Taekwondo)
Founder of Kalari
Sports Academy
27th - 30th
SEPTEMBER, 2021
(Offline)
11:30am - 12:30pm
Venue: UPG College
& 2nd SEPTEMBER, 2021
(Online)

Date: 1st , 2nd September, 2021 – Online

27th – 30th September, 2021 – Offline

Class Specialization: All staff and students

Duration: Daily 11:30 am to 12:30 pm (1 hour)

Trainer: Mr. Sushil Anil Pandey
(Founder of Kalari Sports Academy)

Number of Students: Female: Male:

Event Photographs:





Details of the resource person:

Name of Instructor: Mr. Sushil Anil Pandey

Designation: 1st Dan Black Taekwondo. Founder of Kalari Sports Academy.

Detailed Event Report:

Conducted a week long self defence session with Mr. Sushil Anil Pandey, the founder of Kalari Sports Academy, was invited by the Women Development Cell to conduct a week-long workshop on self-defense from September 1st & 2nd(Online) and ,(Offline)September 27 – 30th 2021. Dhrumi Shah and Sakshi Naik hosted the event.

The anchors welcomed and introduced Mr. Sushil Anil Pandey, the workshop's mentor, on behalf of all the students.

Any session began with a light warm-up and stretching to ensure that everyone was physically prepared for the training ahead.

DAY 1:

Day 1 of the workshop was held online. Mr. Sushil demonstrated some basic punches and how to land them correctly on the opponent's body. He then went on to teach some collar capture defence techniques with his assistant, Sejal. He followed a basic rule: "Hit, Protect, and Run."

DAY 2:

Day 2 was conducted online as well. The trainer then demonstrated some tactics for avoiding a scenario where someone attempts to strike them. It was a comprehensive 17-step block structure that everyone could use to deal with any issue. Mr. Sushil explained how Taekwondo techniques were used to create these techniques.

DAY 3:

Day 3 was held at college campus on 27th of September, 2021. The teacher began the session by instructing us on various weak points in our bodies. He had the participants do everything on themselves, from the head, hair, eyes, nose, lips, and ears to the fingers, shoulder, and solar plexus, to see what impact it had. He demonstrated groin and solar plexus kicks to the students. Mr. Sushil went on to explain what could be done if a kick is missed.

DAY 4:

Day 4 was at the college campus as well. He showed a variety of techniques for defending oneself against an enemy who attempted to grab one's throat. Mr.Sushil insisted that turning the opponent's finger is the simplest and most powerful way to get out of any situation.

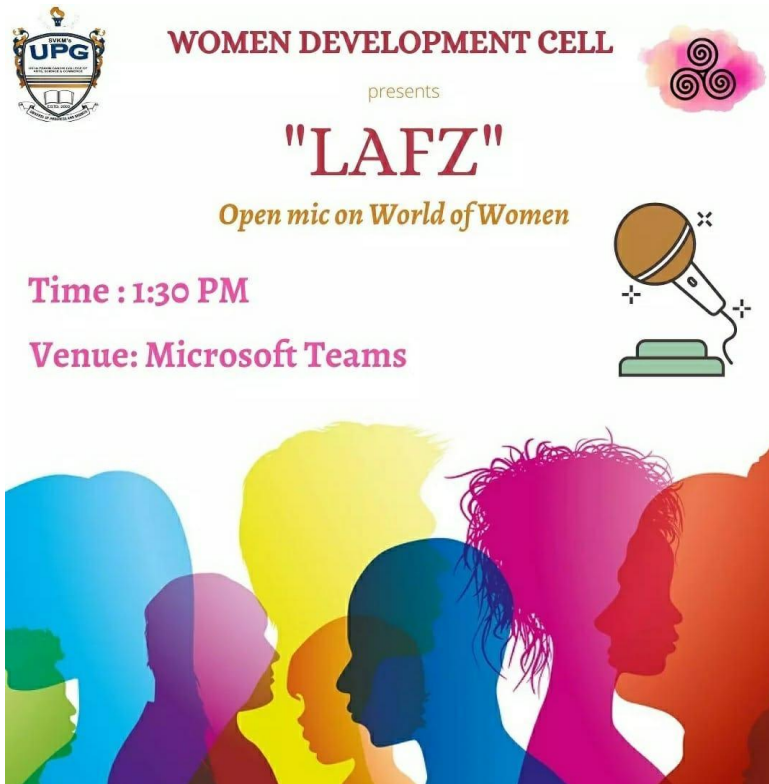
DAY 5:

A knife, despite its brutality, can be used to save someone. The teacher then demonstrated different knife positions as well as the proper way to handle a knife in self-defense. When facing an opponent, he kept repeating hitting joint to joint when blocking. He demonstrated the round-house punch to the head and the uppercut punch to the jaw to the participants.

DAY 6:

The trainer gave us a brief talk about how important it is to practise these exercises on a daily basis in order to be faster at responding. The methods had to be practised by all of the participants. Mr.Sushil instructed others on how to perform the techniques in the proper manner. He attempted to resolve all of the difficulties that the students encountered while practising. He put the methodology to the test and provided feedback. He finished by highlighting the workshop's most critical points.

SEMINAR: "LAFZ"-Open mic on World of women



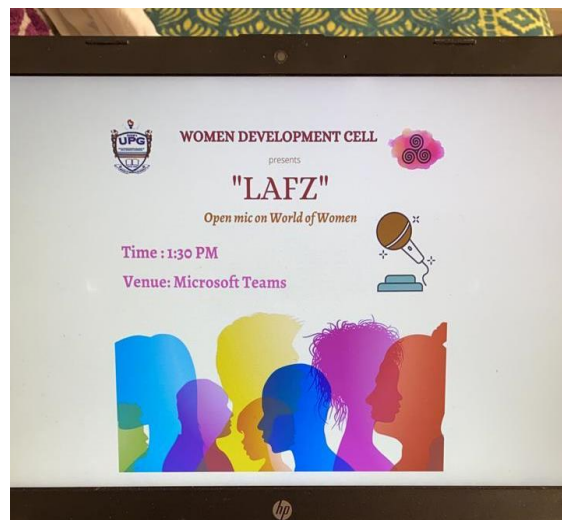
Date: 23rd September,2021

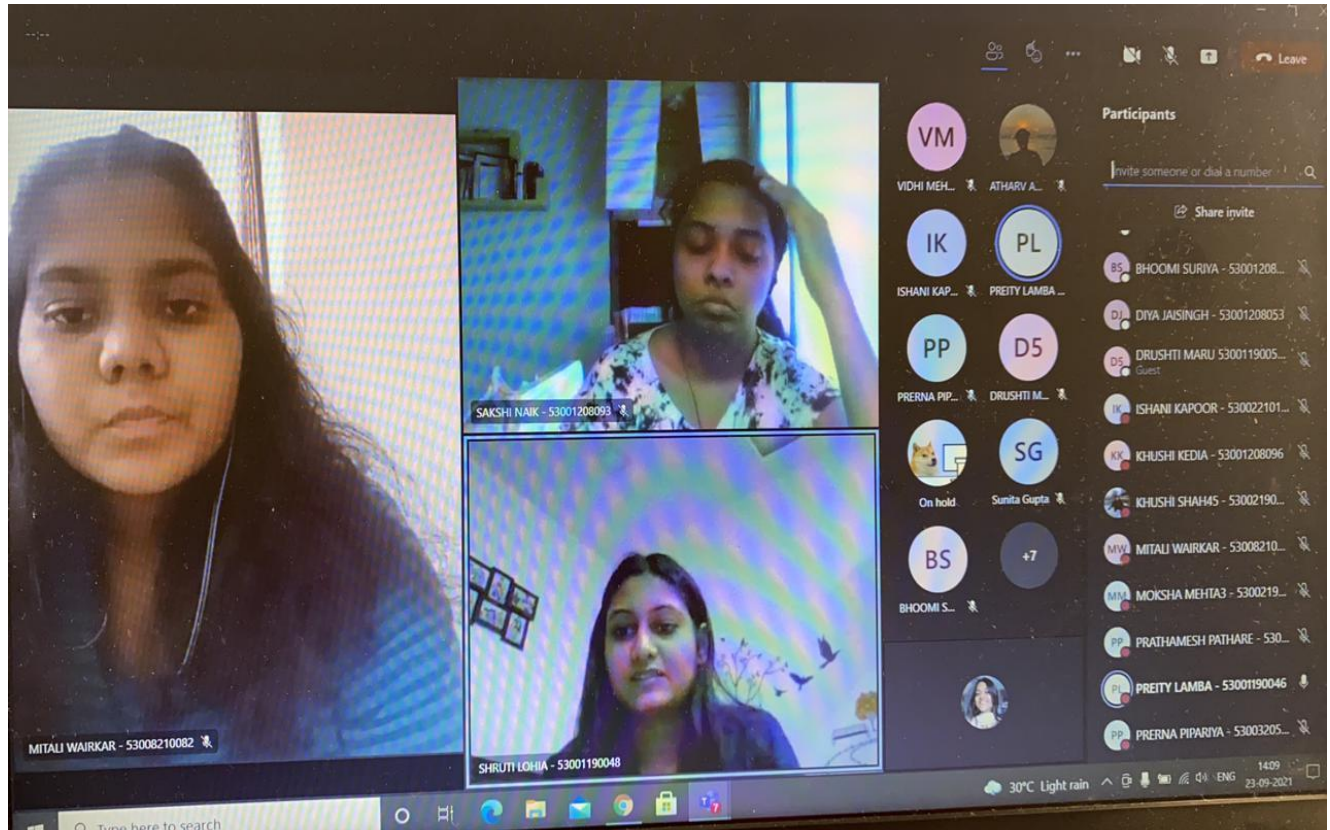
Time: 1:40PM to 2.40 pm

Class Specialization: All the participants and members of WDC

Host: Shruti Lohia(Joint Secretary of WDC)

Event Photographs:





Detailed Event Report:

1)A platform for women to put up their thoughts

On 23rd September,the Women Development Cell of Usha Pravin Gandhi College conducted an open mic called ‘LAFZ’.The event was hosted by Shruti Lohia.The session was attended by all the participants,the teachers and the students as well.

The session started with Ms. Shruti Lohia giving a brief about the participants and everyone introducing their piece with grace.The pieces included everything from A letter to a mother to addressing women in general.The writings were in Different languages like Hindi,English and Marathi.The participants also stated the reason behind writing their particular speech,poeetry or essay. All the participants went forward and expressed their desire for many such events like these. The event was very insightful and interactive.It made everyone learn different aspects of being a women.

Seminar: Gender Sensitization



Date: 18th October 2021

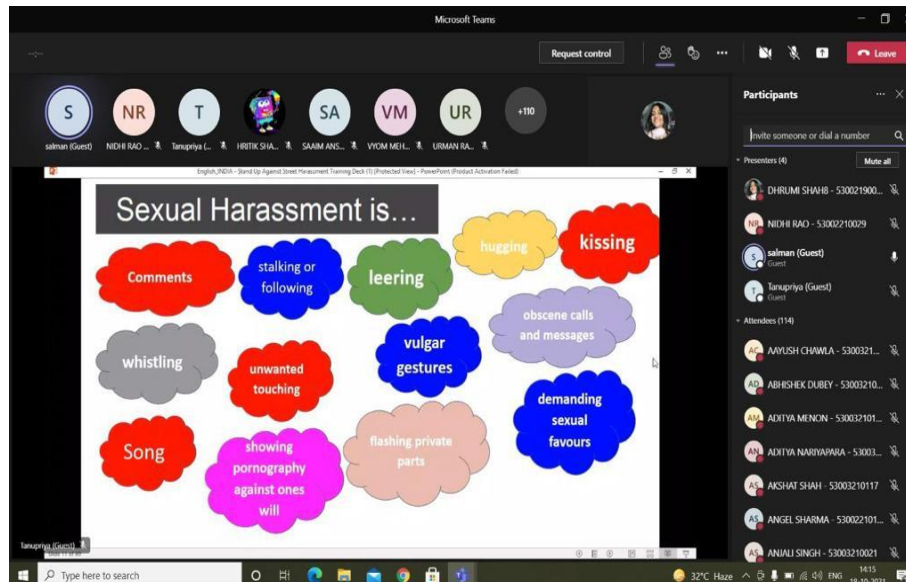
Class / specialization: All participants and members of WDC

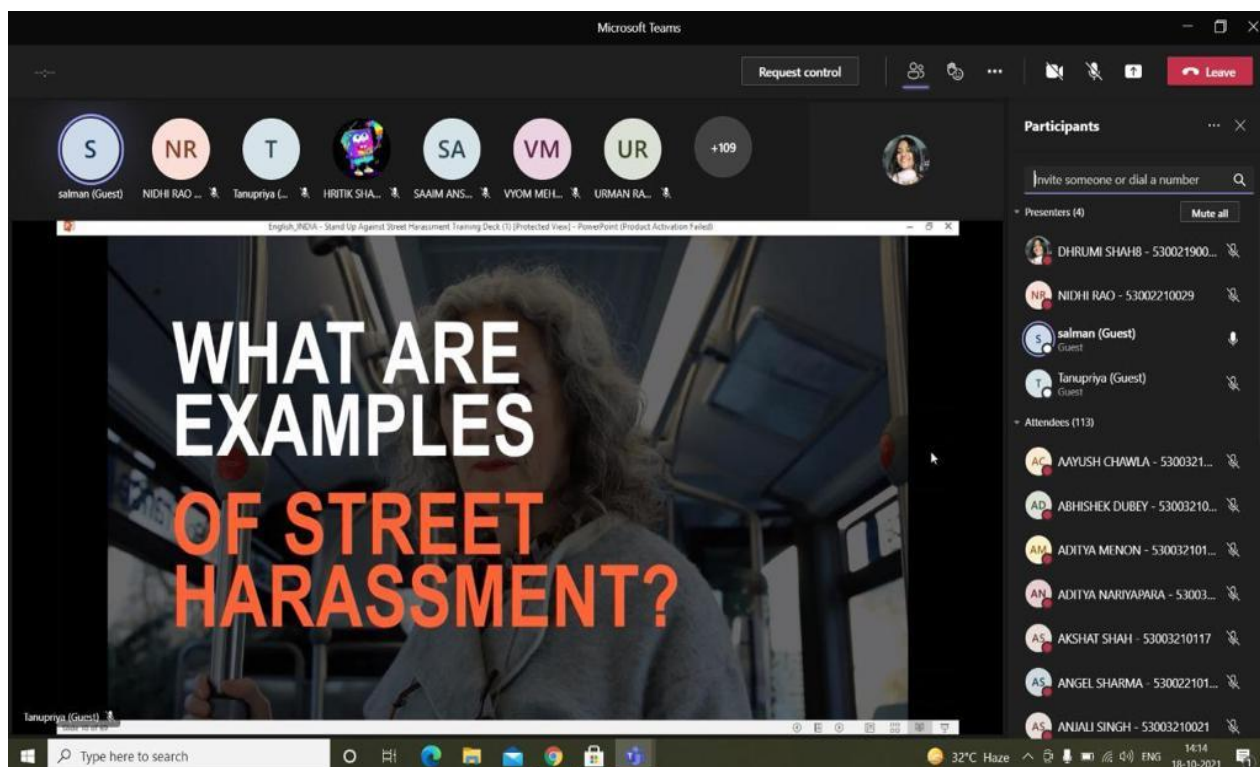
Duration: 2 to 3:30 pm.

Speaker: Mr. Salman Alvi.

Host: Nidhi Rao (member of WDC)

Number of students: 112 Male: 67 Female: 45





Details of the resource person:

Name of speaker: Mr. Salman Alvi

Designation: Speaker and representative of Breakthrough Organisation

Detailed Event Report:

On 18th October 2021, The Women Development Cell of Usha Pravin Gandhi College conducted an event on the topic 'Gender Sensitization'. On behalf of all the students, the hosts welcomed and introduced Mr. Salman Alvi, trainer and speaker of the Breakthrough Foundation, who spoke on the topic.

Firstly, students were briefed about the types of harassments which both men and women face every day. He mentioned that harassments can have a deep impact on our lives, for ex: depression, anxiety, limited mobility etc. Students were taught the ways through which they can help the people around them who are being harassed or how to tackle such situations if they are the ones getting harassed. Videos were shown to the students and accordingly questions were asked which made the seminar very interactive and informative. Lastly, he suggested some tips and tricks which seemed to be very useful especially for women.

Gender Rewrite Program For Youth For Change Program

Date: 22nd December, 2021.

Objective: Preparatory workshop for first social action project.

Class / specialization: All participants and members of the Women Development Cell .

Duration: 3:00 to 4:30 pm.

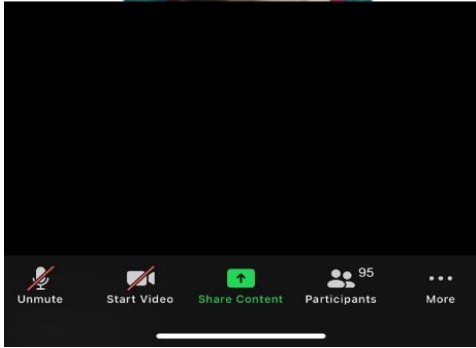
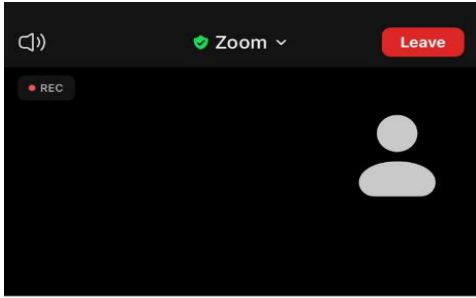
Host: Incharge of Akshara foundation

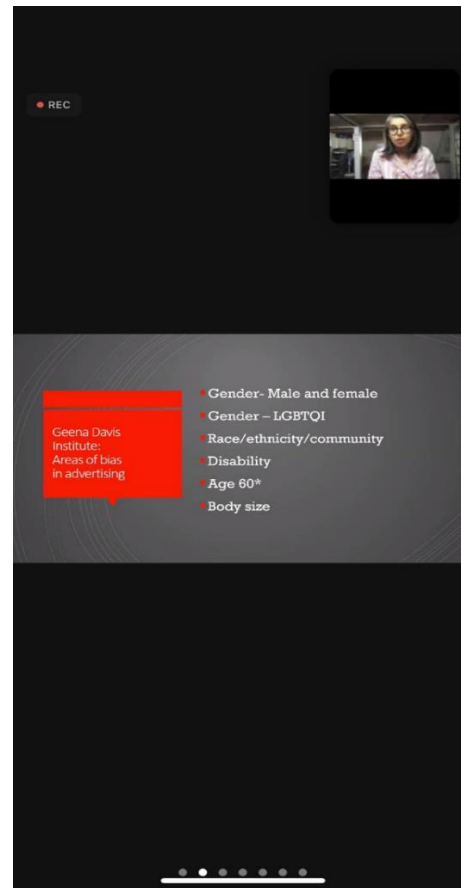
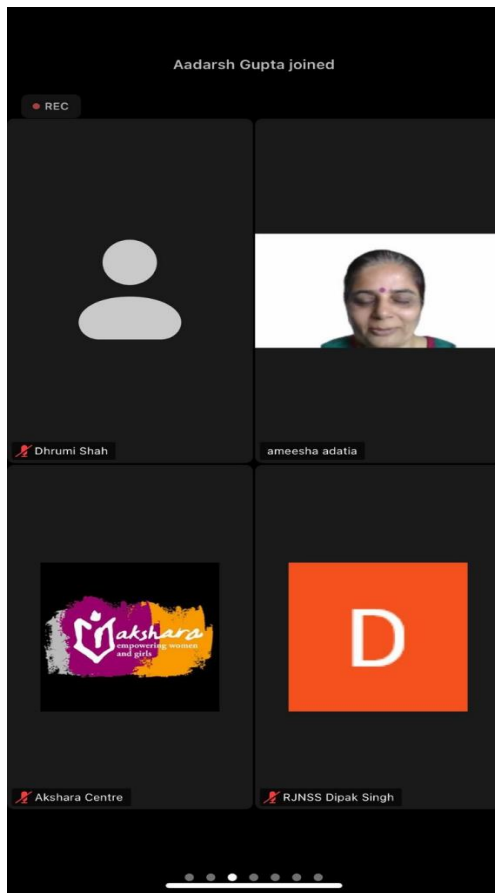
Number of students: 10

Report:

Akshara foundation in collaboration with Women Development Cell unit of Usha Pravin Gandhi College organized, the "Gender rewrite - Twist the frame" program on 22nd December from 3:00 to 4:30 p.m. on Zoom. The workshop started with the welcome and introduction of the guest Ms. Geeta Rao (Brand Consultant) by the incharge of Akshara foundation.

Ms. Rao then talked about the Gender discrimination that is seen in advertisements. She also showed a few advertisements depicting gender discrimination, stereotyping and sexism followed by polls to know what the attendees thought about it. After which a few questions were taken up by Ms. Geeta. Lastly the members were briefed regarding the competition organized by Akshara foundation based on objectification of women in movies and songs.





Slogan Writing Competition

Date: 23rd December, 2021.

Class / specialization: All participants of WDC

Number of students: 15

Report:

Women Development Cell of UPG set a Slogan writing competition for all it's students to write their ideas down into slogans. The topics for writing the Slogan were:-

- 1) Self Love
- 2) NO means NO
- 3) Gender sensitization

The entries to submit were open for the students for almost 3 days through a google form. We could submit multiple entries from all the categories. We got some really good responsive, some were basic

but at the end of the day it was super good to know how is today's youth standing strong beside us women and their rights. We had 2 winners from each category:-

- Self Love:

1: Drishti Maru

2: Bhoomi Suriya

-Gender Sensitisation:

1: Drushti Maru

2: Prerna Pipariya

-No means No

1: Ruzell Moos

2: Dhvani Parekh



The poster features a yellow background with decorative watercolor elements. At the top left is the UPG logo. The main title 'WOMEN DEVELOPMENT CELL' is in a blue, typewriter-style font, with 'presents' in a smaller font below it. The competition title 'SLOGAN WRITING COMPETITION' is in a larger, bold, blue font. Below this, the topics are listed: '1. SELF LOVE', '2. NO means NO', and '3. GENDER SENSITISATION'. To the right of the topics is a drawing of a quill pen in an inkwell. At the bottom, it says 'Submit your entries via google form' and 'Deadline: 28th December, 2021'. At the very bottom, it says 'GOOGLE FORM IN THE BIO' and 'Results will be announced on our Insta page'.

**WOMEN
DEVELOPMENT CELL**
presents

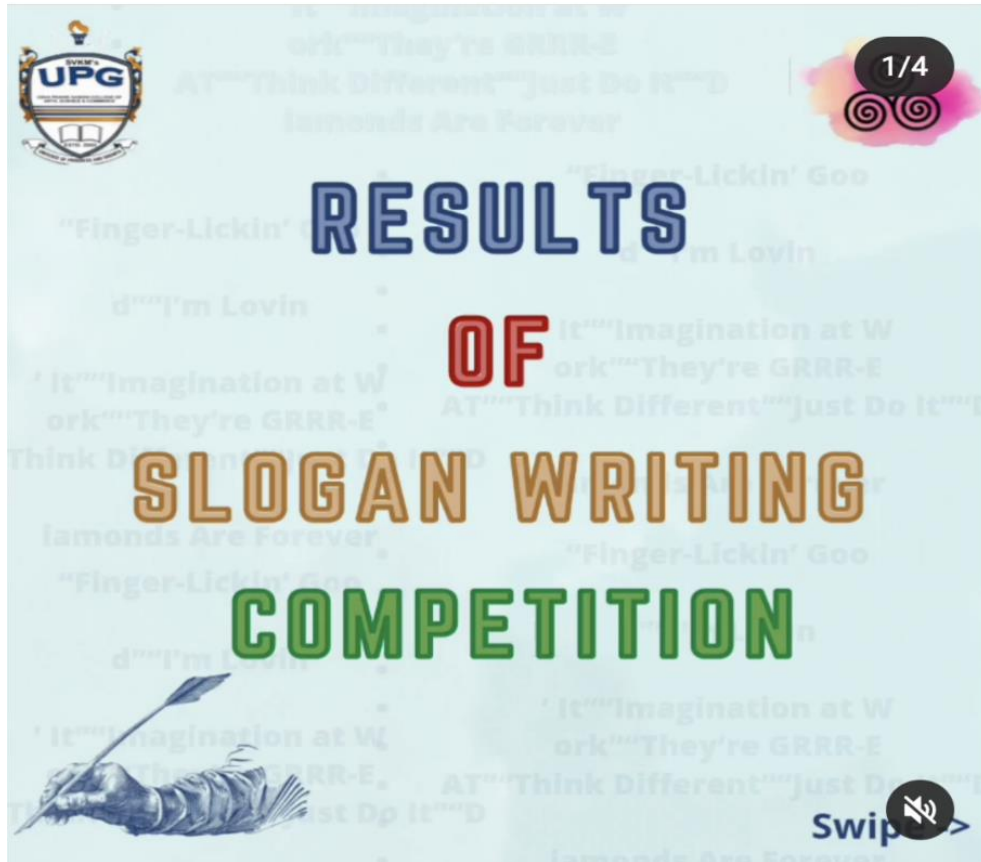
SLOGAN WRITING COMPETITION

TOPICS:

1. SELF LOVE
2. NO means NO
3. GENDER SENSITISATION

Submit your entries via google form
Deadline: 28th December, 2021

GOOGLE FORM IN THE BIO
Results will be announced on our Insta page



Equality Matters Workshop

DATE: 7th February, 2022

OBJECTIVE: To make the participants aware about the importance of equality and why is it necessary.

CLASS/SPECIALIZATION: All participants and members of the Women Development Cell.

DURATION: 3:00 to 4:30pm

HOST: Incharge of Akshara Foundation.

REPORT:

Akshara Foundation in collaboration with the Women Development Cell of Usha Pravin Gandhi College organized an 'Equality Matters' Workshop on 7th February, 2022 from 3:00 to 4:00pm on Zoom. The workshop started with the host discussing the rights of men and women and how they get violated in some or the other way on daily basis.

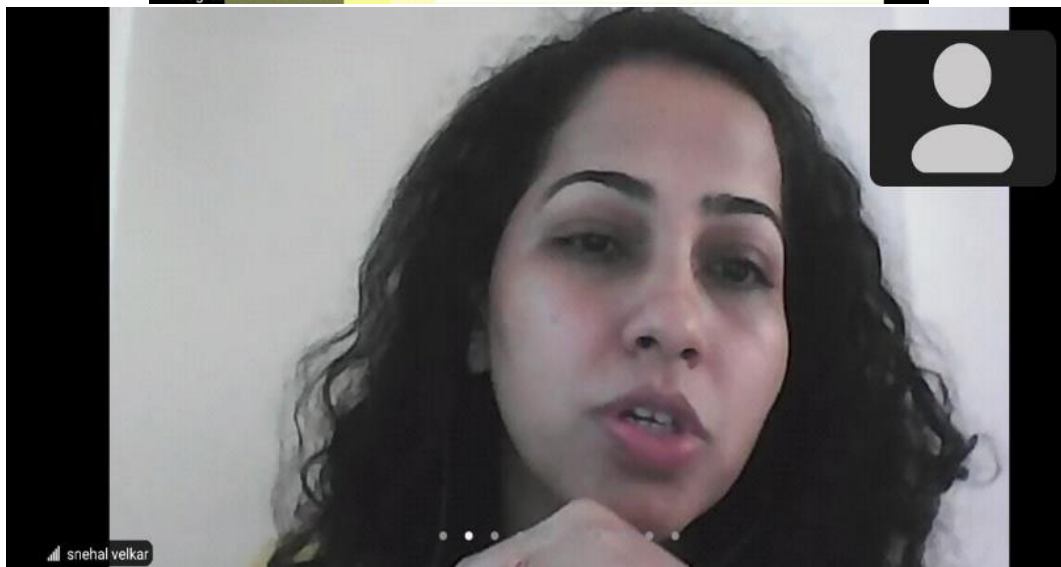
Later the participants were divided into groups of few and one of the members of the Akshara Foundation was assigned to each group who narrated a story and the participants were asked to share their views and suggest a solution for the given situation mentioned in the story. The host and the participants interacted and discussed about the certain stereotypes that the society forces on men and women and how it affects them. During the session, participants learned more about the right to equality. It was an interactive and informative workshop.

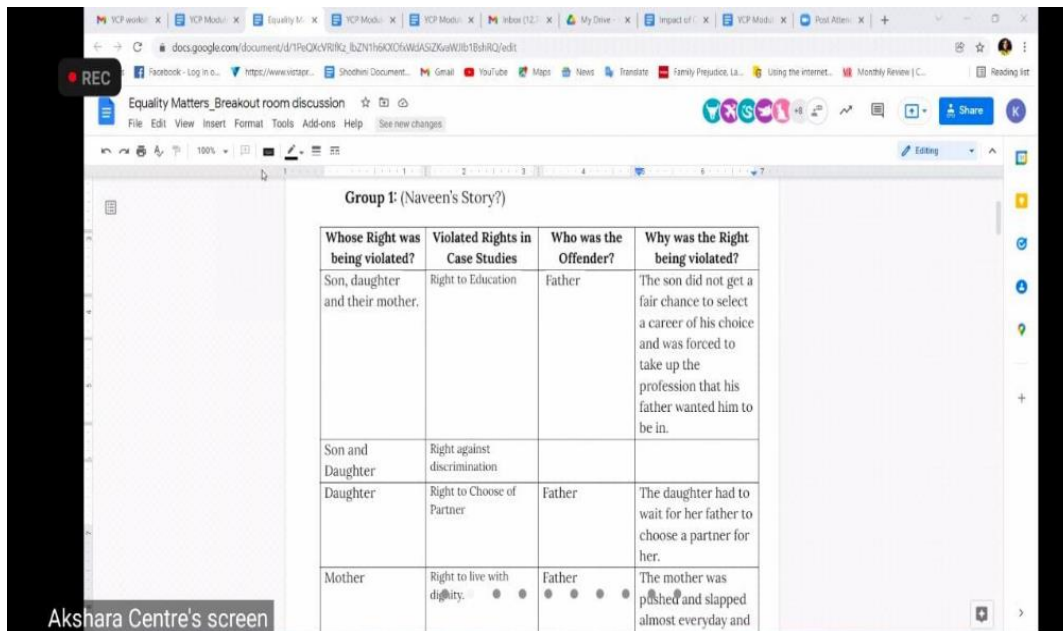


REC

THE TYPICAL MAN, THE TYPICAL WOMAN

	MAN			WOMAN		
TRAITS	Brave	Strong	Aggressive	Docile	Emotional	Talkative
WORK	Outdoor	Machine Oriented	Involves Maths	Hospitality	Teacher	Salesperson
ROLES	Earners	Responsible for Family	Protector	Home Maker	Part Time Worker	Likes flexibility





Kaleidoscope' Seminar

DATE: 12th February, 2022.

OBJECTIVE:

- 1.To make the students familiar about Instagram reels feature.
- 2.To discuss ways that should be used to present reels in a systematic way to the audience.

CLASS / SPECIALIZATION: All participants and members of Women Development Cell.

SPEAKER: Ms.Mahima Bhalotia


CO-HOST: Ms.Isha Bansal

NUMBER OF STUDENTS: 112

MALE-67

FEMALE: 45

Recording



Everyone is **BORED**. Short attention span!

EASY to understand & implement

REPLACEMENT of long blogs

ReelsMastery by Mahima

Mahima Bhakota

Dhrumi

Akshara Centre

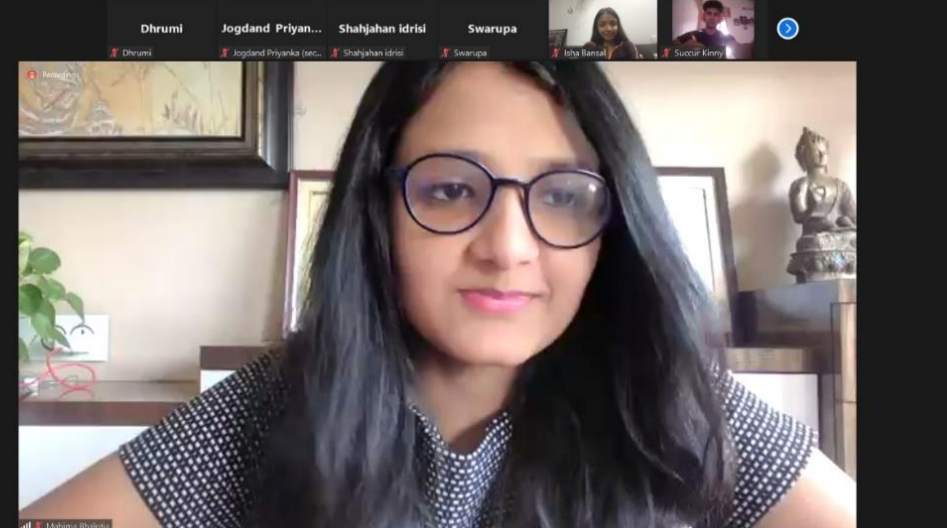
ZOYA-SHAIKH

Isha Bansal

Zoom Meeting

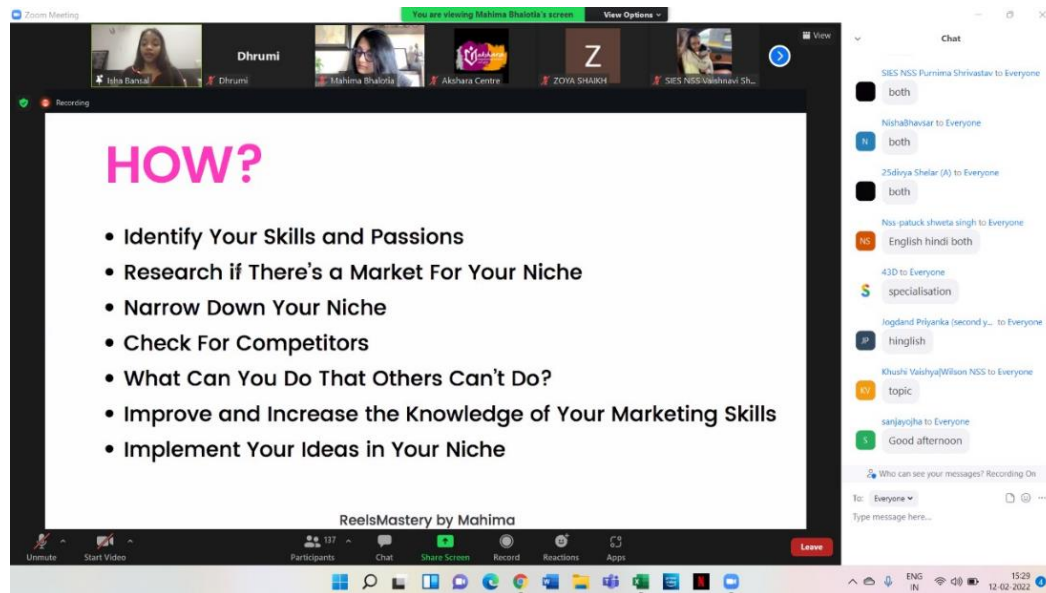
Dhrumi Jogdand Priyan... Shahjahan idrisi Swarupa

Dhrumi Jogdand Priyanka (sec... Shahjahan idrisi Swarupa Isha Bansal Succur Kinry



Mahima Bhakota

ENG IN 15:17 12-02-2022

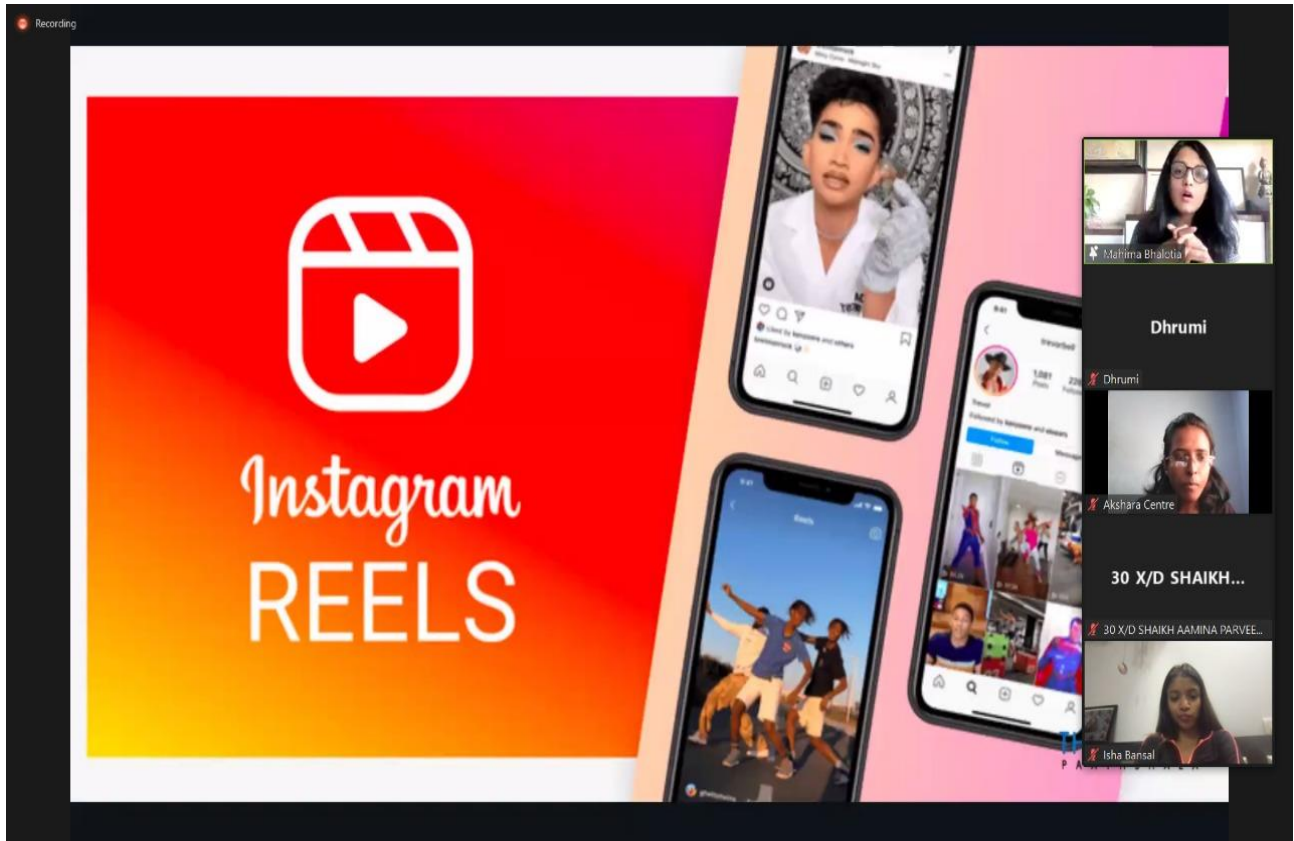


On 12th February, 2022 Women Development Cell of Usha Pravin Gandhi College had a virtual meet based on the topic-Kaleidoscope. It was a master class on creativity based on talking your mind through posters and Instagram reels. Firstly, Ms. Mahima Bhatolia, the founder of the social-media Pathshala made the members familiar about Instagram reels by giving the member a brief introduction about it. Then, our co-host, Ms, Isha Bansal discussed ways which should be used to present reels in a systematic way to the audience.

Some of them are-

- identify your skills and passions.
- narrow down your niche.
- improve and increase the knowledge of your marketing.

Videos were shown to the students and accordingly questions were asked which made the seminar very interactive and informative. Lastly, they also suggested some useful tricks and tips which seemed to be helpful especially for grabbing the viewer's attention.



“How To Be Your Own Valentine” Self-Love Aware Session

DATE: 14TH FEBRUARY, 2022.

OBJECTIVES:

- a) To understand what is self-love and its importance.
- b) To know how to be our own valentine.
- c) To understand several benefits and ways of practicing self-love.

CLASS SPECIALIZATION: STUDENTS AND MEMBERS OF WOMEN DEVELOPMENT CELL

DURATION: 1 hour [11:30 to 12:30 pm]

NO OF STUDENTS: 15

REPORT:

Women Development Cell of Usha Pravin Gandhi College organized a self-love awareness session on “How to be your own Valentine” on 14th February from 11:30 a.m. to 12:30 p.m. on MS teams. The session started with the welcome and introduction of the guest with Ms. Anusha Parameswara (clinical Psychologist) in association with The Mind and Company.

She started the session with a beautiful quote “How you love yourself is how you treat others to love you”. Next, she asked a few questions to all the participants and discussed about the definition and importance of self-love in detail with the help of an example. Moving forward, the speaker shared a Self-evaluation quiz wherein she asked the participants to rate themselves and, in the end, check their score and interpret how much they love and appreciate themselves. Then she spoke about the main objective of today's session – “How to be your own Valentine” and suggested ways in which we can increase and practice self-love. This included practicing positive affirmations, daily physical activity, mindfulness, hobby, pampering ourselves, avoiding comparison and accepting change.

Lastly the session was open for question and answers. Participants freely spoke about their issues related to self-love and gained helpful counselling. Ms. Anusha concluded the session with the beautiful line “we should treat ourselves just like we treat others with utmost love respect and value.”



Microsoft Teams

Participants

Type a name

In this meeting (23) Mute all

- MM MOKSHA MEHTA3 - 53002190115
- AK ANOUSHKA KABRE - 530012100...
- AP Anusha Parameswara (Guest) Meeting guest
- BS BHOOMI SURIYA - 53001208116
- BM BIJAL MEHTA - 53001210022
- DHRUMI SHAH8 - 53002190089
- DJ DIYA JAISINGH - 53001208053
- DRUSHTI MARU - 53001190051
- HRITACHU SOMAIYA - 5300113160

01 What is Self-love?

02 Why is Self-love Important

03 How to be your own Valentine?

Anusha Parameswara (Guest)

11:42 14-02-2022

Microsoft Teams

Leave

What is Self-Love?

- Involves giving yourself the validation you need and recognizing that it's okay to feel uncertain and doubt yourself now and then.
- It means taking care of your own needs and not sacrificing your well-being to please others.

Anusha Parameswara (Guest)

DHRUMI S... Anusha Parame...
 Mayur Vyas SHREYA SH...
 KK +32
 KHUSHI KE...
 MM

11:44
14-02-2022

Microsoft Teams

Leave

What does Self-love look like?

- Knowing your strength and weaknesses
- Validating your emotions and valuing mental health
- Embracing your imperfections
- Prioritizing your needs
- Patience with your personal growth
- Forgiving yourself and learning from your past mistakes


Anusha Parameswara (Guest)

DHRUMI S... Anusha Parame...
 Mayur Vyas SHREYA SH...
 KK +33
 KHUSHI KE...
 MM

11:45
14-02-2022

Microsoft Teams

Leave



02
Why is self-love
important?

Anusha Parameswara (Guest)

DHRUMI S... Anusha Parame...
Mayur Vyas SHREYA SH...
KK +44
KHUSHI KE...
MM

ENG IN 11:55 14-02-2022

Microsoft Teams

Leave

The ability to love oneself is the most important foundation in one's life because how you love yourself has an effect on your self-respect and self-worth

- Allows you to fill in the gaps external sources of love may leave
- Loving yourself enables you to love others in a better way
- Better ability in setting boundaries in relationships
- Greater life satisfaction
- Self-love motivates you to make healthy choices in life
- Self-love and mental health

Anusha Parameswara (Guest)

DHRUMI S... Anusha Parame...
 Mayur Vyas SHREYA SH...
 KK +46
 KHUSHI KE...
 MM

11:58
14-02-2022

Microsoft Teams

Leave

03
How to be your own Valentine?

Anusha Parameswara (Guest)

DHRUMI S... Anusha Parame...
 Mayur Vyas SHREYA SH...
 KK +46
 KHUSHI KE...
 MM

12:10
14-02-2022

Microsoft Teams

01 Positive Affirmations

02 Physical Activity

03 Mindfulness

Anusha Parameswara (Guest)

DHRUMI S... Anusha Parame...
 Mayur Vyas SHREYA SH...
 KK +46
 KHUSHI KE...
 MM

Microsoft Teams

04 Hobby

05 Pamper yourself

06 Avoid Comparisons

07 Accept Change

Anusha Parameswara (Guest)

DHRUMI S... Anusha Parame...
 Mayur Vyas SHREYA SH...
 KK +50
 KHUSHI KE...
 MM

Workshop Conducted By The Experts From The Advertising Standard And Council Of India [Asc]

DATE: 23rd February 2022

OBJECTIVES-

- a) To maintain and enhance the public's confidence in advertising
- b) To understand what steps we can take as a citizen of this country
- c) To understand ASCI code and process
- d) To learn and understand how to register a complaint to ASCI

CLASS) SPECIALIZATION – All participants and members of Women Development Cell

DURATION – 1 hour [3:00 pm – 4:00 pm]

HOST – Ameesha Adatia

NUMBER OF STUDENTS – 12

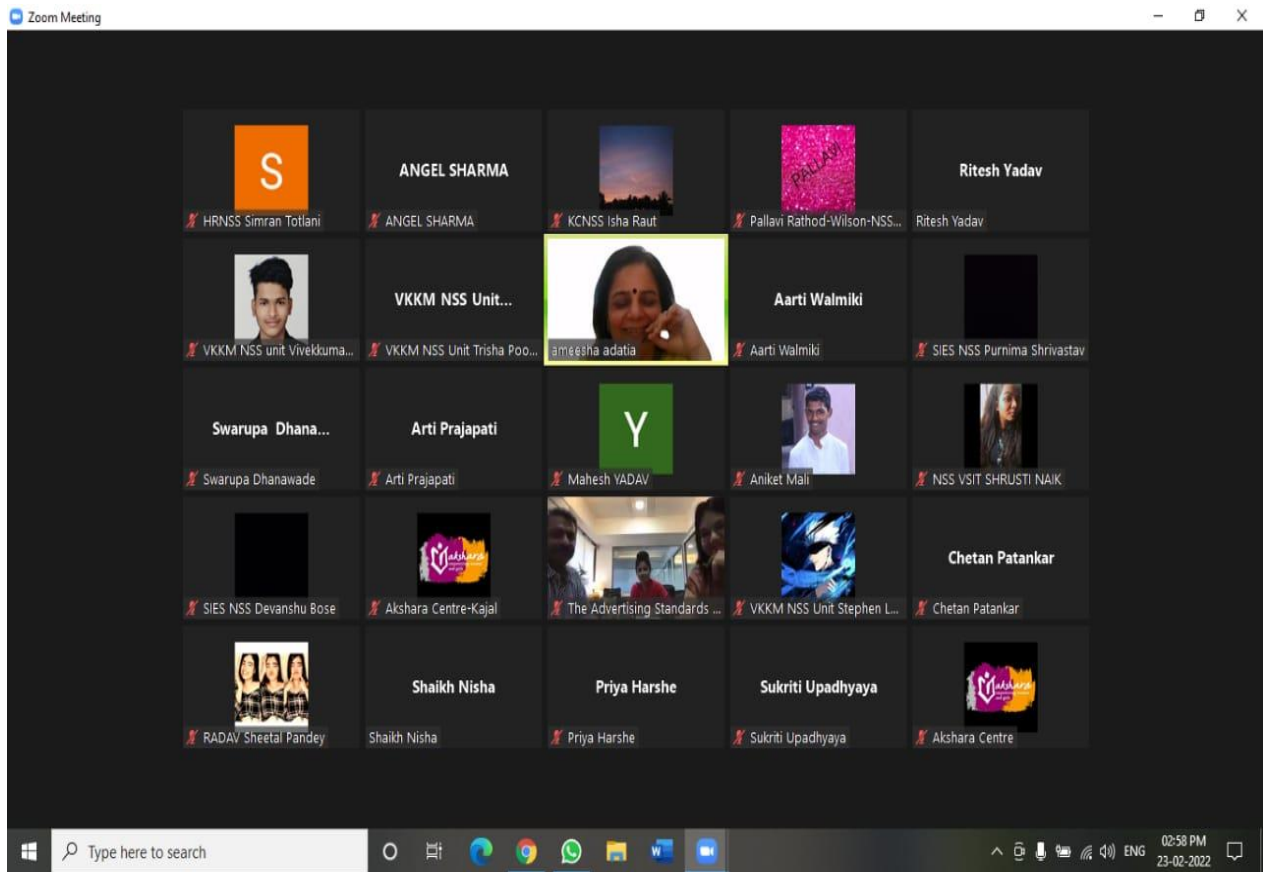
REPORT –

Women Development Cell unit of Usha Pravin Gandhi College in collaboration with AKSHARA FOUNDATION organized a workshop which was conducted by the experts from the Advertising Standard and Council of India [ASCI] on 23rd February from 3 pm to 4 pm on Zoom. The session started with the welcome and introduction of the team of Advertising Standard Council of India. She started the session with giving an overview of the council and a bit of its history. Then we were informed about the mechanism and robust processes that ASCI had developed for all kinds of advertising content related complaints. A few of the characteristics of ASCI were discussed along with its objectives and mission. Ma'am highlighted that ASCI is guided by a strong belief in Consumer protection. We learned the 4 Tenets of the ASCI code –

1. Truthful and Honest
2. Non offensive to public
3. Against unsafe practices
4. Fair to competition

Next she discussed a few of the misleading advertisements such as one of Panasonic air conditioner, Peppercry, JSW, Kismi. Lastly we learnt how to register a complaint with ASCI.

It was a very informative and insightful session overall .



Recording You are viewing The Advertising Standards Coun... 's screen View Options

QUICK OVERVIEW

- Our History
- ASCI Code and Process
- Registering a Complaint with Us
- AD Clinic
- Our Team

DISCUSSION POINTS

Shakshi Kankariya Wil...

ANGEL SHARMA

ANGEL SHARMA

AYESHA KUMTE

AYESHA KUMTE

Akshara Centre-Kajal


Pallavi Rathod-Wilson...

The Advertising Standar...

Unmute Start Video Participants 155 Chat Share Screen Record Reactions Leave

Recording You are viewing The Advertising Standards Coun... 's screen View Options

The Advertising Standards Council of India is talking...



WORKSHOP

FOR AKSHARA CENTRE

FEBRUARY 23RD, 2022

Shakshi Kankariya Wil...

ANGEL SHARMA

ANGEL SHARMA

AYESHA KUMTE

AYESHA KUMTE

Akshara Centre-Kajal

KCNSS Isha Raut

Pallavi Rathod-Wilson...

Unmute Start Video Participants 155 Chat Share Screen Record Reactions Leave

Recording You are viewing The Advertising Standards Coun... 's screen View Options

THE ADVERTISING STANDARDS COUNCIL OF INDIA IS TAKING...

ASCI The Advertising Standards Council of India

WORKSHOP

FOR
AKSHARA CENTRE

FEBRUARY 23RD, 2022

Participants: 155 Chat: 4 Share Screen Record Reactions Leave

Shakshi Kankariya Wil...
ANGEL SHARMA
ANGEL SHARMA
AYESHA KUMTE
AYESHA KUMTE
Akshara Centre-Kajal
KCNSS Isha Raut
Pallavi Rathod-Wilson...

Recording You are viewing The Advertising Standards Coun... 's screen View Options

THE ADVERTISING STANDARDS COUNCIL OF INDIA IS TAKING...

THE FOUR TENETS OF THE ASCI CODE

<p>Truthful and Honest</p> <p>Advertisements should be truthful and honest. They should not mislead consumers by implication, omission, ambiguity or exaggeration</p>	<p>Non-offensive to the public</p> <p>Advertisements should be within the bounds of accepted standards of decency and propriety</p>	<p>Against Unsafe Practices</p> <p>Advertisements should not promote products or show situations that are harmful to society or individuals, particularly children</p>	<p>Fair to Competition</p> <p>Advertisements must observe fairness in competition. Advertisements should not be derogatory to competitors or plagiarized</p>
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Participants: 196 Chat: 11 Share Screen Record Reactions Leave

The Advertising Standards Council of In...

Recording You are viewing The Advertising Standards Council's screen View Options View

FURTHER GUIDELINES PROVIDE SECTOR SPECIFIC CLARIFICATION AND/OR EXPANSION OF THE FUNDAMENTAL CODES

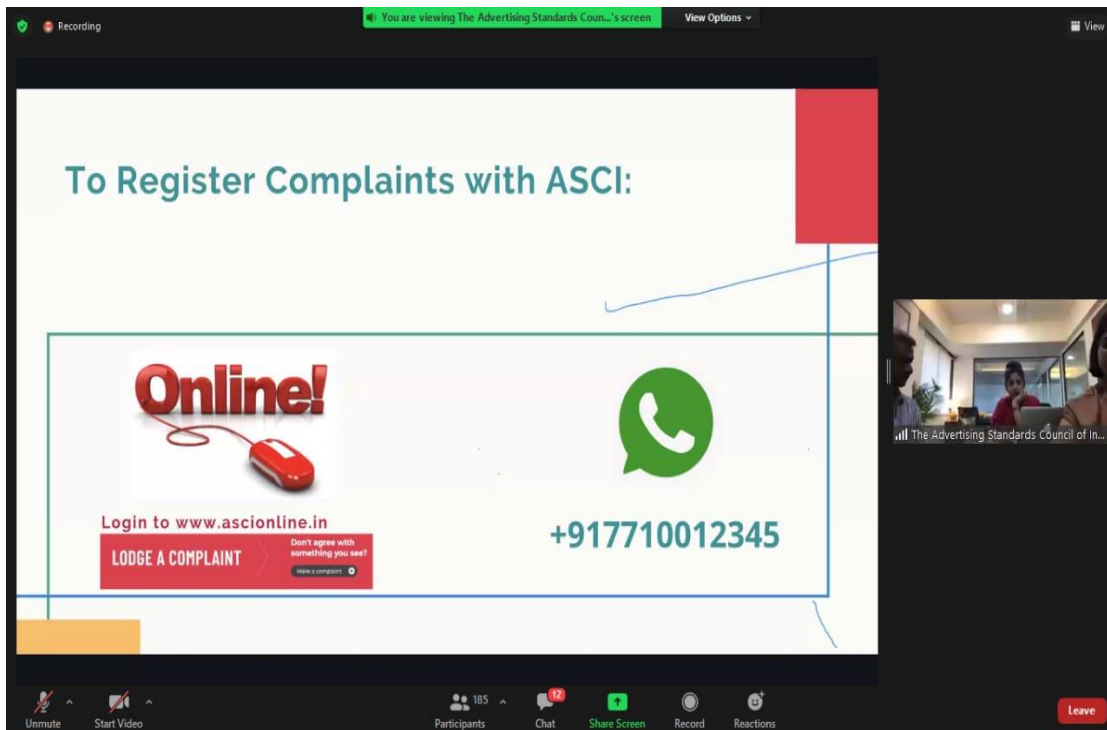
- Automotive Vehicles
- Qualification of Brand Extension Product or Services
- Foods & Beverages
- Educational Institutions and Programs
- Disclaimers made in supporting, limiting or explaining claims made in Advertisements
- Skin Lightening or Fairness Improvement Products
- Celebrities in Advertising
- Usage of Awards/Rankings in Advertisements
- Online Gaming for Real Money Winnings
- Influencer Advertising in Digital Media

Unmute Start Video Participants 198 Chat 172 Share Screen Record Reactions Leave

View

	ANGEL SHARMA ANGEL SHARMA			
		VKKM NSS Unit... VKKM NSS Unit Trisha Poojari	Aarti Walmiki Aarti Walmiki	
Arti Prajapati Arti Prajapati				
Lala NSS Chetan... Lala NSS Chetan Patankar			Sukriti Upadhyaya Sukriti Upadhyaya	
Sumit Sadadekar Sumit Sadadekar	Farheen SHAIKH Farheen SHAIKH			Shaikh Nisha Shaikh Nisha

Unmute Start Video Participants 133 Chat 4 Share Screen Record Reactions Leave



Self Defense 2.0 Sessions

Date: 21st to 25th February, 2022

Objectives:

- a) To raise awareness on safety and defense
- b) To teach methods that would help one in a situation of panic
- c) To understand the importance and need to practice self defense in today's time

Class/Specialization: Students and members of WDC committee

Duration: 1 hour (11am to 12pm)

Host: Dhrumi Shah & Sakshi Naik

Number of students: 12

REPORT-

Women Development Cell unit of **Usha Pravin Gandhi College** organized sessions on self defense from 21st to 25th February, 2022. The event was hosted by **Dhrumi Shah and Sakshi Naik**. Online

sessions were conducted from 21st to 24th and on the last day, 25th we committee members gathered together to test our skills in live practice. During these sessions, previous recorded meetings in guidance of Mr. Sushil Anil Pandey were referred.

DAY 1:

Day 1 of workshop was held online. In the recording, Mr. Sushil demonstrated some basic punches and how to land them correctly on the opponent's body. Collar capsule defense techniques with his assistant, Sejal were also demonstrated. We paid attention online and followed their steps.

DAY 2:

Day 2 was conducted online as well. The clip showed defense in a scenario where someone attempts to strike. It was a comprehensive 17 step block structure that everyone could use to deal with any issue. Techniques related to Taekwondo were also explained and brought to practice.





Mithibai College, 400049, Navpada, Suvarna Nagar, Vile Parle West, Mumbai, Maharashtra 400047, India

Latitude
19.10339°

Local 11:50:04 AM
GMT 06:20:04 AM

Longitude
72.8370682°

Altitude -59.4 meters
Monday, 21-02-2022



Gulmohar Road, Vile Parle West, Mumbai, 400056, MH, India

Latitude
19.103383 N

Local 12:10:11 PM
GMT 06:40:11 AM

Longitude
72.836764 E

Altitude 10.77 meters
Tuesday, 02/22/2022



Gulmohar Road, Vile Parle West, Mumbai, 400056, MH, India

Latitude
19.102909 N

Local 12:09:21 PM
GMT 06:39:21 AM

Longitude
72.836882 E

Altitude 10.18 meters
Tuesday, 02/22/2022

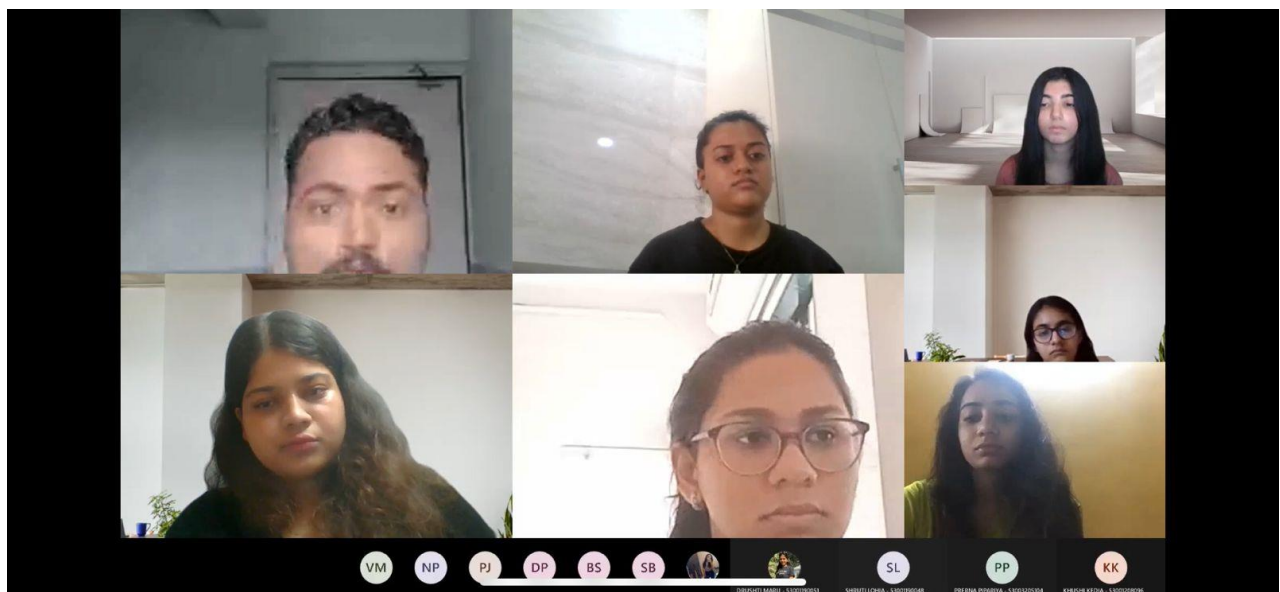
DAY 3:

Day 3 was held online. The lecture was started by instructing us on various weak points in our bodies. Participants were made to do everything on themselves, from the head, hair, eyes, nose, lips and ears to the fingers, shoulder, and solar plexus, to see what impact it had. Groin and solar plexus kicks were demonstrated by him to the students.



DAY 4:

Day 4 was online as well. Variety of techniques were shown for defending oneself against an enemy who attempted to grab one's throat. Mr. Sushil insisted that turning the opponent's finger is the simplest most powerful way to get out of any situation in a competitively convenient way.



DAY 5:

Day 5 was attending at the college campus. In this session, different knife positions as well as the proper way to handle a knife in self defense were portrayed. When facing an opponent, he kept repeating hitting joint to joint when blocking. Later, brief talk about how important it is to practice exercises on a daily basis in order to be faster at responding. Later, the session was ended and Dhrumi Shah, Sakshi Naik helped resolving all the doubts that the other participants had related to the situations possibly created in danger. They ended it by highlighting the most important points of the entire workshop.



Academic Year : 2022-2023

Event report on event ‘You, Me Aur Hum’ for YCP. Date: 25th August, 2022

Duration: 3:00 to 4:00 pm.

Objective: To sensitize students about the importance of gender equality and introduction to akshara foundation.

Class / specialization: All participants and members of ICC. Host:

Report:

Akshara foundation in collaboration with ICC unit of Usha Pravin Gandhi College organized, an orientation event ‘You, Me Aur Hum’ on 25th August, 2022 from 3:00 to 4:00 p.m. on Zoom. Before the commencement of the event, a meditation exercise was conducted in order to relax ourselves for better attention and understanding. The event began with the introduction by Ms. Kajal, about the Akshara Foundation and about their ‘Youth For Change’ Program which aims at sensitizing students about gender equality. This was followed by Mr. Ranjeet introducing the

Abhivyakti group which would be associated with Akshara this year. Ankita from CYDA also introduced her organization to the attendees. Further, a quiz was conducted to test the knowledge and check the awareness of the students about the rights and duties. The event was made more interesting and interactive as volunteers shared their past experiences with Akshara foundation.

Towards the end a link was shared with the students to register for the youth for change program.

AAINA

Event report on event 'Aaina'

Date: 20th August, 2022

Duration: 11:30 a.m. to 1:00 p.m.

Objective: To promote the concept of self love and self acceptance.

Class / specialization: All participants and members of ICC.

Report:

ICC unit of Usha Pravin Gandhi College organized, an event 'Aaina' on 20th August, 2022 from 11:30 a.m. to 1:00 p.m. The event was organized on the occasion of World Photography Day. The aim of the event was to bring in body positivity and challenge stereotypical "beauty standards".

We had a photo shoot of all the members of the committee and anyone who participated with the hashtag #nofilter. Everyone in college was asked to dress up in a style that expresses their authentic self, making sure to love their flaws without makeup.

ATTENDEES

Khushi Kedia

Roshni Sanghani

Ruzell Moos

Sidhhi Jain Priyal

Mehta Devanshi

Savla Rachel

Babbar

Rajkumari Purohit

Piyush Advani

Juhi Jha



FREEDOM FOR GIRLS

Event report on event 'Freedom for girls'

Date: 23rd August, 2022

Duration: 12:30 p.m. to 1:30 p.m.

Objective: To create awareness about women's health and hygiene.

Class / specialization: All participants and members of ICC.

Report:

Rotary club of Bombay juhu beach in collaboration with ICC and IQAC unit of Usha Pravin Gandhi College organized, an event 'Freedom For Girls' 'on 23rd August, 2022 from 12:30 p.m. to 1:30 p.m.

This had been an informative session that covered topics such as-

- 1) Changing trends in Menstrual Hygiene.
- 2) Skin: A mirror of PCOS.
- 3) Lifestyle diseases and S2S.

The event started with the introduction and welcome of the speakers Dr. Suman Bijlani, Dr. Gulrez Tyebkhan, Dr. Mona Shah by Prof. Madhuvanti Date. It was followed by ICC UPG incharge teacher Mrs. Smruti felicitating the guest with Tulsi plants. The session included our honourable guests speaking about the above mentioned topics. It was followed by a question and answer round. The speakers also got menstrual cups for the attendees. Anybody who wanted to try it could get themselves registered and buy it from them. The session ended with vote of thanks by Dr. Neelam Naik.

ATTENDEES

Khushi Kedia

Roshni Sanghani

Ruzell Moos De-
vanshi Savla Raj-

kumari Purohit

Juhi Jha

Priyal Mehta

UPG

ICC & IQAC in collaboration
with Rotary Club of Bombay
Juhu Beach presents

Rotary
Club of
Bombay Juhu Beach
Dist.3141 ID#58531

Freedom For Girls
A seminar on Women's Health and Hygiene

🕒 12:30 PM-1:30 PM
📅 23rd August, 2022
📍 Room 5, 3rd Floor, UPG College

Speakers-
Dr. Suman Bijlani
Dr. Gulrez Tyebkhan
Dr. Mona Shah







YCP ORIENTATION

Event report on event 'You, Me Aur Hum' for YCP. Date:

25th August, 2022

Duration: 3:00 to 4:00 pm.

Objective: To sensitize students about the importance of gender equality and introduction to Akshara foundation.

Class / specialization: All participants and members of ICC. Host:

Number of students:

Male:

Female:

Report:

Akshara foundation in collaboration with ICC unit of Usha Pravin Gandhi College organized, an orientation event 'You, Me Aur Hum' on 25th August, 2022 from 3:00 to 4:00 p.m. on Zoom.

Before the commencement of the event, a meditation exercise was conducted in order to relax ourselves for better attention and understanding.

The event began with the introduction by Ms. Kajal, about the Akshara Foundation and about their 'Youth For Change' Program which aims at sensitizing students about gender equality. This was followed by Mr. Ranjeet introducing the Abhivyakti group which would be associated with Akshara this year. Ankita from CYDA also introduced her organization to the attendees. Further, a quiz was conducted to test the knowledge and check the awareness of the students about the rights and duties.

The event was made more interesting and interactive as volunteers shared their past experiences with Akshara foundation.

Towards the end a link was shared with the students to register for the youth for change program.

ATTENDEES

Khushi Kedia

Roshni Sanghani

Ruzell Moos Priyal

Mehta Devanshi

Savla Rachel Bab-

bar Rajkumari Pu-

rohit Juhi Jha

3:56 PM | 18.5KB/s | 64%

REC

Youth for Change Program - 2022-23

2 Interactive workshops
online or offline as required


Social campaigns
online or offline as required

2 Social Action Project
online or offline as required

CYDA - Ankita Sutar's screen

4:20 PM | 52.4KB/s | 57%

REC



Neelam Naik



Akshara Centre - Kajal



Siddhika Tandel



Sanjay Savale

SELF DEFENCE WORKSHOP

Event report on event 'Self Defence'

Date: 12th September, 2022 - 17th September, 2022

Duration: 11:30 p.m. to 1:00 p.m.

Objective: To teach women self defense

Class / specialization: All participants and members of ICC.

Host: ICC UPG

Number of students: 60

Report:

A 6-day self defense workshop was conducted by The internal Complaint Cell. The Secretary of ICC welcomed and introduced Mr. Sushil Anil Pandey, the workshop's mentor, also the founder of Kalari Sports Academy, on behalf of all the students.

The self defence workshop began with a light warm-up and stretching to ensure that everyone was physically prepared for the training ahead. Mr. Sushil demonstrated us some basic punches and how to land them correctly on the opponent's body. The trainer gave us a brief talk about how important it is to practise these exercises on a daily basis in order to be faster at responding. The methods had to be practised by all of the participants. Mr. Sushil instructed others on how to perform the techniques in the proper manner. Advanced self defense techniques were taught on the following days. The trainer then demonstrated some tactics for avoiding a scenario where someone attempts to strike them. He showed a variety of techniques for defending oneself against an enemy who attempted to grab one's throat. Mr. Sushil insisted that turning the opponent's finger is the simplest and most powerful way to get out of any situation. Mr. Sushil and his team also demonstrated extremely useful self defence techniques against rape. The crowd was actively asking questions and were grateful for this lifetime learning. The workshop took place in presence of our incharge teachers Dr. Neelam Naik and Prof. Madhuvanti Date. The session ended with vote of thanks by Khushi Kedia, Secretary of ICC.



V/S Mitthibai
ge of ...



GPS Map Camera

Mumbai, Maharashtra, India
UPG College , Vile Parle West, Navyug Society, Navpada,
Suvarna Nagar, Vile Parle West, Mumbai, Maharashtra 400056,
India
Lat 19.103137°
Long 72.836882°
17/09/22 11:49 AM GMT +05:30

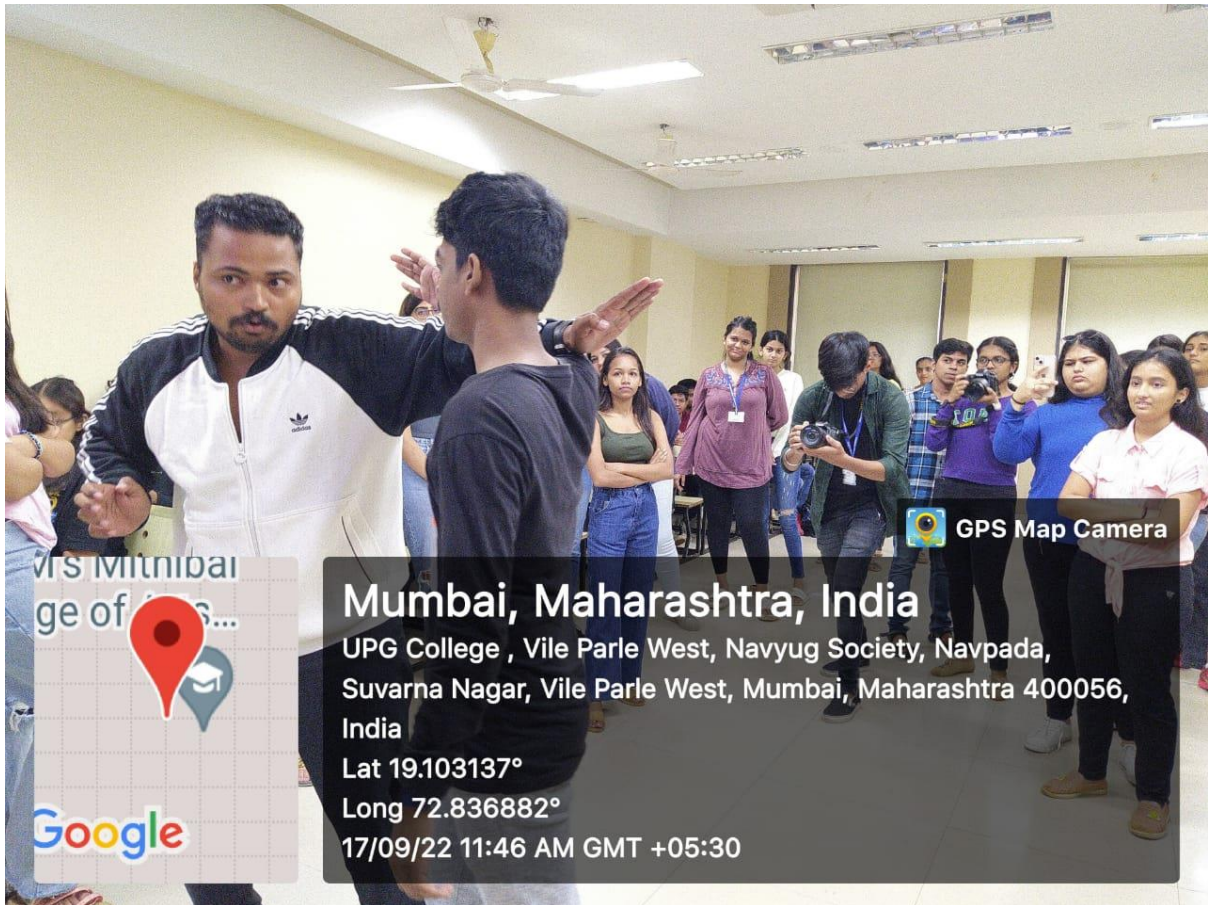


V/S Mitthibai
ge of ...



GPS Map Camera

Mumbai, Maharashtra, India
UPG College , Vile Parle West, Navyug Society, Navpada,
Suvarna Nagar, Vile Parle West, Mumbai, Maharashtra 400056,
India
Lat 19.103137°
Long 72.836882°
17/09/22 11:46 AM GMT +05:30



Walkathon

Place: SVKM'S USHA PRAVIN GANDHI COLLEGE OF ARTS SCIENCE AND COMMERCE, Vile Parle(w)

Date of event: 8th March, 2023

No. of students : 100

Time:- 7:30 am to 9:30 am

The sports committee of Usha Pravin Gandhi college in Collaboration with Women's development cell organised a Walkathon on 8th March. On the occasion of Women's Day the Walkathon was inaugurated by leaving the balloons in the air by all the women of the college. There were around 100 people walking with flyers and posters on women development. The event was more graceful with the presence of the chief guests who were invited. It was a 5km walk starting from our college via Juhu beach back to our college. The whole event revolved around spreading awareness about women empowerment.

The event was carried out with the support of Vipula foundation Founded in 1988 by the late Mrs. Vipula Kadri, over the last 34 years Vipula Foundation has relentlessly worked towards the enrichment of the lives of underprivileged children and women. In the last 10 years, Vipula Foundation has reached out to over 4,40,000 beneficiaries in the areas of Early Childhood Care, Education, Inclusion, Women Empowerment through Anti-Human Trafficking and skilling initiatives.





Certificates



List of participants

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RUSHIL BHIMANI	53003220091	rushilpatel805@gmail.com	7709587987	FY	BSC IT
Bipin Tiwari	53003210099	bipintiwari71908@gmail.com	8356993602	SY	BSC IT
Dhyey Mehta	53003210042	mehtadhyey4@gmail.com		SY	BSC IT

Academic Year : 2023-2024

CARE FOR HER

ICC-WDC of Usha Pravin Gandhi College in collaboration with Viral Fission organized an event “CARE FOR HER” on 3rd August, 2023 from 11:00am to 2:45pm. Carmesi Representatives were called for, and the setup was made on the 3rd floor Foyer. Games were played and in turn, sample products and a tote bag were given. The event was participated by many, including the faculty and the staff of the college. This event was successfully conducted with the aim of raising awareness about menstrual hygiene, DE stigmatizing menstruation and provide products to the college students. It created an open environment that encouraged discussions about menstruation and reduced stigma around it. It also ensured that the event is exclusive and accessible to all genders, emphasizing the menstrual education for all.





SELF DEFENCE WORKSHOP

A self-defense workshop was conducted by ICC-Women Development Cell of UPG College on 27th September to 3rd October 2023 from 9:30am-11:15am. The Secretary of ICC-WDC welcomed and introduced Mr. Sushil Anil Pandey, the workshop's mentor, also the founder of Kalari Sports Academy, on behalf of all the students. The self-defense workshop began with a light warm-up to ensure that everyone was physically prepared for the training ahead. Mr. Sushil demonstrated us some basic punches and how to land them correctly on the opponent's body. The trainer gave us a brief talk about how important it is to practice these exercises on a daily basis in order to be faster at responding. The methods had to be practiced by all of the participants. Then the instructor showed us various techniques with our body parts that we could use for our defense. Mr. Sushil instructed others on how to perform the techniques in the proper manner. The trainer then demonstrated some tactics for avoiding a scenario where someone attempts to strike them. He showed a variety of techniques for defending oneself against an enemy who attempted to grab one's throat. Mr. Sushil insisted that turning the opponent's finger is the simplest and most powerful way to get out of any situation. Mr. Sushil and his team also demonstrated extremely useful self-defense techniques against rape. The crowd was actively asking questions and were grateful for this lifetime learning. The workshop took place

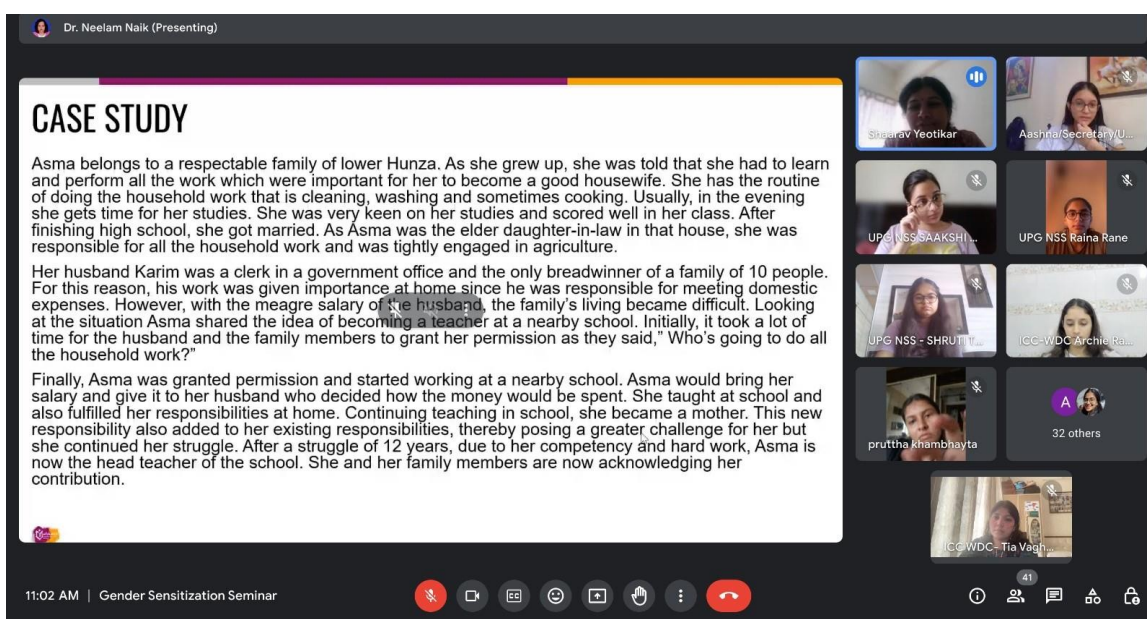
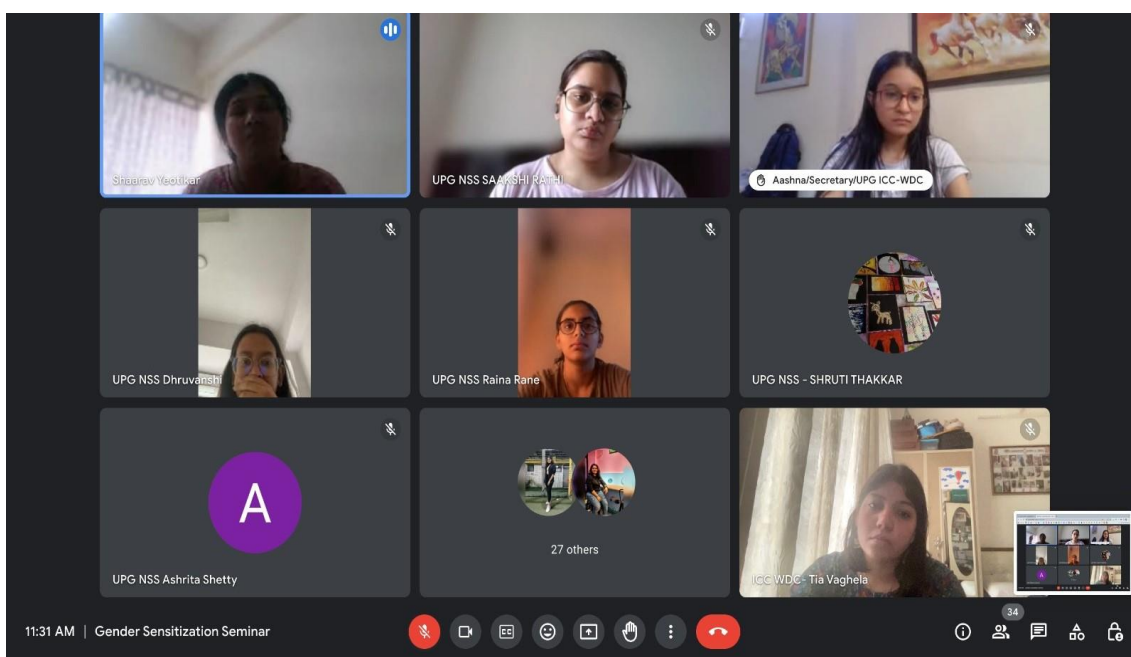
in presence of our in-charge teachers Dr. Neelam Naik and Prof. Madhuvanti Date. The session ended with vote of thanks by Aashna Shaikh, Secretary of ICC-WDC.





Gender Sensitization

ICC-Women Development Cell of Usha Pravin Gandhi College in collaboration with UPG NSS conducted Gender Sensitization on 28th September 2023 from 10am to 11am. The aim was to make members understand what gender sensitization is and what measures can be taken to bring change. It was an online event with the presence of Ms. Shirisha Yeotikar, Program coordinator at Akshara Centre. College faculties were also present. The guest speaker was introduced by Aashna Shaikh, Secretary of ICC-WDC. The session started off with engaging discussions on gender equality, and followed by case studies and interactive Q&A segment. Parthvi Mody, Joint Secretary of UPG NSS proposed a vote of thanks to the speaker and the team involved. This event fostered empowerment through knowledge.



Women Health - Gynecologist Session

ICC-Women Development Cell of Usha Pravin Gandhi College organized a gynecologist session on 3rd October 2023, to learn about women's health. The session was conducted by Dr. Shweta Shah, a consultant gynecologist and a Laparoscopic surgeon, founder and director of Tvameva clinic. The session highlighted topics that needs to be addressed, such as Irregular periods, HPV Vaccines and overall menstrual hygiene. The session was started off by introduction of the speaker by Aashna Shaikh, the Secretary of ICC-WDC. Then the session was taken over by DR. Shweta. The session was quite insightful as the speaker shared in her personal and professional experiences to help us understand concepts much better. The session ended with a questionnaire round by the students.



Our Live Our Rights

Members of ICC-WDC attended the event hosted by Akshara on 2nd December, 2023 from 1.00pm to 4.30pm. The event started with a basic idea of what Akshara does and what it strives for. We discussed gender equality and our basic fundamentals rights. Followed by dividing everyone in 4 groups and every has been assigned a case which they have to enact and create a chart on the given matrix which is the three questions given based on the case.

Group 1 was assigned a case where a boy was forced to pursue BBA by his father because they had to pay dowry for his sister's wedding and he needed to earn lots of money but he was interested in photography. This leads to many arguments and fights in family and in the end the boy ended up giving up his life.

Group 2 was assigned a case where an 18-year-old Sikh girl fell in love with a 29-year-old Muslim man which was not accepted by both the family. The girl decided to convert into Muslim and then married the love of her life this leads to the Sikh community naming their love as a 'love jihad' which later on goes to the court , leads to conflict between both communities.

Group 3 was assigned the case where a lady on the bus was fighting for the reservation of the ladies seat, what happened was a man who was very tired sat on the ladies seat so the lady next to him pointed out that it was a ladies reservation seat and he was not allowed to sit there but the man kept on saying please let me sit and the lady said no can't as it is reserved for ladies only.

Group 4 was assigned with a case where a boy who was good in studies but came from a poor background needed to earn money to opt for a higher study. So, he worked at the departmental store but the manager there made him work overtime without any overtime pay. And when he complained that he won't be working extra as he is a student and he needed to study but the manager didn't listen to him and talked with him in a very harsh manner.

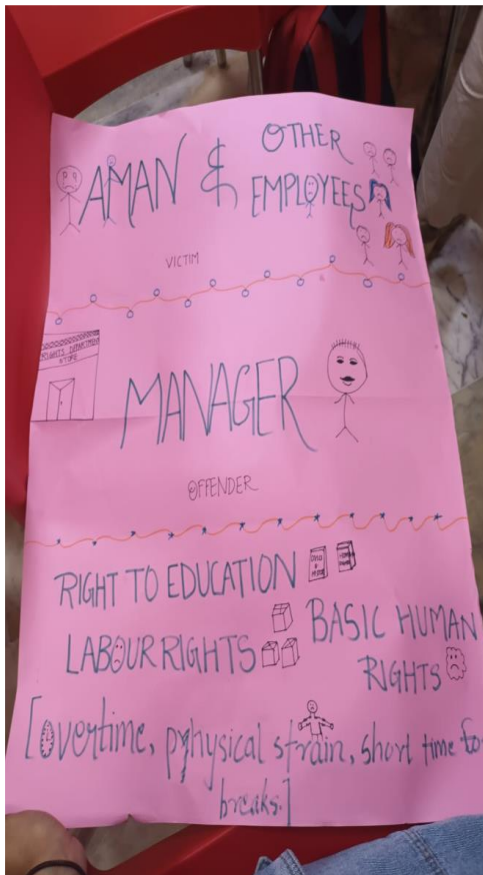
So as every group enacted their case, we discussed the rights violated in each case, who was the offender and who was the victim. We got to know different rights and the reasons behind it and then winded off by addressing every rights.



GPS Map Camera



Mumbai, Maharashtra, India
D.A.V. College, C.G.S. Colony, Kanjurmarg East, Mumbai, Maharashtra 400042,
India
Lat 19.138847°
Long 72.935678°
02/12/23 04:03 PM GMT +05:30



Mumbai, Maharashtra, India
D.A.V.College Bhandup, C.G.S. Colony, Kanjurmarg East, Mumbai, Maharashtra
400042, India
Lat 19.138794°
Long 72.935897°
02/12/23 01:56 PM GMT +05:30

The World's Largest Women-Only Gen.AI Challenge

Event report on event "The World's Largest Women-Only Gen.AI Challenge"

Date: 21st September, 2024

Class / specialization: Members of ICC WDC

Report:

On 21st September 2024, ICC-Women Development Cell (WDC) of Usha Pravin Gandhi College, in collaboration with GUVI, AICTE, Google, and HCLTech, successfully organized the SAWIT AI event. Conducted online, the event aimed to upskill 5,00,000 Indian women in Generative AI and Python. The program aligned with NEP 2020 and focused on enhancing employability and bridging the gender gap in technology. Female students and faculty members participated, gaining valuable AI skills and contributing to India's technological advancement.



Attention Girls!!!

Get Ready to Shine with the Latest GenAI Skills!

Participate in

World's Largest Women-Only GenAI Learning Challenge

21st September 2024

What's included to empower you?

- Learnathon & Hackathon Challenge
- Free Access to Python & AI courses
- Google Cloud Skills Boost Credits
- Prestigious Co-branded Certifications

& Much More

It's all for FREE!!!

Scan to know more & register!



Registration Deadline: 18th September 2024

Women Health-Gynecologist Session

Event report on event Women Health - Gynecologist Session

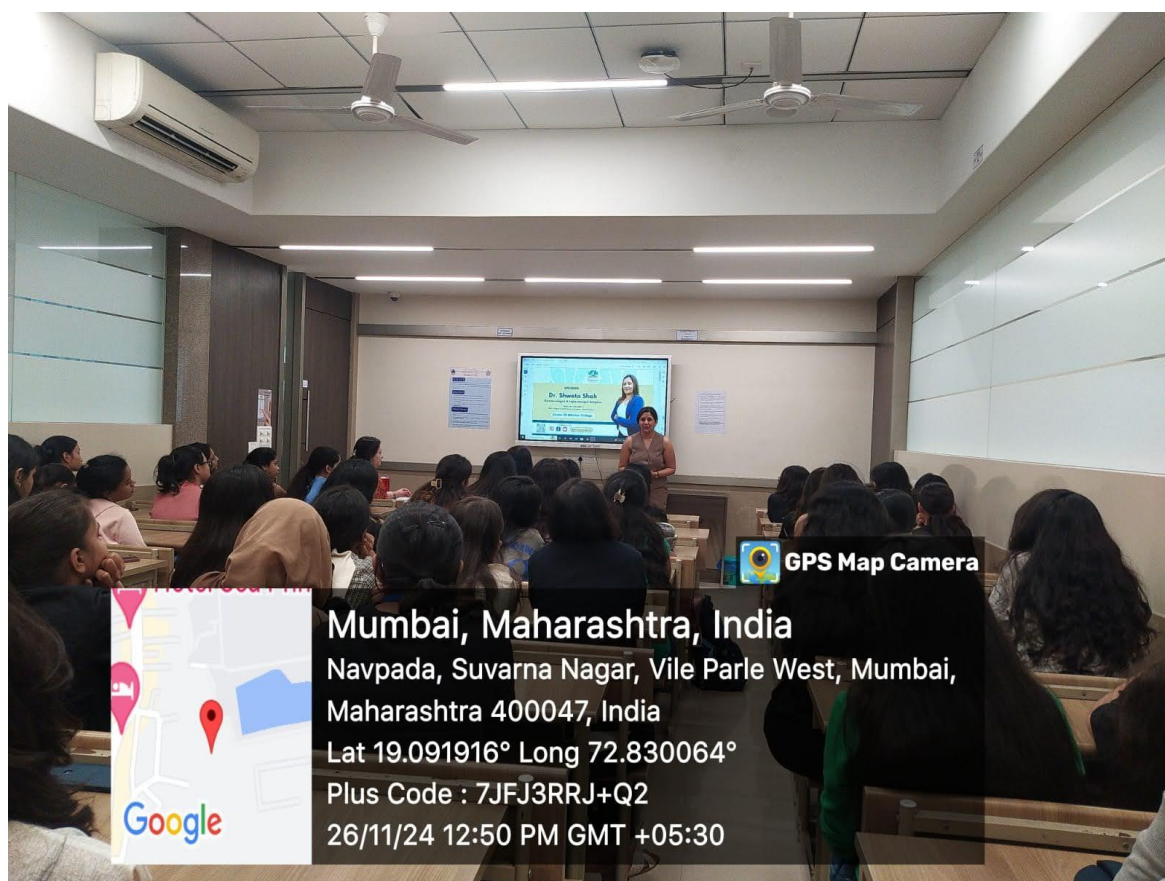
Date: 26th November, 2024

Duration: 12:00pm – 1:30pm

Host: ICC-WDC

Report

The ICC-Women Development Cell (WDC) of SVKM's Usha Pravin Gandhi College organized a seminar on Women's Wellness and Pelvic Health on November 26, 2024, in the UPG Classroom. Led by Dr. Shweta Shah (MBBS, MS, DNB OBGY), the session focused on promoting a holistic approach to women's health and addressing the importance of pelvic care. Dr. Shah shared expert insights on essential health topics, debunked common myths, and encouraged participants to take charge of their well-being. The seminar included an engaging Q&A session where attendees clarified doubts and gained actionable advice. Participants appreciated the relevance of the topics and expressed interest in more such initiatives. The event successfully created awareness and empowered individuals to prioritize their health.





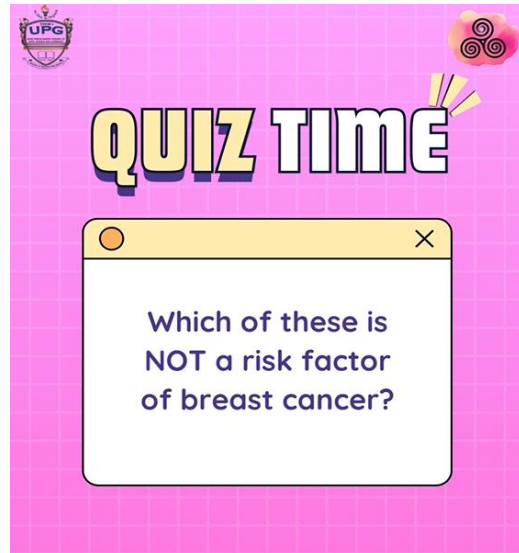
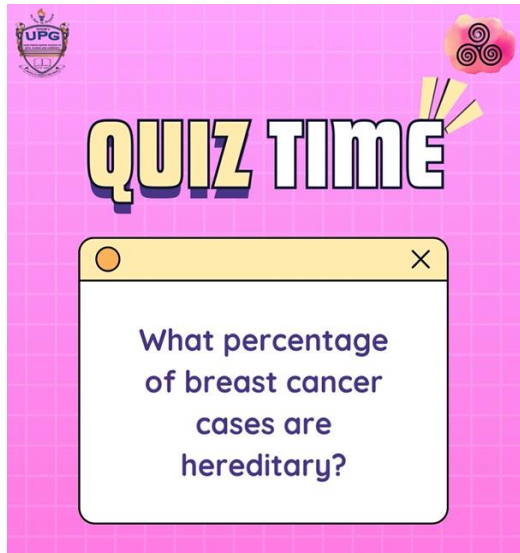
Social Media Event – Breast Cancer Awareness Campaign

Event report on event “Breast Cancer Awareness Campaign”

Platform: Instagram Stories

Report:

The Women Development Cell (WDC) conducted a social media event to raise awareness about breast cancer. The event utilized Instagram stories to engage followers through interactive question-and-answer polls. The primary goal was to educate and inform the audience about breast cancer, emphasizing the importance of early detection and awareness. Each story featured a question poll with four options on topics like symptoms, risks, and prevention. The next story provided the correct answer with a brief explanation to educate and engage followers effectively. The social media event successfully utilized Instagram as a platform to promote breast cancer awareness, combining education with interaction. The initiative underscored the importance of digital outreach in health campaigns, leaving a lasting impact on its audience.



Personality Development Session

Event report on event “**Personality Development Session**”

Date: 12th December, 2024

Duration: 11:30pm – 12.30pm

Host: ICC-WDC

Report

The Women Development Cell (WDC), in collaboration with P&G (Whisper India, Gillette Venus, and Gillette Mach3), organized two impactful sessions focusing on essential skills for students. The session for females, sponsored by Whisper India and Gillette Venus, highlighted women's hygiene, soft skills, and personality development. Meanwhile, the session for males, sponsored by Gillette Mach3, covered interview preparation, mental health, grooming, and professional personality development. Participants received curated goodie bags, certificates of participation, and access to seminars, enhancing their learning experience. The event also connected students to potential internship and placement opportunities through P&G's network, empowering them with practical knowledge and resources for both personal and professional growth. This initiative was a valuable step in fostering holistic development among students.



Self Defense Workshop

Event report on event 'Self Defense'

Date: 30th January, 2025 – 1st February, 2025

Duration: 2:00pm – 4:00pm

Objective: To teach women self-defense

Class/specialization: All participants and members of ICC.

Host: ICC-WDC

Number of students: 50

Report:

A self-defense workshop was conducted by the ICC-Women Development Cell of UPG College. The self-defense workshop began with a light warm-up to ensure everyone was physically prepared for the training. Mr. Ram Bahadur Singh demonstrated some basic punches and how to correctly land them on the opponent's body. The trainer gave us a brief talk about how important it is to practice these exercises daily in order to be faster at responding. The methods had to be practiced by all of the participants. Then the instructor showed us various techniques with our body parts that we could use for our defense. Mr. Sushil instructed others on how to perform the techniques adequately. The trainer then demonstrated some tactics for avoiding a scenario where someone attempts to strike them. He showed a variety of techniques for defending oneself against an enemy who attempted to grab one's throat. Mr. Rambahadur Singh insisted that turning the opponent's finger is the simplest and most powerful way to get out of any situation. The workshop took place in the presence of our in-charge teachers Dr. Neelam Naik and Prof. Madhuvanti Date.





Department of Lifelong Learning & Extension, University of Mumbai (DLLE)

The Department of lifelong learning and extension (DLLE) of Usha Pravin Gandhi College of Arts, Commerce and Science has been vouching for women's rights, awareness and gender equality through various activities and workshops conducted across the academic year.

Gender Sensitization Activities

Social media activity for Girl Child Day

DATE: 24th January 2022.

PLATFORM: Instagram

LEARNING OBJECTIVE:

1. Our aim was to support girls, save and respect girl child as she is future of our family and also of our society.
2. Creating an awareness about stop discriminating between girls and boys.

NUMBER OF STUDENTS PARTICIPATED IN THE EVENT: 10

NUMBER OF BOYS: 5

NUMBER OF GIRLS: 5

DLLE MEMBERS: 10

REPORT:

24 January is celebrated as ‘**Girl Child Day**’ and our aim was to support girls, save and respect girl child, as she is the future of our family and society. We made a point about #breakingthebarriers posts on our Instagram page and creating an awareness about stop discriminating between girls and boys, “**She makes the world bright but still struggles to see the light**”.

Save girls, educate girls, support girls. A girl child brings joy, she is no less than a boy.





WIN FOR THE WOMEN

Date: 25 November 2021

Learning Objective : -

- To know about Facts and figures of violence against Women
- To know about various laws which are there in India to protect women and their interests

No. Students attended program: 50 participants

No. of girls: 36 Girls

No. of boys: 14 Boys

DLLE members: 50 Members

Duration of the program: 1 Hour 15 Minutes

Report:

The event was organized on 25th of November 2021 on account of International Day of Violence against women. It was an open mic where people from various backgrounds were given an opportunity to express views and thoughts on the above mentioned topic. Participants expressed their views and thoughts through various forms including poem, stories, song, speech etc.



Sports Committee

The Sports Committee of Usha Pravin Gandhi College of Arts, Commerce and Science have worked towards achieving gender equality in all sports activities offered by the college.

ANGELINA SEQUEIRA represented India in the Football South Asia cup Special Olympic Dhaka Bangladesh 2024



Angelina Represented all India university in Football 2024



Angelina Got 1st Place In West Zone Inter University Football (Women)Tournament At Kota 2024



Angelina Secure 3rd Place In Intercollege 200mtr Athletic Cometition
(University Of Mumbai)



Nidhi Chauhan Got 2nd Place In Mumbai University Interzonal Table Tennis Tournament



Team UPG got 2nd place in Mumbai university inter college

- 1) Nidhi Chauhan
- 2) Prachi Dangerwala
- 3) Raaina Bidawatka



Manya Avlani Got Selected For Association Of Indian University West Zone
Badminton (W)



Manya Got 3rd Place At Mumbai University Inter College Table Tennis Tournament 2024



Praggya Shriwastva Got 2nd Place In Mumbai University Interzonal Chess Tournament



UPG College winners in Mumbai University Interzonal Chess Tournament, 2024



ANNUAL SPORTS MEET 2024-25

The Sports Day of 2025 was celebrated over two different sets of events, showcasing athleticism, sportsmanship, and teamwork. Both events were marked with enthusiasm, competitive spirit, and a strong sense of community engagement.

Sports Day on 13th and 15th January, 2025:

The event commenced with a ribbon-cutting ceremony by Vice Principal Mrs. Smriti Nanavati. Various competitive sports, such as chess, carrom doubles, and table tennis, saw participants demonstrating their skills and teamwork.

Sports Day on 21st and 22nd January, 2025:

This two-day event was kicked off with a grand opening ceremony led by the chief guest, **Dr. Jayant Gandhi**, who lit the ceremonial diyas. His inspiring speech focused on the importance of sports for both physical and mental well-being, setting a motivational tone. Additionally, a "Teachers' Walk" race added a touch of fun to the proceedings, engaging the entire school community.

Table Tennis: Exciting singles and doubles matches captivated the audience.



Chess and Doubles Carrom: Teams displayed precision and coordination.



21st & 22nd January Events:
100m and 200m Sprints: Students showed their speed and determination.



Relay Race: Teams collaborated for the fastest combined times.



Football & Cricket: Skill, strategy, and teamwork were on full display in both sports.



Shotput: Strength and precision were highlighted in this event



Cricket team girls with 6 teams and boys with 18 teams



Boys Cricket



Teaching and Non teaching Throwball Women
Teamwork and coordination brought out the competitive spirit.



Tug of War



TEAM SPORTS COMMITTEE 2024-25



NSS – National Service Scheme

National Service Scheme of Usha Pravin Gandhi College of Arts, Commerce and Science is where you derive satisfaction out of social work. Hence the tag line- NSS: ‘Not Me but You’. National Service Scheme has conducted many awareness programs and workshops throughout the year. Some of the major ones are as follows-

Gender Sensitization Activities

Academic Year 2022-2023

Activity Name: Anti Dowry Rally (University Activity) Date: 26th November, 2022

Time: 08:00 AM – 10:00 AM

Number of Male Volunteers: 7 Number of Female Volunteers: 7 Number of Total Volunteers: 14

The NSS unit of UPG college participated in anti-dowry rally organised by the university activity. The event started at 8:00 AM and ended at 10:00 AM. The rally started from vile parle (East) and it ended to the vile parle (East) itself, at Sathaya college. The rally also had march past included. The members had hoarding with the message “say no to dowry”, “dowry is a crime” and many more for the awareness among people. After rally in the Sathaya College the head of NSS department give a speech on the anti-dowry to enlighten

the youth on this important topic. How the Decory is affected people, it's harmful impact on society. Measures that should be taken to prohibit dowry. Some information on the government act on dowry so that we should fight for legally also. It was also an occasion of Constitution Day so along with the pledge on anti-dowry, we also played for the constitution as responsible citizens of our country. In the end the snakes were provided to the participation of the event overall it was an amazing and awarenesscreating program. The activity ended successfully.





Cultural Committee

The Cultural Committee of Usha Pravin Gandhi College of Arts, Science and Commerce heads all the cultural events, encourages the students to go beyond the barriers and prove their worth and talent to the world. Our esteemed college has always bagged many achievements, and has proved itself in every field possible. The Cultural Committee does just that, pushing you across the cliff to help you fly and soar high.

The victorious moment of our Western Band team at the prestigious Youth Festival 2024-25, organized by Mumbai University. Competing against numerous talented bands from colleges across Mumbai, our team secured First Place in Zone 3 and went on to achieve Third Rank Overall in the finals. The performance was a perfect blend of rhythm, harmony, and stage presence, making it a memorable showcase of talent and teamwork.



This vibrant group represents our college's Folk Dance team at the Youth Festival 2024-25, where they beautifully performed Naati, a traditional folk dance of Himachal Pradesh. With synchronized movements, cultural costumes, and spirited energy, the team celebrated the rich heritage of Himachal on stage, captivating the audience with their authenticity and grace.



Dressed in traditional Galo attire, this talented team mesmerized the audience with their graceful and culturally rich performance of the Galo folk dance from Arunachal Pradesh at the Youth Festival 2023-24. Their vibrant energy, synchronized movements, and captivating stage presence earned them a Consolation Prize in finals, and they proudly represented the college in the Finals, delivering a truly heartwarming and unforgettable performance.



Women Participation in Research

Students of FYIT, SYIT and MSC IT Part II participated and showcase their projects under the guidance of Dr Manisha Divate, in 19th Avishkar Research Convention for the zonal round at KES shroff College at Kandivali -East.

SYIT and MSC IT Part II groups got selected for the Inter-Zonal round which was held at VESIT at Chembur held on 19th Dec 2024. Among this one group of MSC IT Part II students (Hindi Grammar Checker) won the Second Rank at Final Zonal Round.

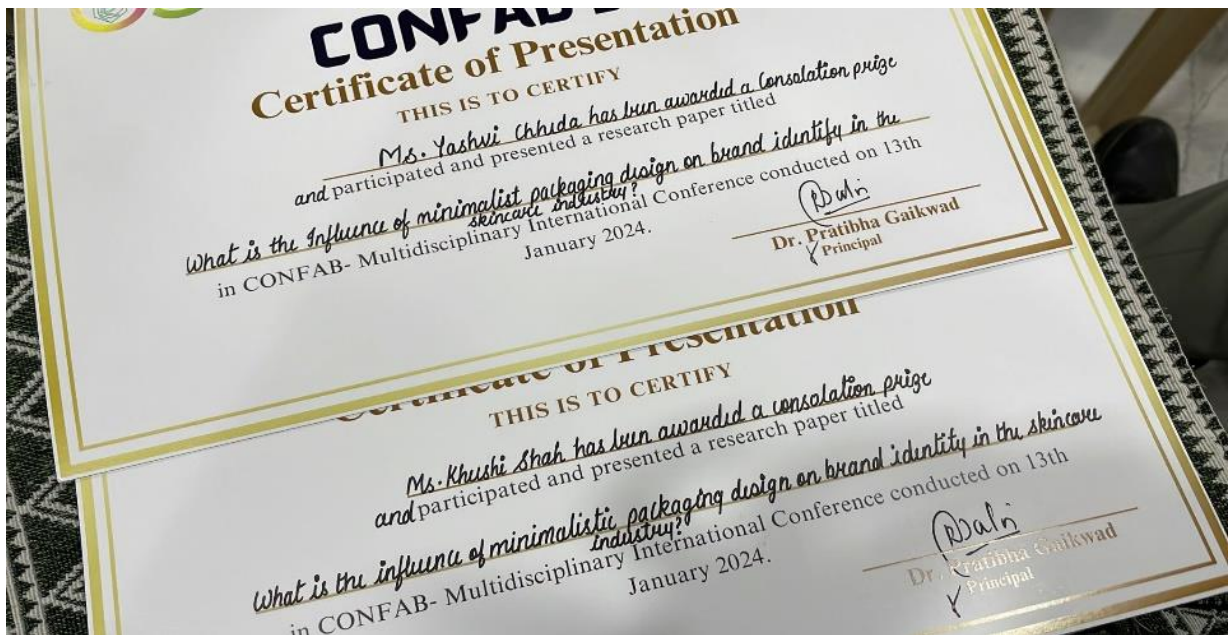




Yashvi Chheda and Khushi Shah from BAMMC presented research was titled 'What is the influence of minimalist packaging design on brand identity in the skincare industry?' (13th January, 2024) at ConFab '24 - a Multidisciplinary International Conference organised by Patkar-Varde College of Arts, Science, Commerce & Economics. They won a consolation prize.

The following students are participating in the CONFAB'25 hosted by Patkar Varde College on Saturday, 11th January, 2025.

- Kanika Vazirani- 53001220001 TYA
- Krishna Khandhadia- 53001220054 TYA
- Kashish Gulati- 53001220056 TYA
- Niyati Doshi- 53001220018 TYB
- Kashvi Parikh - 53001220014 TYB





Dr. Geeta Sharma has guided 17 students and trained them to present their research project at Interdisciplinary Student Research Colloquium held on 24th September, 2022.



Student Name	Topic
Khushi Anand Bhuta	The Counterfeit Fashion Industry of Mumbai
Sana Bhandari & Aditi Ajay Jhunjhunwala	India's Love for Pakistani Drama
Tanya Rohan Borkar & Lisha Anahita Noronha	Consumer Awareness and Buying Behaviour Towards Sustainable Fashion
Saachi Manoj Shriyan & Vama Sandeep Gosrani	McDonald's vs Jumboking: A Detailed Analysis on the more Efficient Food Chain

Kashvi Sanghvi & Vidhi Mehta	Study on Packaging of Cosmetic Products for Consumers
Sharmeen Nasir Zariwala & Yashvi Nimesh Dani	How Colour Psychology in Food Packaging Affects Consumers Purchasing and Behavioral Patterns
Nayanika Chandraprakash Dwivedi & Khushi Niraj Kedia	Portrayal of LGBTQ+ Community in Hindi Cinema
Diti Palan & Rutu Mayur Dedhiya	Study on Impact of Mobile Gaming on The Mental Health of Youth
Pratham Jinesh Shah & Deepank Kumar Soni	Influence of Korean Culture on Gen-Z

National Level Intercollegiate Research Colloquium

IQAC IN ASSOCIATION WITH DEPARTMENT OF BAMMC
organizes a national level intercollegiate research colloquium for students on

24th September, 2022
Venue: UPG College
Registration fee - ₹200 per student

"Tell me and I forget. Teach me and I remember. Involve me and I learn".

This colloquium offers an interdisciplinary forum for students to share knowledge, discuss ideas, exchange information on issues and topics that excite, engage and tense us. This platform will unite diverse researches and case studies from various disciplines. Let's meet and discuss our works, opinions, and ideas. The participants will get ample opportunities to widen their knowledge and network.

Mass Media Program at Usha Pravin Gandhi College of Arts, Science and Commerce focuses on the development of critical thinking, professional writing skills and effective oral communication. It majorly prepares students for a wide variety of careers in business and industry, advertising, public relations and journalism, or advanced study.

Research projects will be chaired by an expert panel. Certificate of presentation will be awarded

Organizing committee:
Ms. Rashmi Gahlot- Convener
Dr. Navita Kulkarni
Ms. Madhuvanti Date
Mr. Mayur Sarfare
Dr. Yatindra Ingle
Ms. Geeta Sharma

for queries, write to:
rashmi.gahlot@upgcm.ac.in





In total 4 students had participated in National Level Article organised by Academic Decipher and ST Pauls Institute of Communication education for women. It was conducted online.

Vidhi Mehta
Prachi Dangarwala
Ruchi Bheda
Kashish Rawal

In the year 2021-2022, 5 girl students had presented their research papers at National Level Online Intercollegiate Research Conference for students on Covid-19 Impact: Evolving Perspectives on Finance, Management, Information Technology, Media & Society on January 19, 2021. two students Gayle Dsouza and Nishka Shah won second prize.



Anti Ragging and Student's Grievance Redressal Cell

The Anti-Ragging and Student Grievance Redressal Cell serves as a vital link between students, faculty, and the college administration. It has been established with the objective of fostering a safe, inclusive, and healthy academic environment for all students of this esteemed institution. Usha Pravin Gandhi College is committed to proactively addressing concerns raised by students and recognizes that there may be occasions where individuals or groups seek clarification, express concerns about the behavior or decisions of others, or wish to offer constructive suggestions.

This committee is dedicated to ensuring that such matters are addressed promptly, transparently, and with due confidentiality. It provides a structured and sensitive mechanism to resolve grievances, promote dialogue, and maintain a respectful campus atmosphere.

The Grievance Redressal Cell specifically aims to resolve any issues students may encounter during their time at the college. Students are encouraged to report grievances, be it related to ragging, harassment, or general concerns, by submitting a formal grievance form. In addition, students may approach any senior faculty member for guidance and support.

To maintain anonymity and safeguard student identities, the college has also provided a suggestion box. In instances of harassment or other sensitive issues, students may submit their concerns without disclosing their names. The contents of the suggestion box are reviewed during the periodic "**Coffee with the Principal**" sessions, where the submitted concerns are discussed and addressed in a respectful and solution-oriented manner.

Maharashtra Prohibition of Ragging Act 1999 which is in effect from 15th May 1999 has the following provisions for Action against Ragging:

- Whosoever directly or indirectly commits, participates in, abets or propagates ragging within or outside any educational institution shall, on conviction, be punished with imprisonment for a term up to 2 years and / or penalty, which may extend to ten thousand rupees.
- Any student convicted of an offence of ragging shall be dismissed from the educational institution and such students shall not be admitted in any other educational institution for a period of five years from the date of order of such dismissal.
- If the head of the educational institution fails or neglects to act in the manner specified above when a complaint of ragging is made, such person shall be deemed to have abetted the offence and shall, on conviction, be punished.

The anti-ragging and Student's Grievances Redressal Cells details are displayed on the college's website.

https://upgcm.ac.in/Anti%20Ragging%20and%20Students%20Grievance%20Redressal%20cell/M_153

The College Grievance Redressal Cell is aimed to address any issues that the students face in college.

Dr. Swapnali Lotlikar
Mr. Shubhangi Nargund
Mrs. Rashmi Gahlowt
Dr. Rajesh Maurya

- **Safety of Students:**

CCTV is installed in the campus across classrooms, laboratories and library. Professional lady security guards are placed at college gates to ensure safety around the campus. Lady peons are always present at the girl's washrooms for every possible assistance to the students and staff.

- **Counselling of students:**

Counselling of students is essentially done whenever required by teachers and professional in-house counsellor and also the students can directly approach the counsellor if they need assistance via appointments on campus. A concept of Mentor mentee system has been introduced which aims at motivating students to approach them for help and supports of all kinds. Counsellors include Female Professionals so that girls can be assisted easily.

- **College Facilities & Hygiene Factor:**

The college provides adequate facilities to students and faculties including Clean and Hygienic Washrooms, Availability of Dustbins, Water, Sanitary Napkins vending machine. The Female Faculty accompanies NSS Students on various field visits.

KEY STEPS

In order to be unbiased and accurate, the Women's Development Cell got in touch with the faculty, Students, and ancillaries via the online medium, verifying all necessary documents. All survey was done with consent and approval from all parties involved.

- Need for the gender audit report
- Objectives and policies noted
- List of questionnaires were prepared
- Responses analyzed and conclusions were drawn
- Suggestion and improvement agendas discussed
- Draft Gender Audit Report reviewed
- Final Gender Audit Report submitted

Data Analysis

Gender-wise student enrolment and staff details

TABLE 1: GENDER WISE DETAILS OF TOTAL STUDENTS IN COLLEGE

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	827	936	1763	46.90868	53.09132
2	2022-2023	823	889	1712	48.07243	51.92757
3	2023-2024	781	878	1659	47.07655	52.92345
4	2024-2025	754	860	1614	46.71623	53.28377

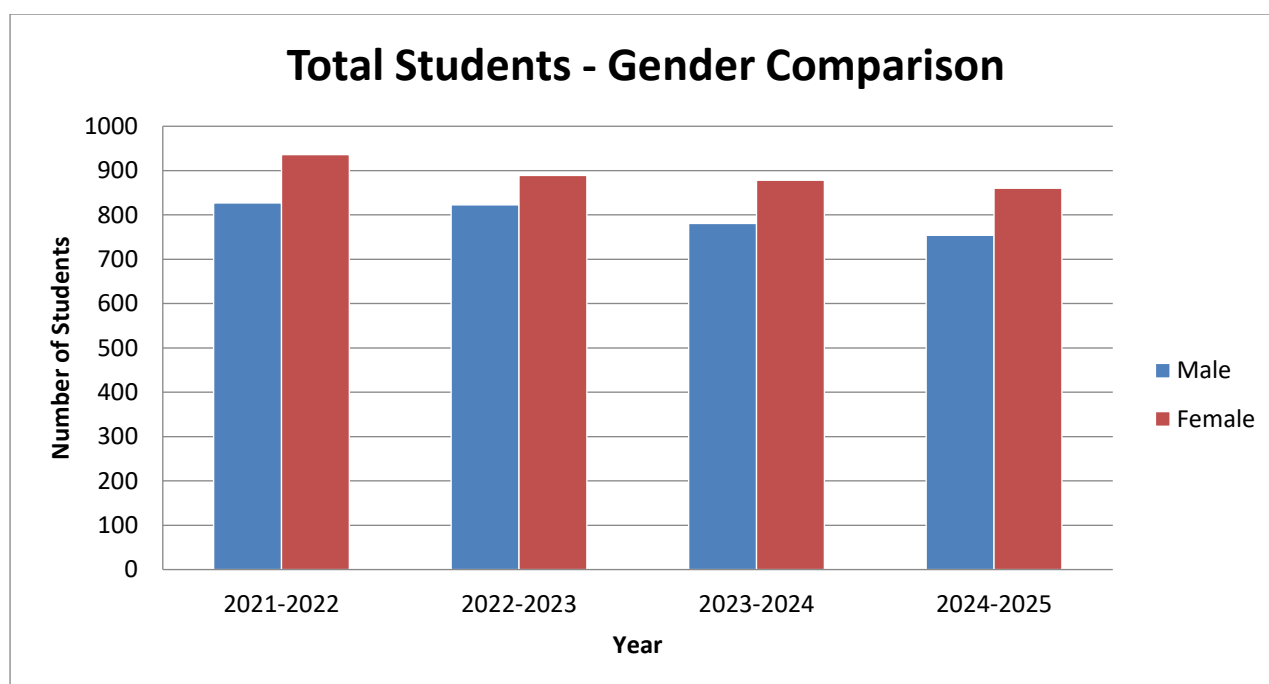


FIGURE 1: GENDER WISE DETAILS OF TOTAL STUDENTS IN COLLEGE

The overall student population at the college has shown a consistently higher number of female students than male students across all four years. Although the total number of students has slightly declined each year, the female percentage has remained above 51%, peaking at 53.28% in 2024–2025.

TABLE 2: GENDER WISE DETAILS OF TOTAL STUDENTS IN BMM

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	64	292	356	17.97753	82.02247
2	2022-2023	62	277	339	18.28909	81.71091
3	2023-2024	64	275	339	18.87906	81.12094
4	2024-2025	39	175	214	18.2243	81.7757

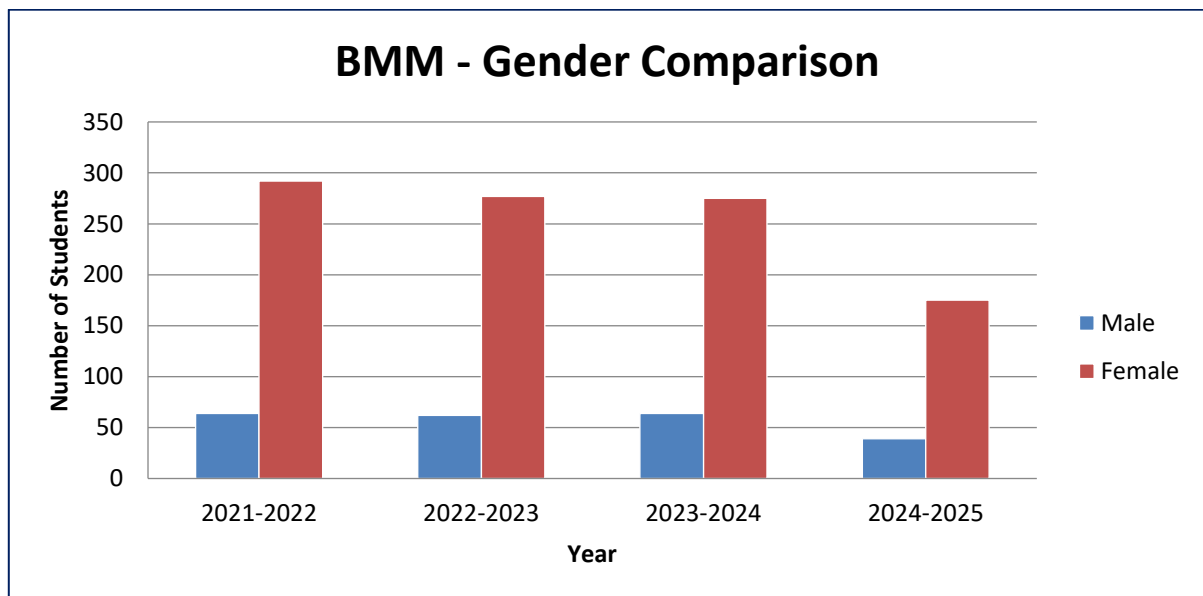


Figure 2: Gender-wise Distribution of Students in BMM

The graph for BMM (Bachelor of Mass Media) clearly reflects a significant gender imbalance. Across all four years, female students consistently make up more than 80% of the enrollment. Male students account for only around 18% to 19%. This suggests that the BMM course continues to be far more popular among female students compared to their male counterparts.

TABLE 3: GENDER WISE DETAILS OF TOTAL STUDENTS IN BMS

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	144	217	361	39.8892	60.1108
2	2022-2023	157	194	351	44.72934	55.27066
3	2023-2024	144	204	348	41.37931	58.62069
4	2024-2025	59	280	339	17.40413	82.59587

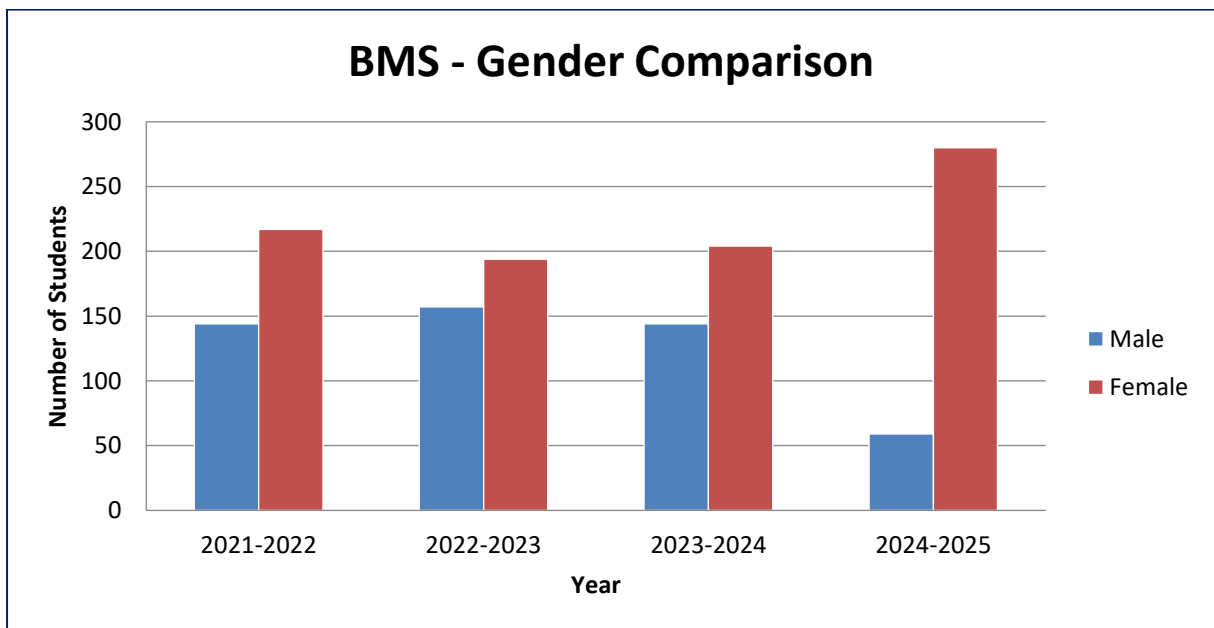


Figure 3: Gender-wise Distribution of Students in BMS

In the BMS (Bachelor of Management Studies) course, the gender distribution has seen noticeable variation. In the initial three academic years, the figures show a relatively balanced distribution, though female students slightly outnumber males. However, in the year 2024–2025, the trend shifts significantly, with female students constituting more than 82% of the total, indicating a sharp rise in female enrollment in this program.

TABLE 4: GENDER WISE DETAILS OF TOTAL STUDENTS IN BSc.IT

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	233	137	370	62.97297	37.02703
2	2022-2023	222	153	375	59.2	40.8
3	2023-2024	229	148	377	60.74271	39.25729
4	2024-2025	212	155	367	57.76567	42.23433

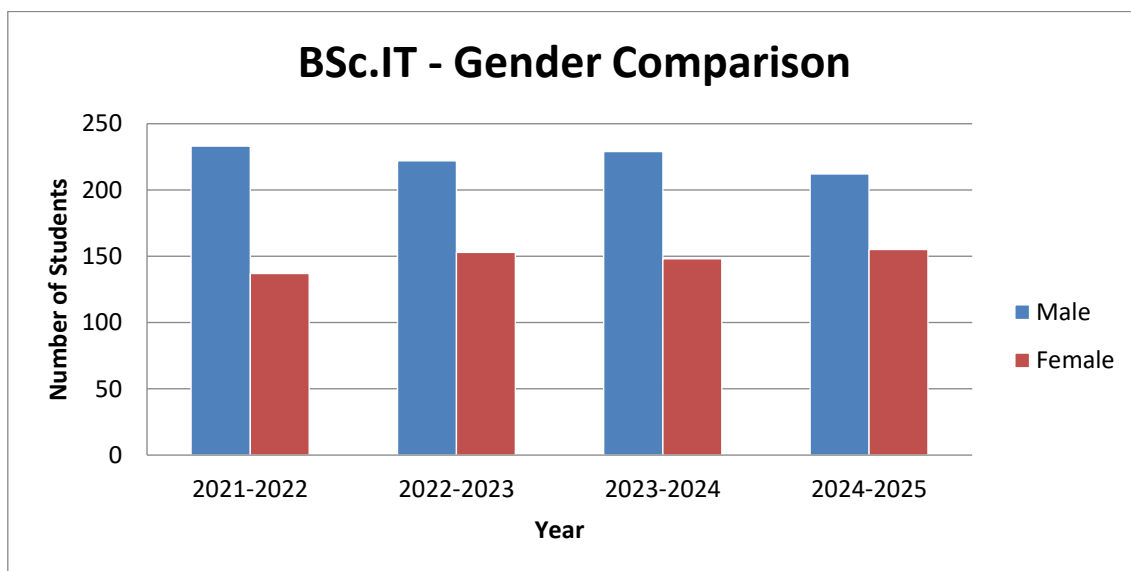


Figure 4: Gender-wise Distribution of Students in BSc.IT

The figure representing BSc.IT (Bachelor of Science in Information Technology) consistently shows a male-dominated trend. Male students make up between 57% and 63% over the four years. On the other hand, female representation has remained between 37% and 43%. This suggests that the IT field continues to attract more male students, although female participation remains steady.

TABLE 5: GENDER WISE DETAILS OF TOTAL STUDENTS IN BAFTNMP

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	222	137	359	61.83844	38.16156
2	2022-2023	248	137	385	64.41558	35.58442
3	2023-2024	248	137	385	64.41558	35.58442
4	2024-2025	246	145	391	62.9156	37.0844

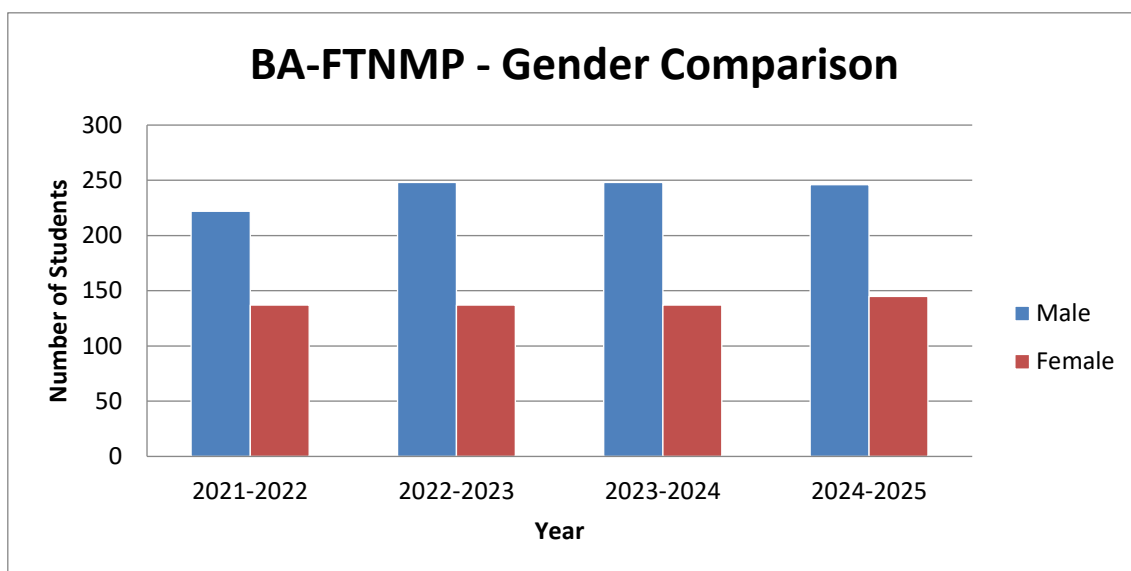


Figure 5: Gender-wise Distribution of Students in BA

In the Bachelor of Arts (BA) program, the data indicates a consistent trend of male dominance. Across all four academic years, male students make up approximately 62% to 64% of the total enrollment, while female students represent around 36% to 38%. This shows a strong preference for this course among male students.

TABLE 6: GENDER WISE DETAILS OF TOTAL STUDENTS IN M.COM

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	67	50	117	57.26496	42.73504
2	2022-2023	48	24	72	66.66667	33.33333
3	2023-2024	6	6	12	50	50
4	2024-2025	2	0	2	100	0

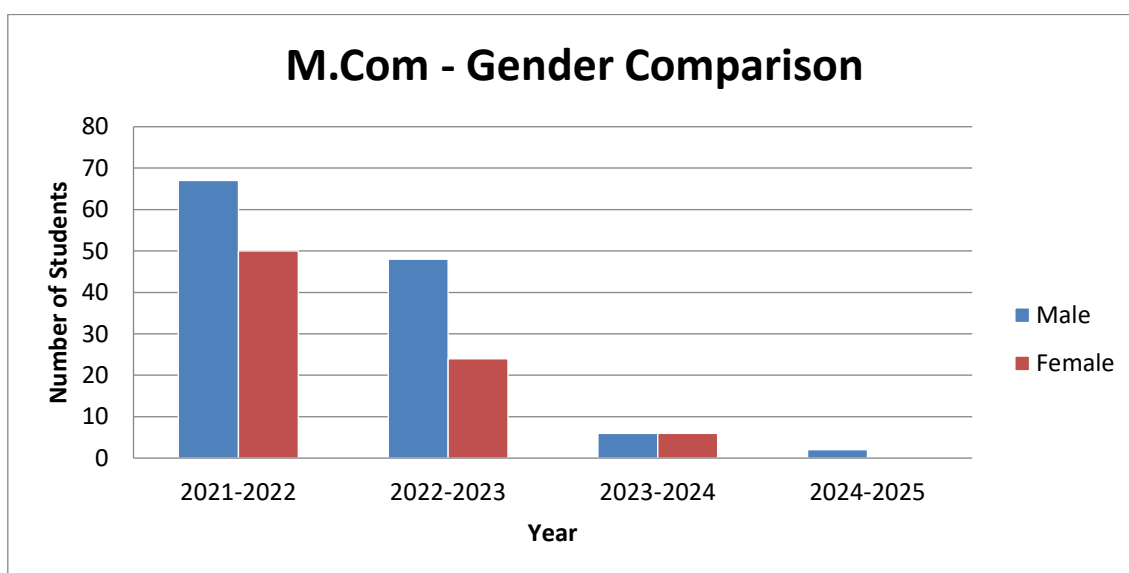


Figure 6: Gender-wise Distribution of Students in M.Com

This figure shows a clear shift in gender distribution in the M.Com program over four years. In 2021–2022, male students slightly outnumbered females. The male percentage increased significantly in 2022–2023. In 2023–2024, the ratio was equal, with 50% male and 50% female students. However, in 2024–2025, only male students were enrolled, showing a complete absence of female representation. This highlights a declining trend in female enrollment in the program.

TABLE 7: GENDER WISE DETAILS OF TOTAL STUDENTS IN MSC.IT

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	61	28	89	68.53933	31.46067
2	2022-2023	57	29	86	66.27907	33.72093
3	2023-2024	54	26	80	67.5	32.5
4	2024-2025	35	15	50	70	30

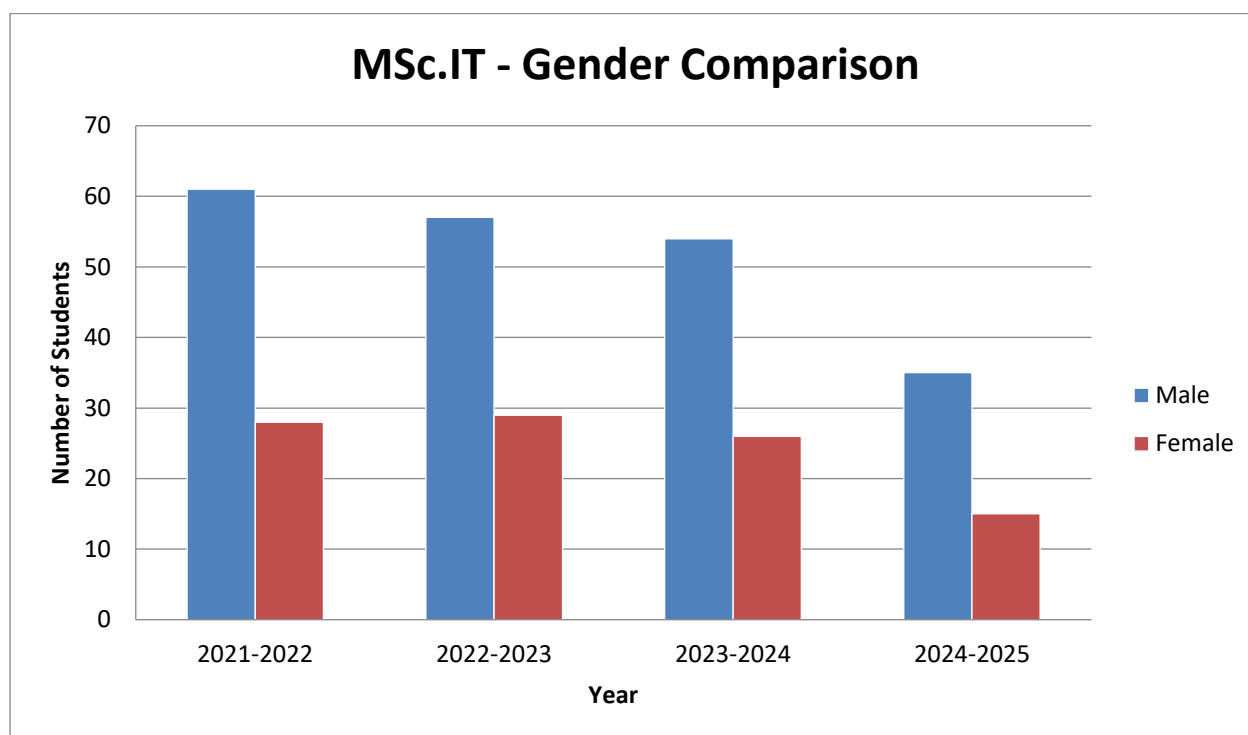


Figure 7: Gender-wise Distribution of Students in MSc.IT

The MSc.IT program has consistently been dominated by male students. Over the four years, male representation has ranged from 66% to 70%, while female students have made up about 30% to 34%. The trend highlights that this postgraduate course in information technology continues to be preferred by male students.

TABLE 8: GENDER WISE DETAILS OF TOTAL STUDENTS IN M.A. (ENTERTAINMENT, MEDIA & ADVERTISEM)

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	36	75	111	32.43243	67.56757
2	2022-2023	37	81	118	31.35593	68.64407
3	2023-2024	43	77	120	35.83333	64.16667
4	2024-2025	22	59	81	27.16049	72.83951

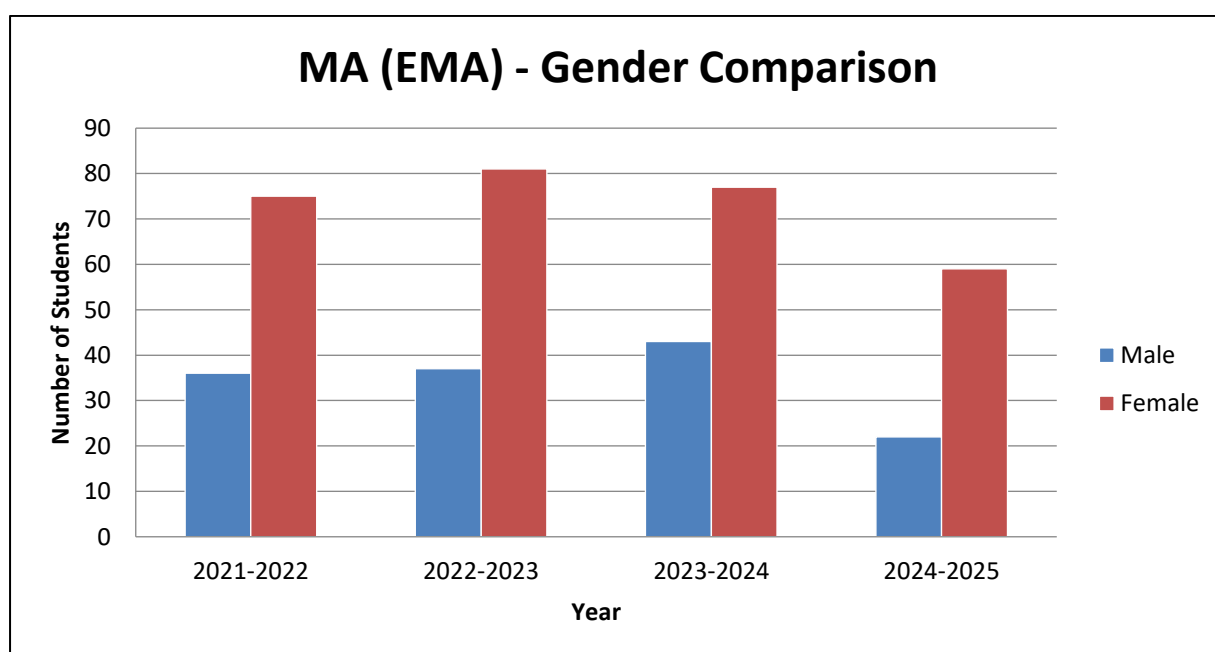


Figure 8: Gender-wise Distribution of Students in MA (Entertainment, Media & Advertisement)

This figure shows that female students have consistently outnumbered male students in the MA (Entertainment, Media & Advertisement) program. Female representation has ranged from 64% to 73%, while male students have accounted for 27% to 36%. The data suggests a strong inclination of female students toward this field of study.

TABLE 9: GENDER WISE DETAILS OF TOTAL STUDENTS IN M.A.(MASS COMM.-FILM, T.V. & N.M.)(CBCS)

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2024-2025	11	7	18	61.11111	38.88889

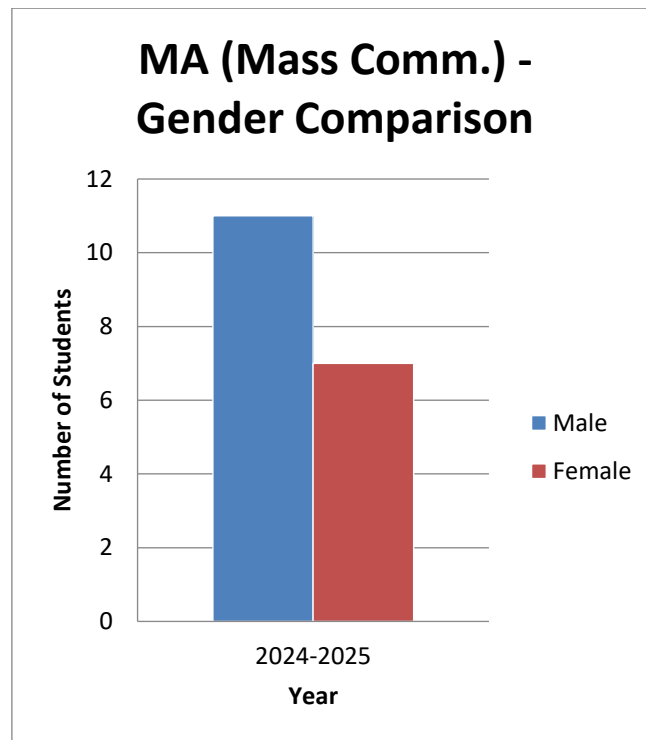


Figure 9: Gender-wise Distribution of Students in MA (Mass Communication – Film, TV & New Media)

This figure for the 2024–2025 academic year shows that male students comprise approximately 61% of the total, while female students make up around 39%. The data reveals a higher male presence in this specialized field within mass communication.

TABLE 10: GENDER WISE DETAILS OF TOTAL STUDENTS IN M.SC.(ARTIFICIAL INTELL. & DATA SCI.)

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2024-2025	12	9	21	57.14286	42.85714

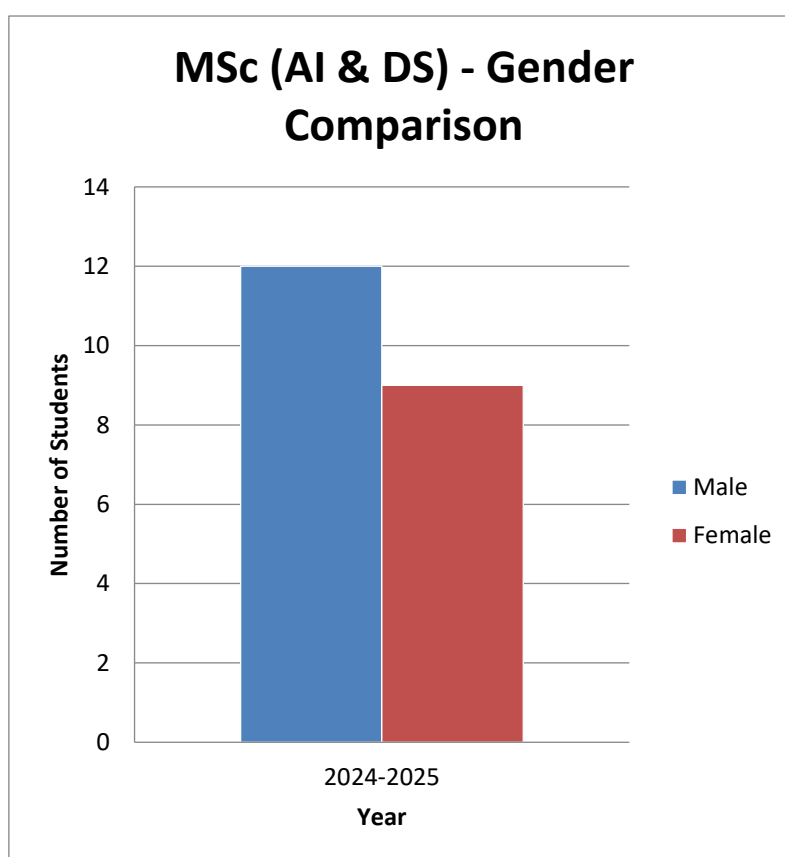


Figure 10: Gender-wise Distribution of Students in MSc (Artificial Intelligence & Data Science)

In this recently introduced course, male students make up 57% of the enrollment, while female students account for 43%. The gender distribution is relatively balanced, although slightly in favor of male students.

TABLE 11: GENDER WISE DETAILS OF TOTAL NUMBER OF TEACHING STAFF

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	10	13	23	43.47826	56.52174
2	2022-2023	10	13	23	43.47826	56.52174
3	2023-2024	10	13	23	43.47826	56.52174
4	2024-2025	12	13	25	48	52

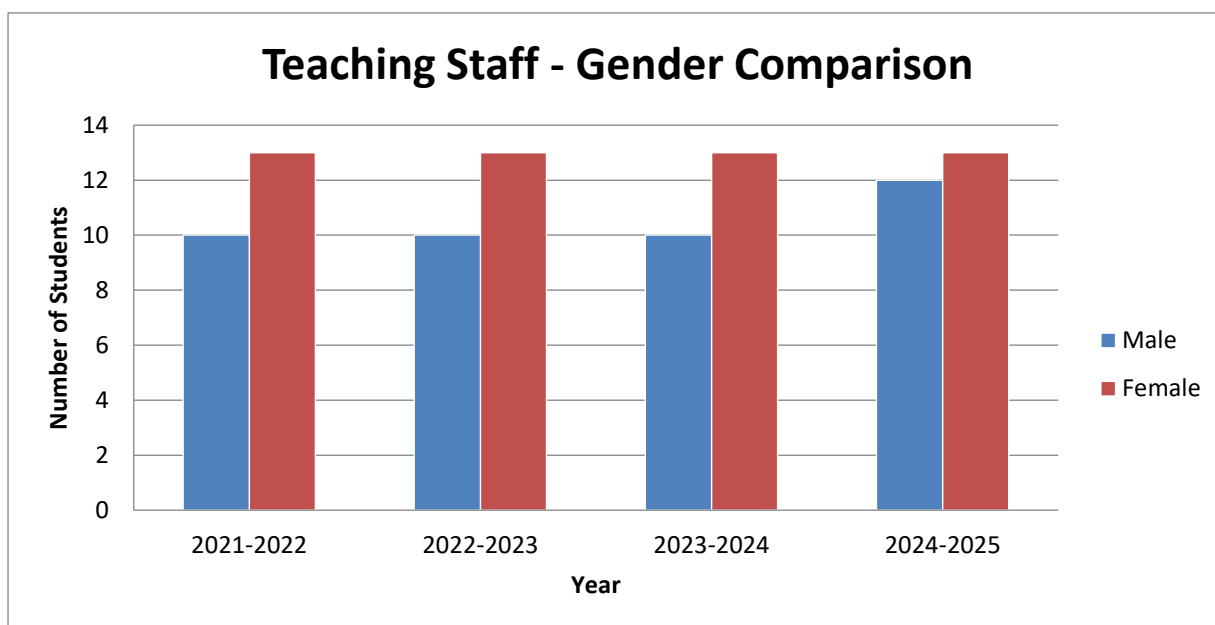


Figure 11: Gender-wise Distribution of Teaching Staff

The graph showing the gender-wise distribution of teaching staff over four years reflects a consistent female majority from 2021 to 2024. However, in 2024–2025, the gap has narrowed, with male staff accounting for 48% and female staff for 52%, indicating progress toward a more balanced teaching workforce.

TABLE 12: GENDER WISE DETAILS OF TOTAL NUMBER OF NON - TEACHING STAFF

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	8	9	17	47.05882	52.94118
2	2022-2023	8	9	17	47.05882	52.94118
3	2023-2024	8	9	17	47.05882	52.94118
4	2024-2025	9	9	18	50	50

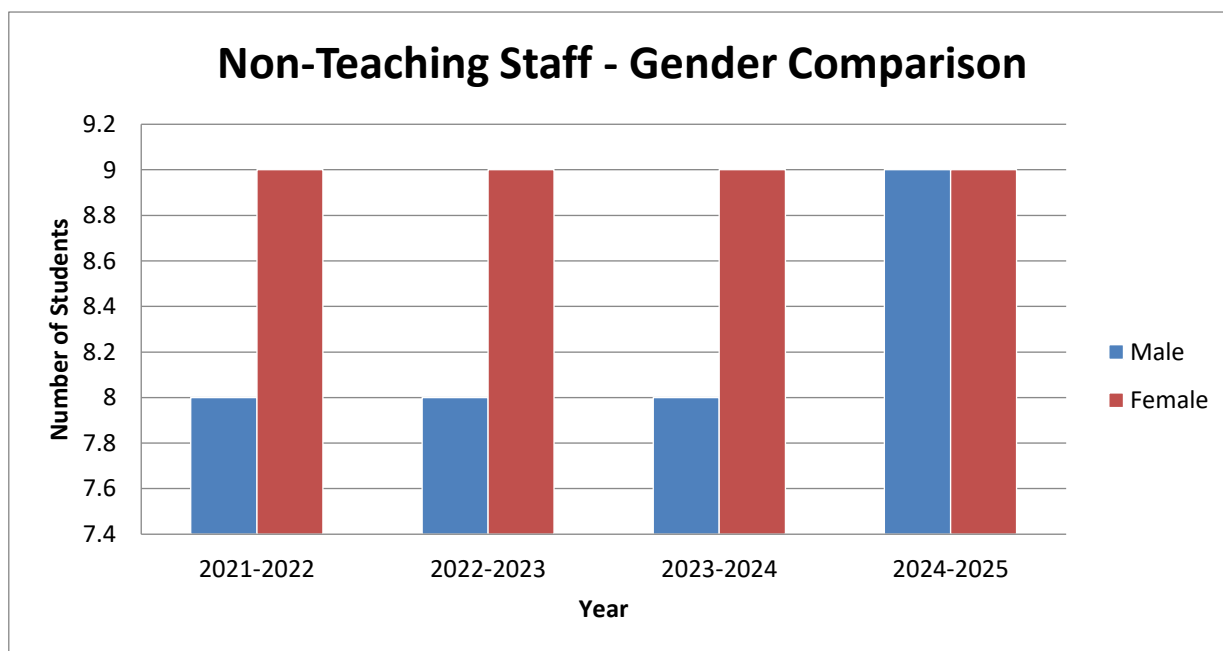


Figure 12: Gender-wise Distribution of Non-Teaching Staff

This figure presents a fairly even distribution of male and female non-teaching staff across all academic years. From 2021 to 2023, female staff slightly outnumber male staff. In 2024–2025, both genders are equally represented, reflecting gender equity in non-teaching roles.

TABLE 13: GENDER WISE DETAILS OF TOTAL NUMBER OF HODS/COORDINATORS

Sr No.	Year	Male	Female	Total	%Male	%Female
1	2021-2022	2	5	7	28.57143	71.42857
2	2022-2023	2	5	7	28.57143	71.42857
3	2023-2024	5	5	10	50	50
4	2024-2025	5	5	10	50	50

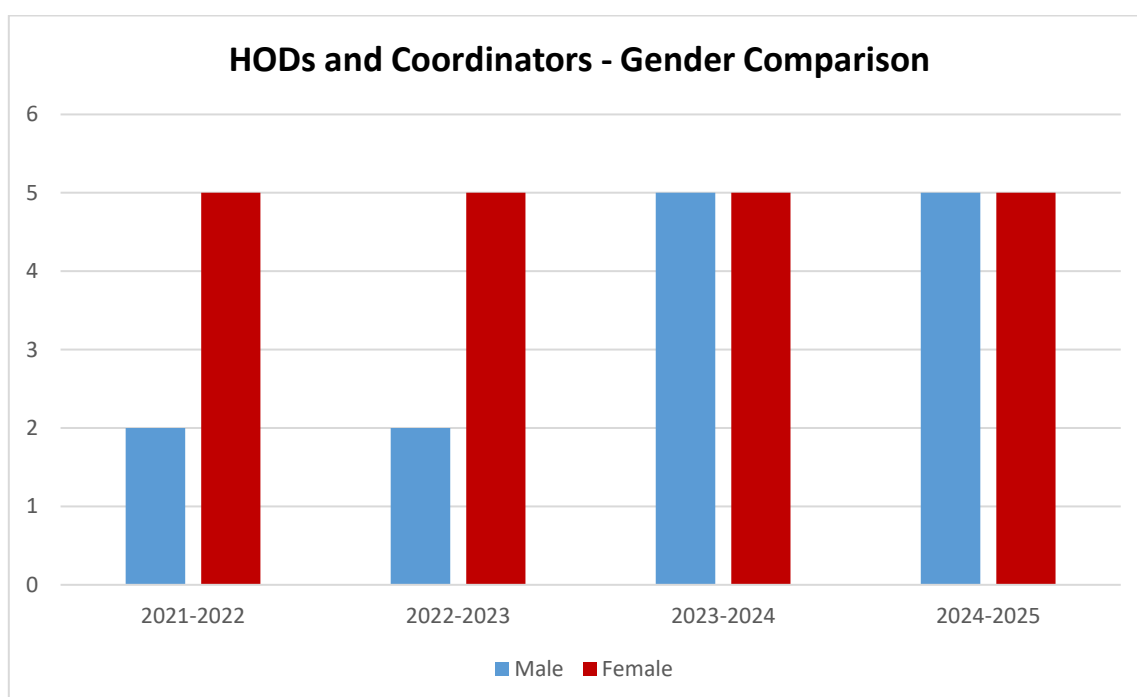


Figure 9: Gender-wise Distribution of Heads of Departments (HODs) from 2021 to 2025

The graph illustrates the gender-wise comparison of HODs over four academic years. In 2021–2022 and 2022–2023, female representation was higher at 71.43%, while male representation stood at 28.57%. From 2023–2024 onwards, there is equal representation of male and female HODs at 50% each, indicating a move toward gender balance. The bar graph uses **blue** to represent males and **red** to represent females.

Gender wise distribution in various student committees

TABLE 14: GENDER WISE DETAILS OF TOTAL STUDENTS IN ICC-WDC

Sr.No	Year	Total	Male	Female	%Male	%Female
1	2021-2022	17	1	16	6	94
2	2022-2023	20	0	20	0	100
3	2023-2024	45	0	45	0	100
4	2024-2025	13	0	13	0	100

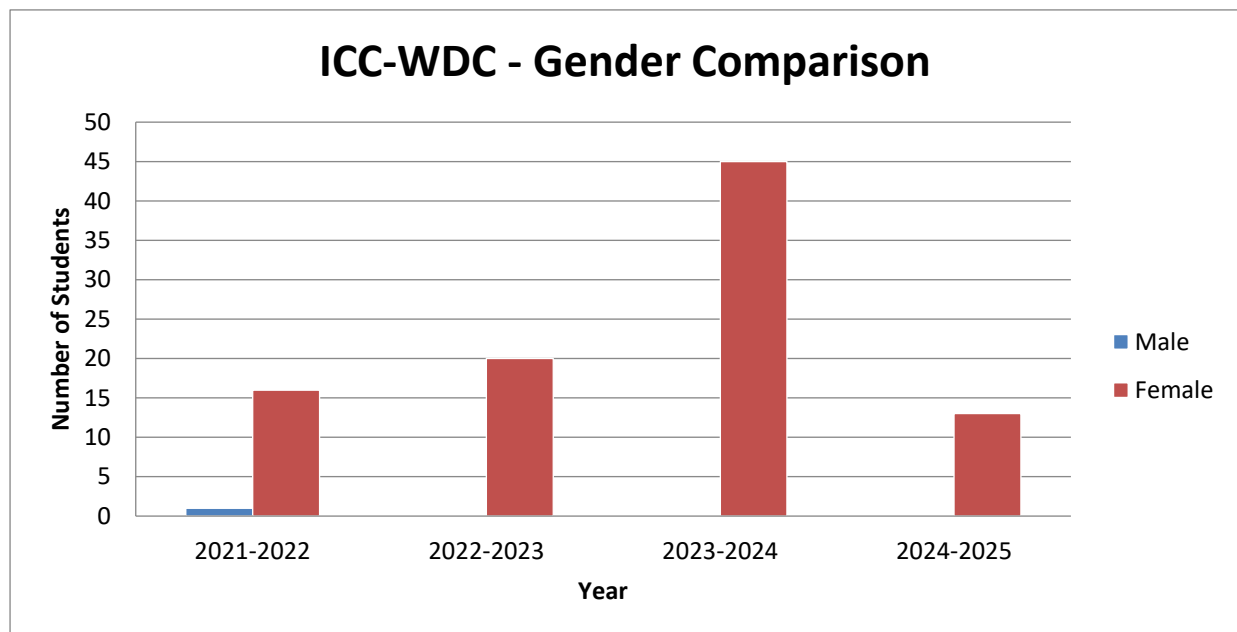


Figure 14: Gender-wise Distribution in ICC-WDC Committee

The data for the ICC-WDC (Internal Complaints Committee – Women Development Cell) clearly indicates an overwhelming female majority. In most years, male representation is either minimal or non-existent. This is expected given the nature and focus of the committee, which primarily addresses women-related issues and empowerment.

TABLE 15: GENDER WISE DETAILS OF TOTAL STUDENTS IN NSS

S.No	Year	Total	Male	Female	%Male	%Female
1	2021-2022	50	19	31	38	62
2	2022-2023	100	42	58	42	58
3	2023-2024	100	31	69	31	69
4	2024-2025	100	41	59	41	59

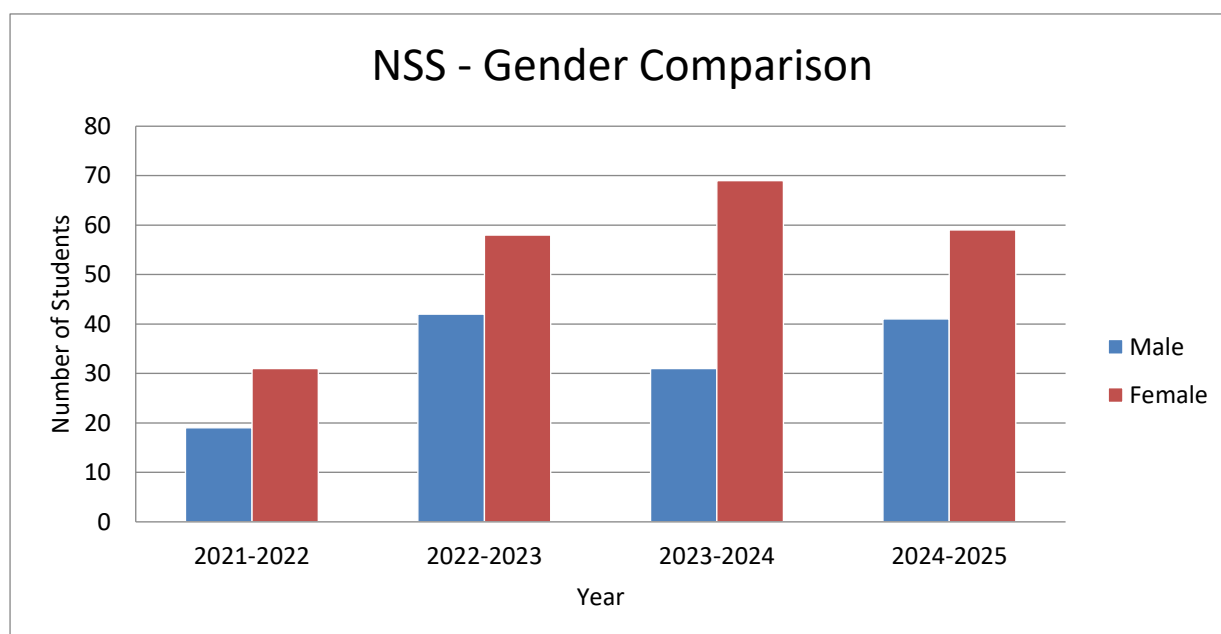


Figure 14: Gender-wise Distribution in NSS Committee

The NSS (National Service Scheme) committee shows a reasonably balanced gender composition. Female participation has been slightly higher in most years, ranging from 58% to 69%. Male representation remains significant, indicating equal interest from both genders in social and community engagement activities.

TABLE 16: GENDER WISE DETAILS OF TOTAL STUDENTS IN DLLE

S.No	Year	Total	Male	Female	%Male	%Female
1	2021-2022	121	42	79	35	65
2	2022-2023	123	42	81	34	66
3	2023-2024	123	47	76	38	62
4	2024-2025	102	38	64	37	63

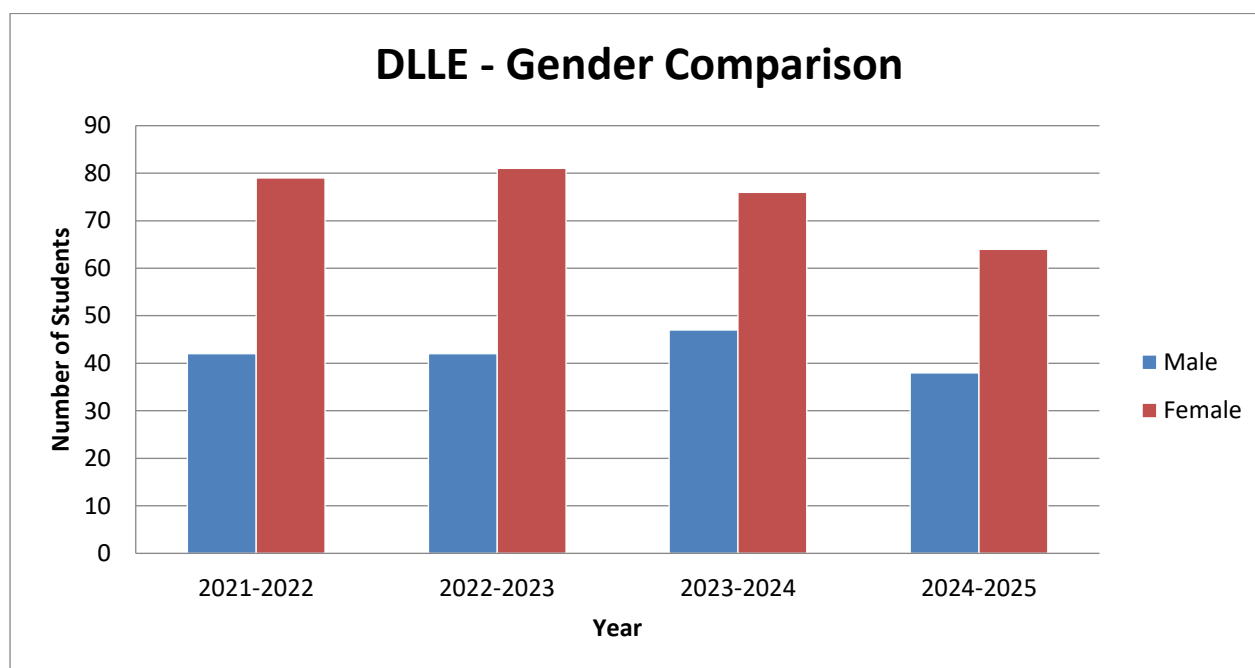


Figure 16: Gender-wise Distribution in DLLE

The Department of Lifelong Learning and Extension (DLLE) committee consistently shows more female involvement. Female students make up 62% to 66% of the total, while male participation ranges from 34% to 38%. This trend suggests strong female engagement in extension and outreach activities.

TABLE 17: GENDER WISE DETAILS OF TOTAL STUDENTS IN CULTURAL COMMITTEE

S.No	Year	Total	Male	Female	%Male	%Female
1	2021-2022	54	18	36	33	67
2	2022-2023	76	25	51	33	67
3	2023-2024	84	28	56	33	67
4	2024-2025	91	37	54	41	59

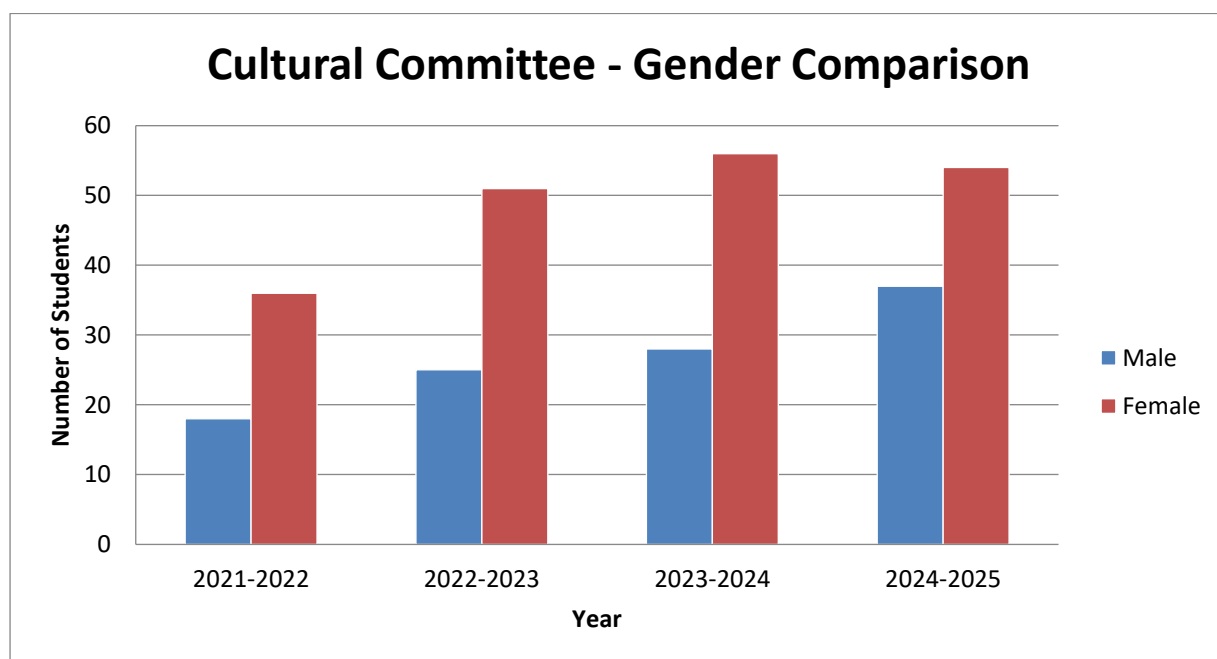


Figure 17: Gender-wise Distribution in Cultural Committee

The cultural committee has seen consistently higher female participation, with percentages ranging from 59% to 67%. However, male involvement has gradually increased over the years, reaching 41% in 2024–2025. This demonstrates growing inclusivity and balanced gender representation in cultural events.

TABLE 18: GENDER WISE DETAILS OF TOTAL STUDENTS IN SPORTS COMMITTEE

Sr.No	Year	Total	Male	Female	%Male	%Female
1	2021-2022	26	22	4	85	15
2	2022-2023	29	26	3	90	10
3	2023-2024	36	25	11	69	31
4	2024-2025	43	29	14	67	33

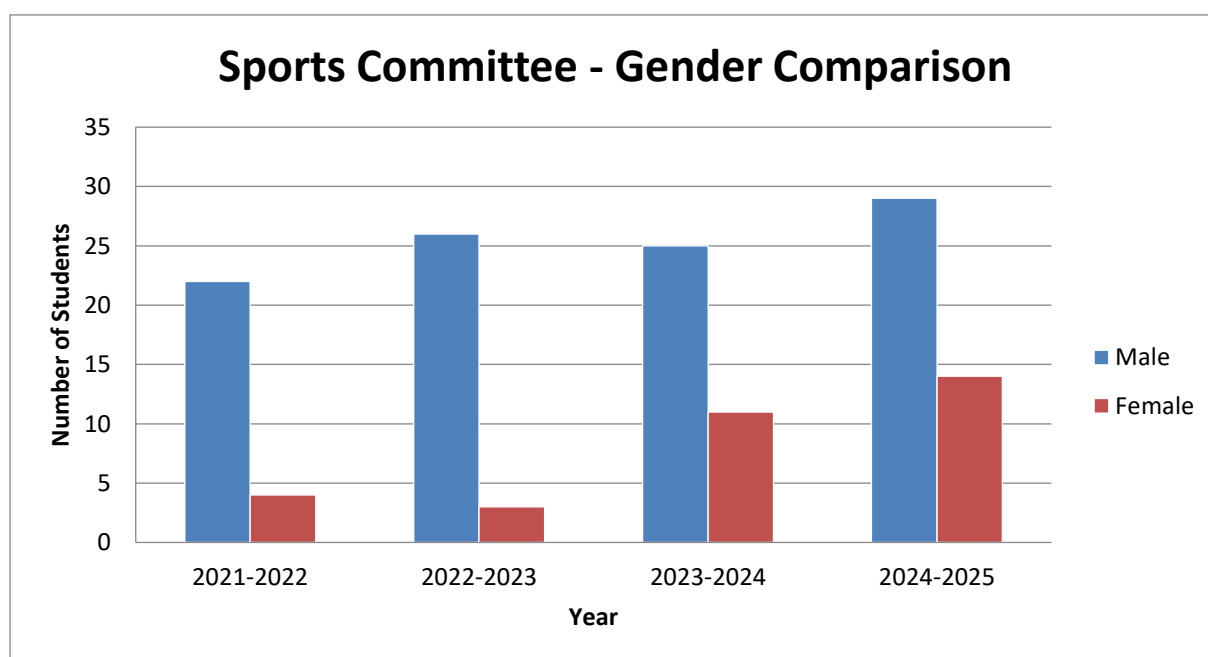
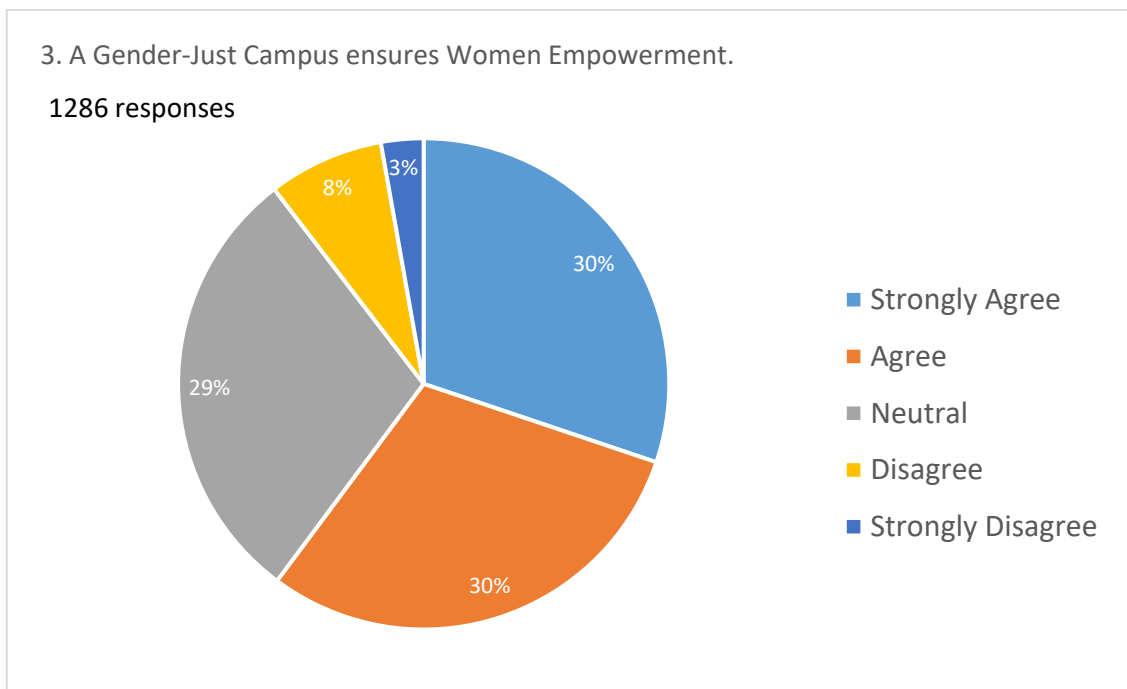
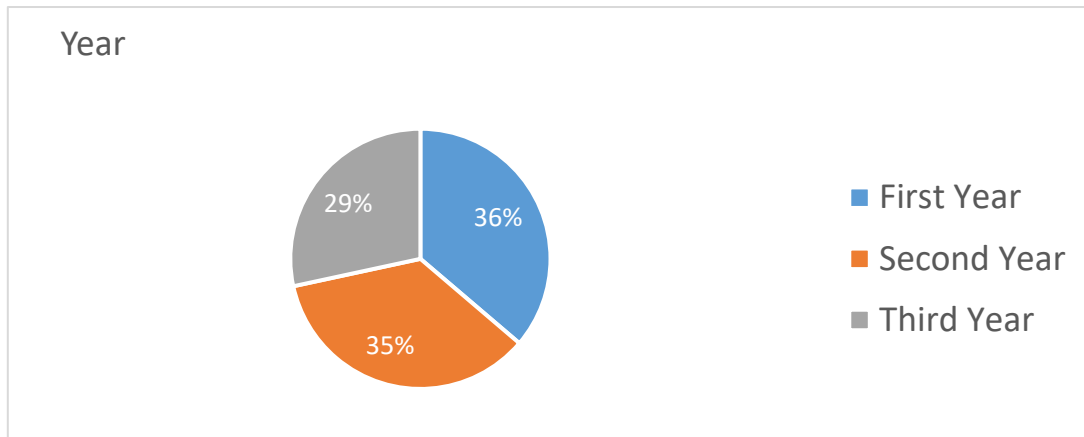


Figure 18: Gender-wise Distribution in Sports Committee

This figure shows a strong male dominance in the sports committee. Male students have consistently made up the majority, with percentages between 67% and 90%. Female participation remains lower, although there is a slight increase in recent years. This reflects a higher male interest in organized sports activities.

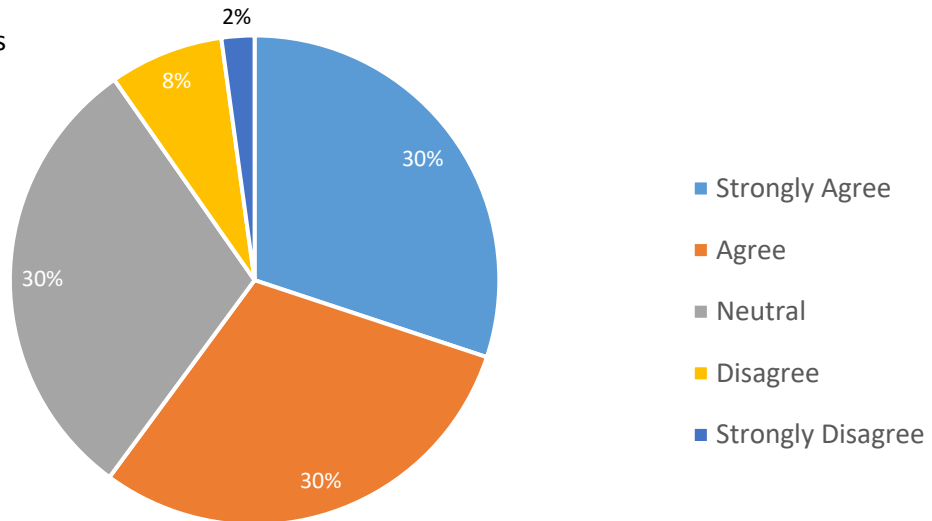
Gender Awareness Survey Analysis

To understand the awareness about gender equality, survey was conducted in the institute. The following graphs shows the opinions of students regarding gender sensitization and awareness based on the survey conducted.

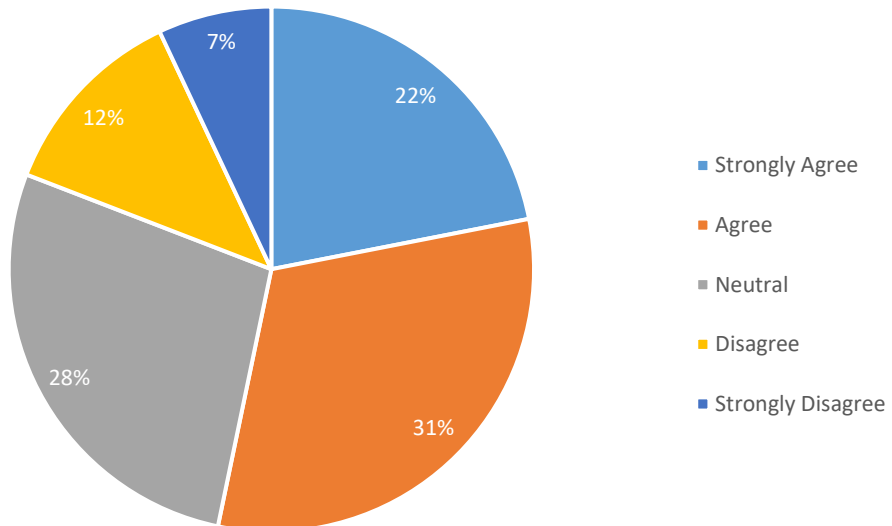


4.The College conducts gender Sensitization program as part of its program.

1286 responses

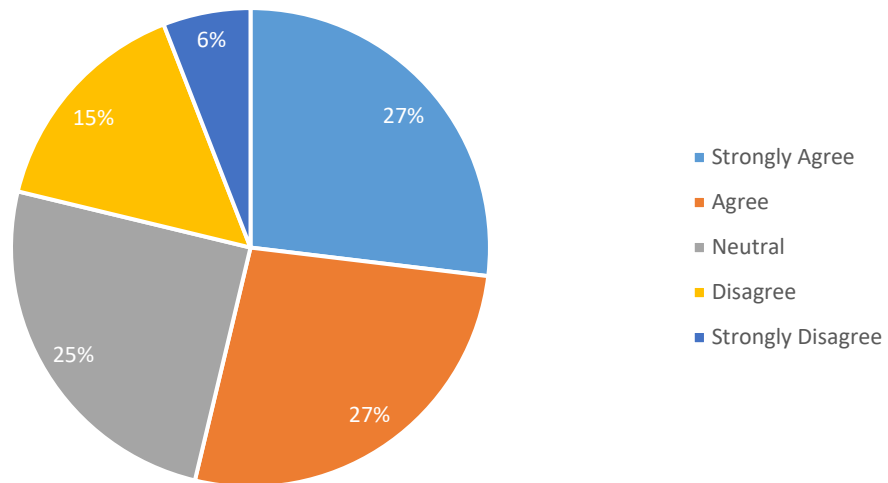


5.The college conducts gender awareness programs such as awareness for sexual harassment and legal rights



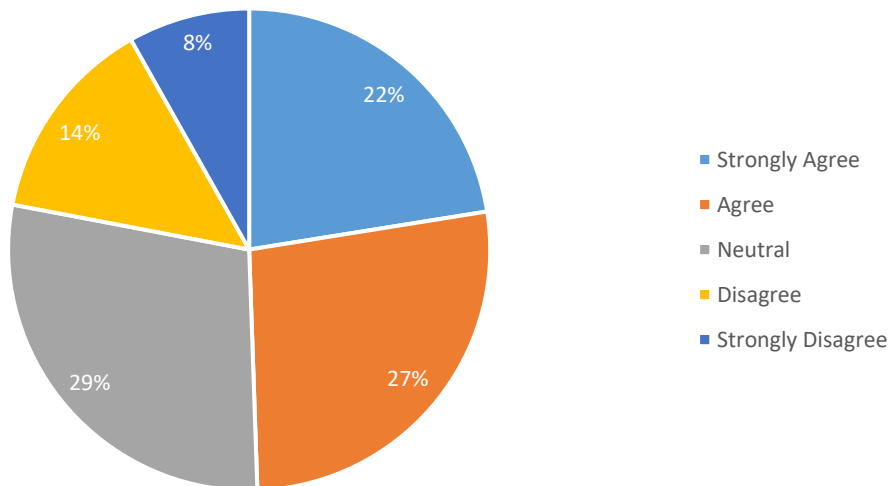
6. Adequate number of toilets are available in campus for girls

1286 responses



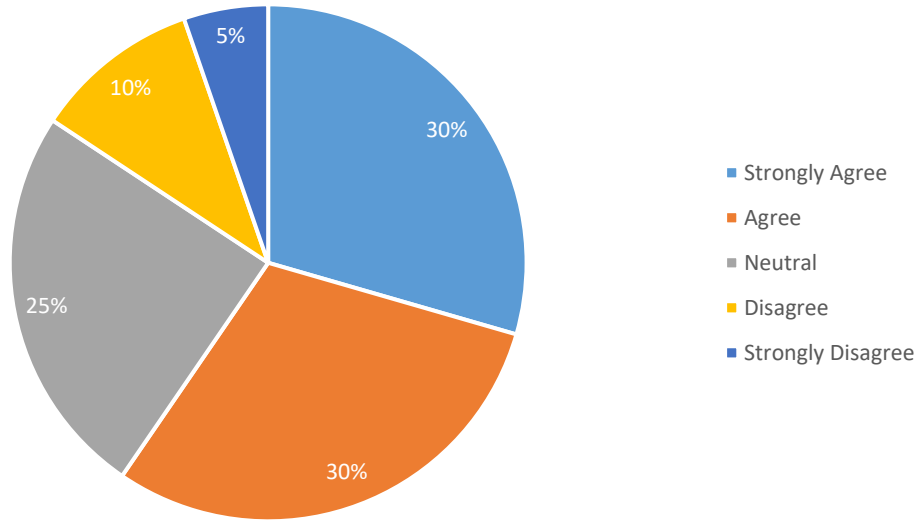
7. Adequate facilities are available inside the toilet keeping in mind the needs of the female students. Adequate disposal bins are available in the toilets

1286 responses



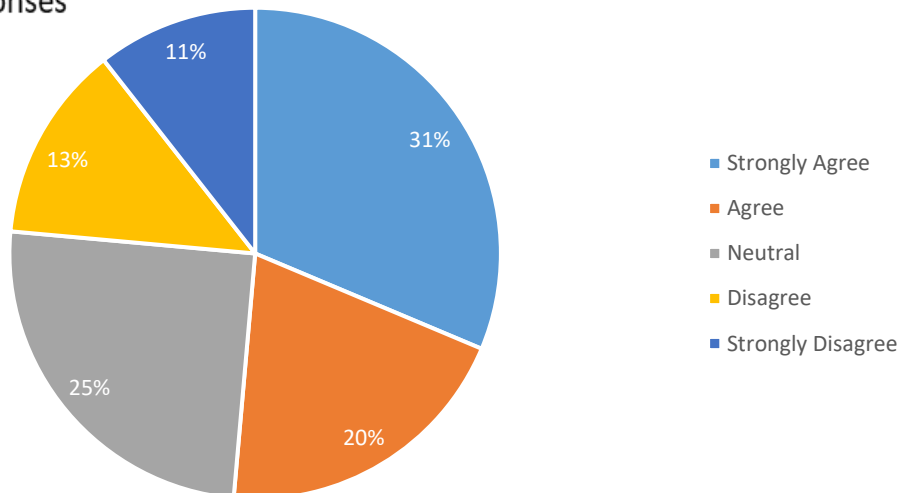
8. Cleanliness is maintained in girls and boys toilet

1286 responses



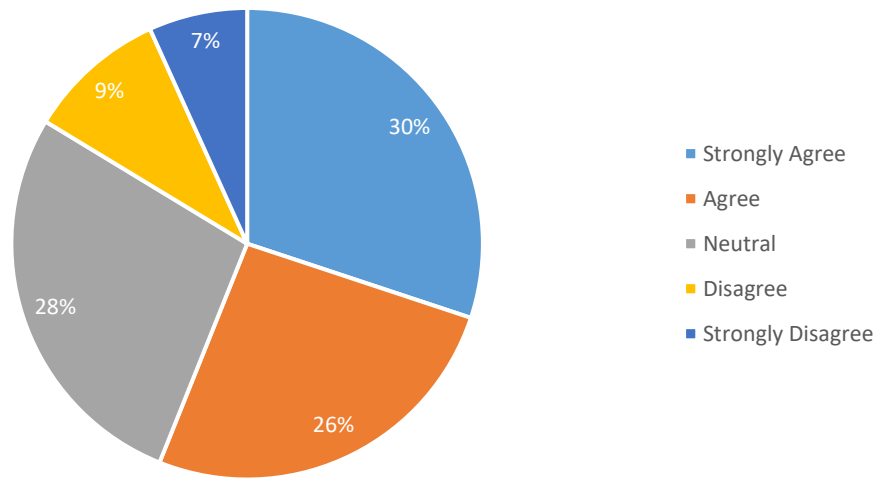
9. Adequate lights are available inside the campus during the night, including but not limited to adequate lights in corridors, classrooms, common areas, toilets, etc

1286 responses



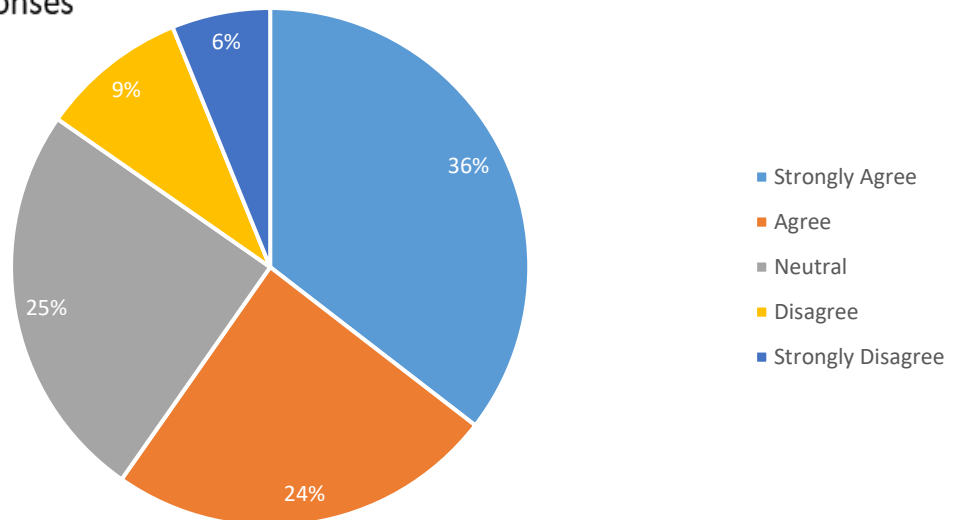
10. Adequate security provisions are made to ensure security on the college campus

1286 responses

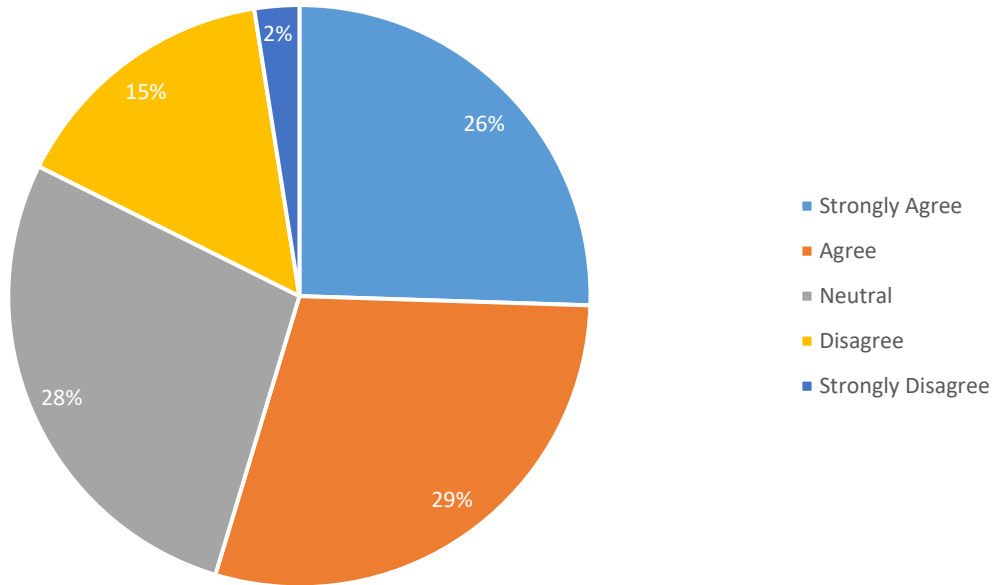


11. A women development cell is set up in college and students are aware of the women development cell

1286 responses

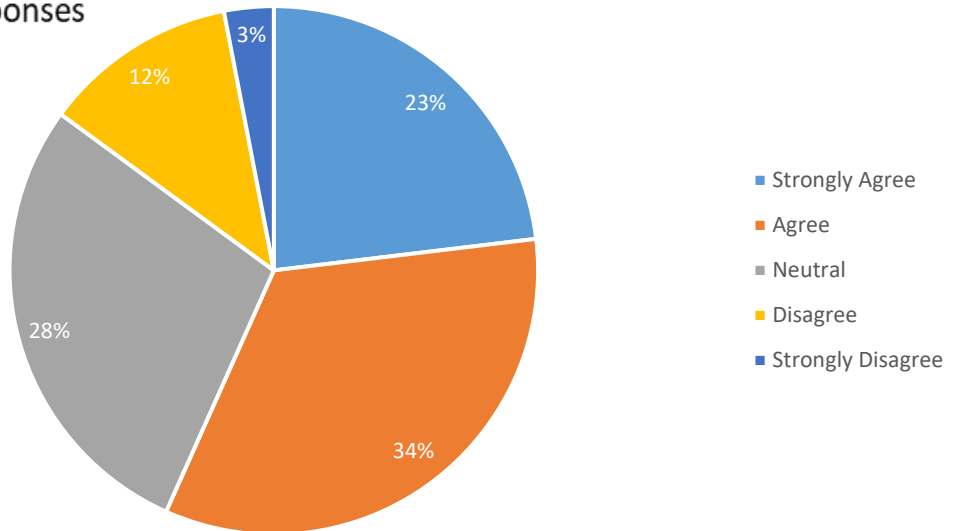


12. The College conducts self defense sessions regularly



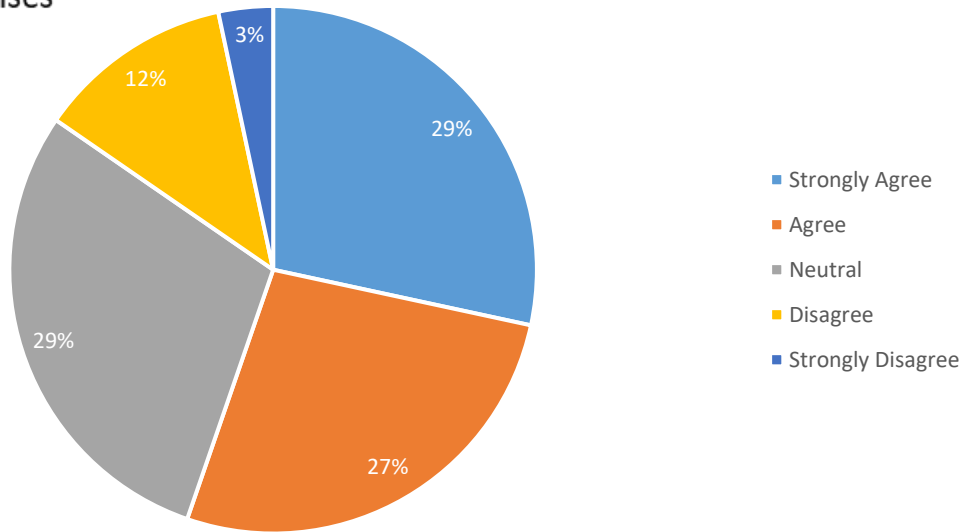
14. The college offers equal opportunities to all genders in sports.

1286 responses



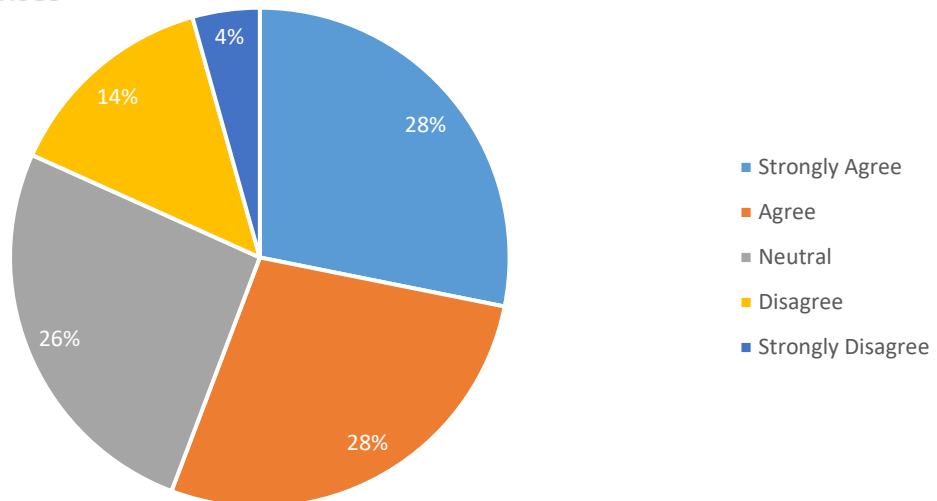
15. There is equal opportunity for all genders to work with various clubs and forums.

1286 responses



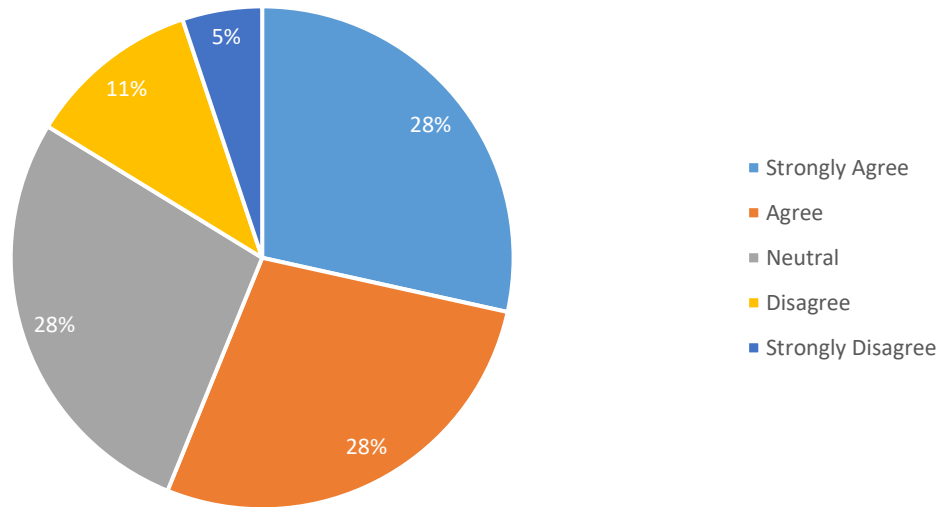
16. Women faculty accompany the female students when going for NSS Residential camps/ Sports/ Cultural Competition

1286 responses



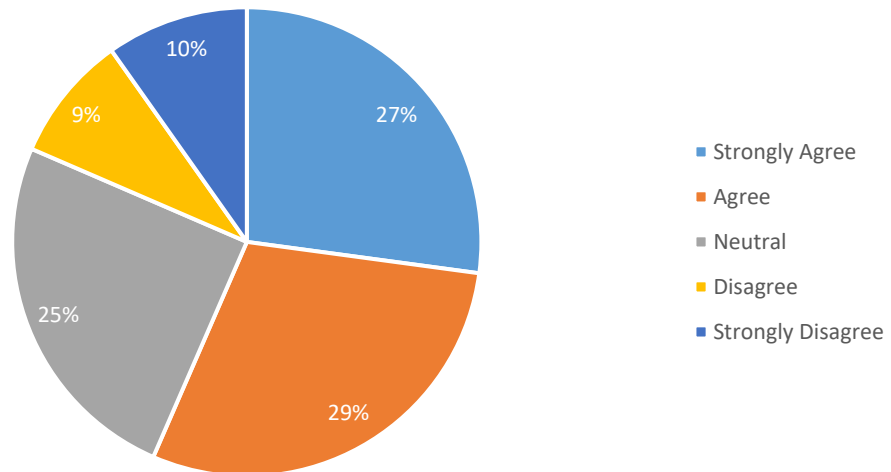
17. Personal Counselling is offered in the college.

1286 responses



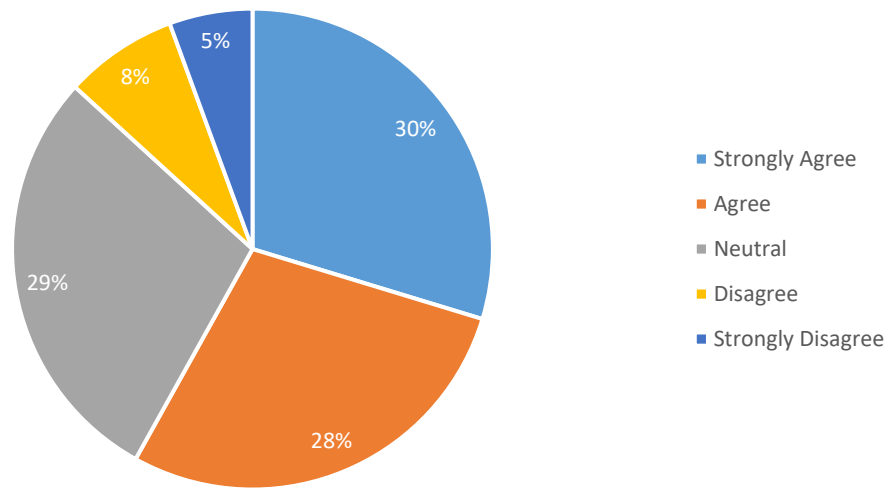
18. Do you believe that the curriculum adequately addresses gender related issues?

1286 responses



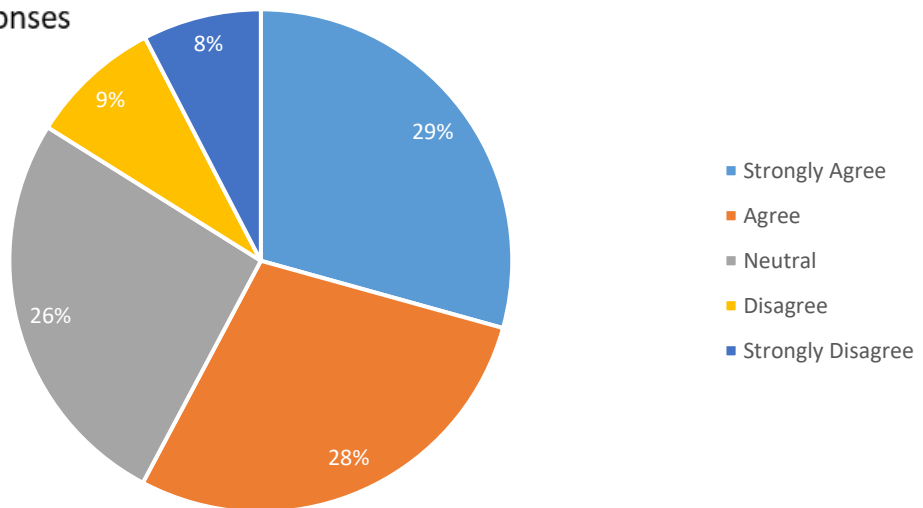
19. The overall climate concerning gender diversity on campus is requisite

1286 responses



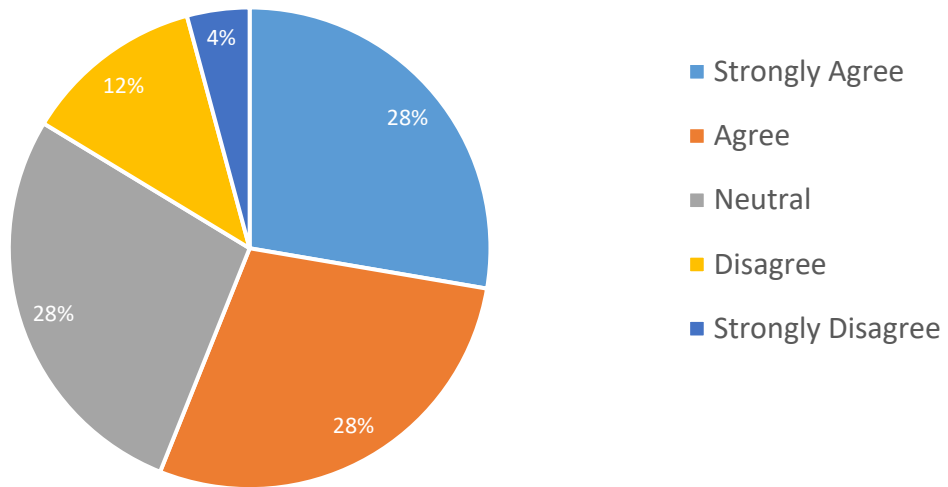
20. Resources like libraries and labs are equally accessible to all genders

1286 responses



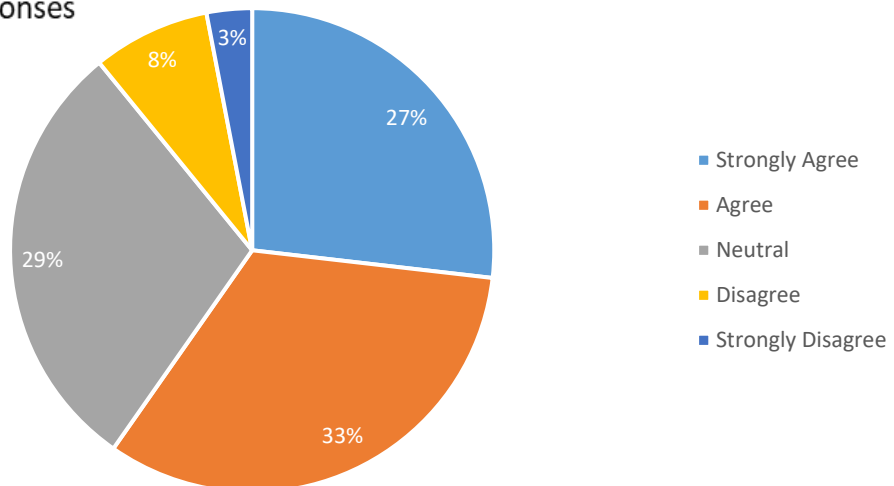
21. There is a clear procedure for addressing and reporting gender based issues

1286 responses



22. The staff and faculty does not partake in any gender related biases

1286 responses



23. What changes or improvements would you suggest to create a more gender inclusive environment?



Salient Findings

- College conducts gender sensitization programs as a part of curriculum.
- College conducts awareness programs too like awareness of sexual harassment and legal rights.
- College campus has adequate no. of clean toilets along with disposal bins.
- College has other safety measures such as well-equipped security guards and adequate lighting at campus.
- A separate women development cell is being formed and working well on its motives.
- College also conducts self-defense workshops.
- College also provides equal opportunities for all genders be it in – classroom, sports or various clubs and forums.
- An equal support from faculty is seen from the college.

Suggestions

- Define and deepen the understanding of gender equality concepts such as gender equity, empowerment of women, men and masculinities
- The number of female staff to decision making bodies may be increased
- Assert the importance of spiritual, economic, social, and racial and gender equality.
- Develop skills among the girl students by means of workshops and training programs for their overall personality development as well as for the encouragement of self-reliance among them.

- College intends to introduce self-employment trainings in different subjects.
- Improve the marketability of the products made by students

Conclusion

The analysis shows that gender equity goals and objective are included in all the policies, programmes of the college and staff also reported that they have no problems related to gender criterion. Gender Audit Team analyzed that the gender equality and gender sensitivity is encouraged by management and staff of the college and they do have gender sensitive behavior. The analysis of the responses of students with regard to programme planning and design in college and its activities revealed that most student members feel that the gender equity in policies, programmes of the college is adequate. It is found that the College has lots of strengths and some weaknesses. The weaknesses can be overcome with gradual changes in value set up. Doubtless, the enrolment of girls from all section of society is increasing and there is no gender issue complaints. With the strong will power and commitment to gender justice, the College would certainly make a mark in the country.

Format of Questionnaire

Sr. No.	Question	Options
1.	Name	
2.	Year	First Year Second Year Third Year
3.	Stream	BAMMC BSc.IT BMS BAFTNMP MA (EMA) MA(FTNMP) M.COM MSc.IT MSc AIDS
4.	A Gender-Just Campus ensures Women Empowerment.	Strongly Agree Agree Neutral Disagree Strongly Disagree
5.	The College conducts gender Sensitization program as part of its program.	Strongly Agree Agree Neutral Disagree Strongly Disagree
6.	The college conducts gender awareness programs such as awareness for sexual harassment and legal rights	Strongly Agree Agree Neutral Disagree Strongly Disagree
7.	Adequate number of toilets are available in campus for girls	Strongly Agree Agree Neutral Disagree Strongly Disagree

8.	Adequate facilities are available inside the toilet keeping in mind the needs of the female students. Adequate disposal bins are available in the toilets	<table border="1"> <tr><td>Strongly Agree</td></tr> <tr><td>Agree</td></tr> <tr><td>Neutral</td></tr> <tr><td>Disagree</td></tr> <tr><td>Strongly Disagree</td></tr> </table>	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Strongly Agree							
Agree							
Neutral							
Disagree							
Strongly Disagree							
9.	Cleanliness is maintained in girls and boys toilet	<table border="1"> <tr><td>Strongly Agree</td></tr> <tr><td>Agree</td></tr> <tr><td>Neutral</td></tr> <tr><td>Disagree</td></tr> <tr><td>Strongly Disagree</td></tr> </table>	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Strongly Agree							
Agree							
Neutral							
Disagree							
Strongly Disagree							
10.	Adequate lights are available inside the campus during the night, including but not limited to adequate lights in corridors, classrooms, common areas, toilets, etc	<table border="1"> <tr><td>Strongly Agree</td></tr> <tr><td>Agree</td></tr> <tr><td>Neutral</td></tr> <tr><td>Disagree</td></tr> <tr><td>Strongly Disagree</td></tr> </table>	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Strongly Agree							
Agree							
Neutral							
Disagree							
Strongly Disagree							
11.	Adequate security provisions are made to ensure security on the college campus	<table border="1"> <tr><td>Strongly Agree</td></tr> <tr><td>Agree</td></tr> <tr><td>Neutral</td></tr> <tr><td>Disagree</td></tr> <tr><td>Strongly Disagree</td></tr> </table>	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Strongly Agree							
Agree							
Neutral							
Disagree							
Strongly Disagree							
12.	A women development cell is set up in college and students are aware of the women development cell	<table border="1"> <tr><td>Strongly Agree</td></tr> <tr><td>Agree</td></tr> <tr><td>Neutral</td></tr> <tr><td>Disagree</td></tr> <tr><td>Strongly Disagree</td></tr> </table>	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Strongly Agree							
Agree							
Neutral							
Disagree							
Strongly Disagree							
13.	The College conducts self defense sessions regularly	<table border="1"> <tr><td>Strongly Agree</td></tr> <tr><td>Agree</td></tr> <tr><td>Neutral</td></tr> <tr><td>Disagree</td></tr> <tr><td>Strongly Disagree</td></tr> </table>	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Strongly Agree							
Agree							
Neutral							
Disagree							
Strongly Disagree							
14.	The Classroom offers equal opportunities for different genders	<table border="1"> <tr><td>Strongly Agree</td></tr> <tr><td>Agree</td></tr> <tr><td>Neutral</td></tr> </table>	Strongly Agree	Agree	Neutral		
Strongly Agree							
Agree							
Neutral							

		Disagree
		Strongly Disagree
15.	The college offers equal opportunities to all genders in sports.	Strongly Agree
		Agree
		Neutral
		Disagree
		Strongly Disagree
16.	There is equal opportunity for all genders to work with various clubs and forums.	Strongly Agree
		Agree
		Neutral
		Disagree
		Strongly Disagree
17.	Women faculty accompany the female students when going for NSS Residential camps/ Sports/ Cultural Competition	Strongly Agree
		Agree
		Neutral
		Disagree
		Strongly Disagree
18.	Personal Counselling is offered in the college.	Strongly Agree
		Agree
		Neutral
		Disagree
		Strongly Disagree
19.	Do you believe that the curriculum adequately addresses gender related issues?	Strongly Agree
		Agree
		Neutral
		Disagree
		Strongly Disagree
20.	The overall climate concerning gender diversity on campus is requisite	Strongly Agree
		Agree
		Neutral
		Disagree
		Strongly Disagree
21.	Resources like libraries and labs are equally accessible to all genders	Strongly Agree

		Agree
		Neutral
		Disagree
		Strongly Disagree
22	There is a clear procedure for addressing and reporting gender based issues	Strongly Agree
		Agree
		Neutral
		Disagree
		Strongly Disagree
23	The staff and faculty does not partake in any gender related biases	Strongly Agree
		Agree
		Neutral
		Disagree
		Strongly Disagree
24	What changes or improvements would you suggest to create a more gender inclusive environment	









Gender Audit Report

Academic Years: 2021-2025

Name of the Institute: SVKM's Usha Pravin Gandhi College of Arts, Science and Commerce
 Visit Date: 21/04/2025

Number of Full-time teachers: 24

Number of visiting teachers: 152

Number of non-teaching staff: 17

Number of support staff: 12

Name of undergraduate programs: BAMMC, BAFTNMP, BScIT, BMS

Name of post-undergraduate programs: MA(EMA), MA(FTNM), MScIT, MSC AI&DS, MCom(BM)

Number of students in the campus: 1615

Peer Team Report

Sr. No.	Observation on Key Aspect	Remark
1	The Internal Complaint Committee is in place and is constituted as prescribed by the regulatory authorities and gender sensitized.	Yes
2	The Grievance Redressal Committee is in place and gender sensitized.	Yes
3	The Gender Sensitization Committee is in place and gender sensitized.	Yes
4	The Male Female ratio of the staff and students of the institute is appropriate.	Yes
5	The suggestion boxes are well placed and is accessible to the students and the staff.	Yes
6	The gender sensitization committee organizes good number of workshops and seminars to sensitize the students on gender in the last 4 years.	Yes
7	Gender champions are present in the institute.	Yes
8	CCTV's are installed in all the prominent places including the classrooms faculty rooms and administrative departments.	Yes
9	Ladies Common Room with the attached toilet is on the floor.	Yes
10	Boys Common Room is on the floor.	Yes-shamed
11	Names of the Gender Sensitization Committee members is displayed at the prominent places.	No
12	Provision for sanitary napkin vending machine is made available in the girl's common room.	Yes
13	Separate toilets for boys and girls on all the floors are available.	Yes
14	Emergency Medical facilities are available at the campus.	Yes
15	The corridors, classrooms and faculty rooms are well lit.	Yes
16	Female security is present on all the floors.	Yes
17	Public transport facility is available near the campus	Yes
18	The walk path near the institute is safe.	Yes
19	The institute has good line of sight in the entire campus.	Yes
20	The institute has a proper lighting facilities at the campus.	Yes

Suggestions and Recommendations:

- 1) In library separate section of books of health, hygiene, research papers published by girls should be kept in separate zone.
- 2) The list of members of WDC should be displayed on two floors with special email id of wdc.
- 3) One non teaching staff to be included in the list of member.
- 4) Cyber security programme should be organised in every term.
- 5) Positive Points - The mechanism of handling any problem is very effective.
- 6) PPT of WDC activities is very effective with analysis part.
- 7) Washroom display board is very informative.
- 8) variety of activities have conducted.

Signatures of Gender Audit members (External):

1. Vaishali Mishra

(BSc. IT Coordinator, WDC Convener, Nirmala Memorial Foundation College of Commerce and Science, Kandivali East, Mumbai)

2. Preeti Chatterjee

(Head - Educational Partnerships, The Movement India, Goregaon East, Mumbai)

Signatures of Gender Audit members (from UPG College of Arts, Science and Commerce):

1. Dr. Anju Kapoor, Principal

A Kapoor
22/4/2025

2. Dr. Smruti Nanavaty, Vice Principal

Smruti
22/04/2025

3. Dr. Sriram Deshpande, IQAC Coordinator

Sriram

4. Mrs. Madhuvanti Date, ICC-WDC Member

Madhuvanti
21/4/25

5. Dr. Neelam Naik, ICC-WDC Member

Neelam Naik
21/04/2025